THE POSIE OF GODLY PRAYERS, FIT FOR euery Christian to vse.

Contayning onely Prayers of *Repentance, remission of Sinnes, and* Thanksgiuing, with an excellent exhortation to forsake the World: and a perswasion not to feare Death.

Made and collected by *Nicholas Themylthorpe* Esquire, *one of the Quecnes Maiesties* Gentlemen Sewers.

Now newly amended and enlarged by the same Author, and the thirtieth time imprinted.

Vigilate & Orate.

Printed at *London* by *Iohn Dawson*, and are to be sold by *Andrew Crooke* at the signe of the *Greene Dragon* in Paules Church-yard, 1643.

RB.23.a.21061

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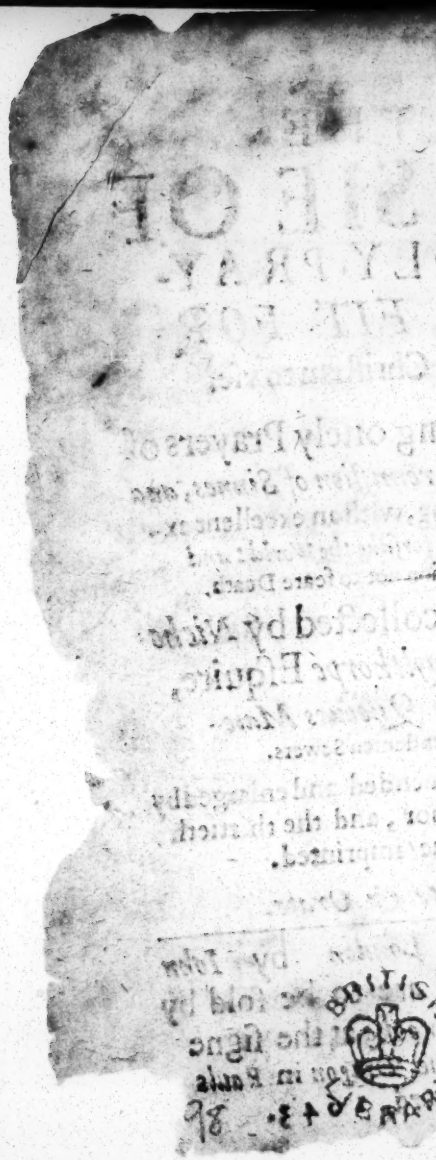

TO THE MOST HIGH AND MIGHTY, *Princesse* ANNE, Queene of *England*, *Scotland*, *France*, and *Ireland*.

KNowing that zealous prayer and Supplication to God, is the soules effectuall conference with God, most prevalent for the remission of sinnes, and the

principall meanes, to reach and giue from God to vs all graces and benefits, for our ſoules and bodies in this life temporall, and in the World eternall: and becauſe I finde no Prayer-Booke compoſed onely of Prayer and thankeſgiuing, therefore to auoide the trouble of reading many, the cumber of keeping many, and moſt of all the burthen of bearing many, I haue collected the beſt prayers for Repentance, Remiſſion of ſins, and Thankeſgiuing, and added ſome new of mine own, which in moſt zealous humbleneſſe and dutifull obedience, I preſent vnto your moſt

moſt excellent Maieſtie, beſeeching your Highneſſe to accept this, as the great Monarch ARTAXERXES did the poore Womans handfull of water, wherein I ſhall account my ſelfe moſt happie, and ever remaine as I am;

Your moſt faithfull

and obedient ſervant,

NICHOLAS THEMYLTHORP.

DEDICATORIE,

most excellent Maiestie, be-
seeching your Highnesse to
ACCEPTEIS, as the great Mo-
narch ARTAXERXIS did the
poore Woman handfull of
water, wherein I shall become
my lesse most happie, and ev-
ver remaine as I am;

Your most faithfull

and bellest servant,

NICHOLAS
THEMYLTHORP.

¶ To the Reader.

AS I haue (Gentle Reader) ſpent my former time in worldly matters, ſo am I deſirous to ſpend theſe latter dayes in godly and Chriſtian exerciſes: And being moued to begin with Prayers, as the moſt principall exerciſe, and great meanes of mans ſalvation. I read over diuers Prayer Bookes, but I found none onely of Prayer and thankeſgiuing, but many other matters in them. And for that my ſelfe, and ſome of my friends are deſirous to haue one onely Booke to beare about us:

I haue therefore ſet out ſuch as ſerue to that purpoſe.

The Children of God haue ever from the beginning vſed Prayer for the ſupply of their corporall, and ſpirituall neceſſities, and haue ever graciouſly obtained their petitions, as well for themſelues as others. Hagar *by prayer had drinke for her ſonne,* Anna *by prayer obtained a ſon,* Iſaac *a wife,* Iacob *defence,* Moſes, David, Iehoſaphat, Ezekias, Macabeus, *and diuers others attained victories: The* Ninivites *deliuerance from deſtruction: At the prayer of* Ioſhua *the Sunne ſtood ſtill: ſo ſtayed the Sun three houres in the dayes of* Henry *the fift, till the Earle of* Ormonde *in* Ireland *with his ſmall company ouercame* Omore, Aſhur, *& others with their terrible armies. At the prayer of* Alexander *the* Caſpian *Mountaines cloſed, and in-*

cloſed

closed the Iewes: and the Sea Pamphilicon divided it selfe to him and his Armie, at their passage against Darius. Clenches first Emperour of the Tartars, conquered all the Kingdomes to mount Belian, and then a Knight on a white horse came to him and bad him Conquer beyond that mountaine: Clenches said, he could passe no further for the Sea, then the Knight bad him pray to God almightie, and hee would shew him a way; So Clenches prayed on the Mountaine, and as hee was in his prayers, hee saw the Sea divide it selfe, where hee and his Armie passed through on dry ground, then he conquered Cathea, and all the bordering Countries. At the prayer of the Christians, and a poore Cobler, a Mountaine in Mosul removed from one place to another, whereby the Christians avoyded the cruel sentence of the unbeleeving

ving Calipho: *By Prayer iron hath ſwome, the dead haue riſen, and all other wonders effected, and of all Gods gracious gifts, it is one of the chiefeſt. Alſo God commands vs to call vpon him, as when he ſaith, aske and you ſhall haue, Watch and pray, pray continually: the Lord is nigh to them that call vpon him; yea, vnto all ſuch as call vpon him faithfully. Pray earneſtly to God, for forgiueneſſe of ſinnes, with full purpoſe of amendment.*

There are foure ſorts of men that pray, ſome pray for others and not for themſelues, theſe are too proud and careleſſe: Some pray for themſelues and not for others, theſe are too vncharitable: Some neither pray for themſelues nor for others, theſe are too bad and vnchriſtian: Some pray for others, and themſelues, theſe are the beſt and godlieſt.

In

In prayer obſerue theſe fiue things: firſt, that you direct your minde to God; next, that we are commanded to pray; thirdly, the promiſe that he will heare vs when we pray, then that we muſt pray in faith: laſtly, to beleeue to obtaine the thing wee pray for: let vs alwayes pray, not with lip-labour, but with heartie affection, in ſpirit, faith, and truth, firſt giue thankes, then pray for remiſſion of ſinnes, faith, and all ſpirituall things: laſtly for corporall bleſſings, and things belonging to it. Pray for things eternall, ſpirituall, corporall, things preſent, and to come, for thy ſoule and body, and to bee crowned with everlaſting Glorie.

THE POSIE OF Godly Prayers.

At thy vprising say;

Rise, and enter into this day, to glorifie my God and walk in my vocation, in the Name of the Father, Sonne, and Holy Ghost, Amen.

Then pray thus.

A prayer for the Morning.

O Gracious Lord, and most mercifull Father, which hast from the beginning of my age hitherto deliuered me from all perilles and daungers, both of soule

ſoule and body, for which I moſt heartily thanke thee; and yet becauſe I feele in my ſelfe ſo many faults and imperfections, ſuch readineſſe to evill, and ſlackneſſe to doe good, I quake and tremble for feare of thy wrath and ſharpe Iudgement: but for that I know thou commandeſt me by prayer to crave of thee all things neceſſary for ſoule and body, and haſt promiſed gratiouſly to heare me a lamentable ſuiter, and mercifully to grant mee my needfull requeſts and petitions, and I know thou canſt and wilt performe them: therefore for Ieſus Chriſt his ſake, and in his bleſſed and holy name, and for thy mercy and truths ſake, I humbly beſeech thy fatherly goodneſſe, to grant me all things for this body and tranſitory life: as ſhall be moſt

agreeable

agreeable to thy godly will, and pleaſure: and I humbly beſeech thee, that I may alwaies pray in charity, uſe thy gracious gifts and benefits in charity, and leade my whole life and converſation in charity, that I may daily thorow the aſſiſtance of thy holy ſpirit, mortifie all my carnall luſts, and filthy affections: proſper me & mine in all our honeſt affaires, encreaſe thy good gifts in mee, and confirme, and eſtabliſh mee in thy grace, that I may goe forward in all goodnes, and with an humble and contrite heart, and with a ſorrowfull and repentant ſpirit, I ſue unto thee, moſt mercifull Father, beſeeching thee for mercy and forgiveneſſe of all my offences which in this night paſt or at any time heretofore, I have committed againſt thy good will

and

and pleaſure by treſpaſſing againſt thy godly Majeſty, in thought, conſent, word, or deed; and I moſt heartily thanke thee, that thou haſt preſerved me this night paſt and all the daies of my life hitherto, from all death, danger, and other miſchiefe, and I beſeech thee bleſſed Father, that thou wilt vouchſafe this day, and ever hereafter to have a mercifull eie unto me, ſupport and ſuſtaine me, beare me up, and ſave me, that I fall not into danger, nor break thy commandements: give mee grace to walke warily among the ſnares of my mortall enemies, the Devill, the World, and the Fleſh, and in all things to be prudent, and diligent to conſider before what I ſhall ſpeake or doe, that my whole thoughts, words, and workes, may be to thy honour,

nour, laud, and glory, to the edifying of my ſoule in vertue, and to the profit of my brethren, thorow the gracious mediation of Ieſus Chriſt my Lord and onely Saviour, Amen.

Another Prayer for the Morning.

O Mercifull Lord God, I render moſt high laud, praiſe, and thankes unto thee, for that thou haſt preſerved, and kept me both this night, and all the daies, and times of my life hitherto, under thy moſt mighty protection, and haſt ſuffered me to live untill this preſent houre. I moſt humbly beſeech thee that thou wilt vouchſafe to receive me this day, and the reſidue of my whole life into thy tuition, ruling, and governing

verning me with thy holy Spirit, that all manner of darknes, misbeliefe, infidelity, carnall lusts, and affections, may be uttterly chased, & driven out of my heart, and grant me a right and perfect faith, that I may be justified and saved both foule and body, and let me walke in the light of thy most godly truth, to thy glory and praise to my comfort, and my neighbours furtherance, through Iesus Christ my Lord and Saviour, Amen.

A Prayer for the Morning.

O Eternall God, and heavenly Father, seeing that by thy great mercy, I have quietly passed this night, grant I beseech thee, that I may bestow this day, and the residue of my life whol-

ly

ly in thy ſervice, ſo that all my thoughts, words, and workes; may redound to the glory of thy holy name, and good example of my brethren: as it hath pleaſed thee to make the Sunne to ſhine upon the Earth to give us bodily light, ſo vouchſafe to illuminate my underſtanding with the brightneſſe of thy holy Spirit to direct me in the way of righteouſneſſe, ſo that whatſoever I ſhall doe, my ſpeciall care and purpoſe may bee to walk in thy feare, and to ſerve and honour thee, and that I may take nothing in hand, which ſhall not be agreeable to thy moſt bleſſed will, and that I may in ſuch ſort travell for my body, and this preſent life, that I may ever have a regard to the heavenly life, which thou haſt promiſed to thy Chil-

drens

dren: and that it may pleaſe thee to preſerve and defend mee, both in body and ſoule, to ſtrengthen me againſt all temptations of the devill, to keepe me from all ſins, and deliver me from all perils and dangers whatſoever. And furthermore, I beſeech thee to receive mee this day, and the reſidue of my whole life, into thy holy protection, continuing and encreaſing in me daily thy grace, and good gifts, and (vouchſafe moſt mercifull Father) to forgeue and forgive all my ſinnes, which I have heretofore at any time committed againſt thee, and for thy infinite mercies ſake pardon and forgive the ſame: for which and for al things elſe, which I any way ſtand in need of, I make my humble Petition unto thee, in the name of thy Sonne, my Lord

and Saviour Jesus Christ, in such sort as he hath taught me, saying; *Our Father which art, &c.*

Another Prayer for the Morning.

ALmighty and most gracious God, I heartily thanke thee, for the swete sleepe and comfortable rest, which thou hast given mee this night past; and for that thou hast commanded by thy holy Word, that no man should be idle, but alwaies occupied in godly and vertuous exercises, every man according to his calling, I most humbly beseech thee, that thine eies may attend upon mee, daily defend mee, cherish, comfort, and governe mee, and all my counsels, studies, and labours, in such wise, that I may spend, and bestow

this

this day, and the residue of my whole life, according to thy most blessed will and pleasure, setting thee alwaies before mine eyes; living in thy feare, and working that that may be found acceptable in thy sight, hating wrong and loving justice. Also I beseech thee most mercifull God, to strengthen and keepe me in the faith of thy Catholique Church, and kindle in me the love and light of thy holy Spirit, that I may walke godly and vertuously in this life, dye in the truth of thy word, and live with thee in everlasting glory; grant this most mercifull God, for thy deare Sonne Iesus Christ his sake, Amen.

Another Prayer for the Morning.

I Humbly and heartily thanke thee O heavenly father, through thy dearely beloved Sonne Ieſus Chriſt, that to thy innumerable benefits hitherto powred upon my Soule and Body, thou haſt kept me this night paſt, and all the daies and time of my life hitherto, from all evils, ſpirituall and corporall: wherefore I beſeech thee to be mercifull unto me, to give me grace to repent and amend my ſinfull life, that I may live henceforth not as I will, but as thou wilt: and as of thy goodneſſe thou haſt given me grace to repent and live godly, ſo of the ſame thy goodneſſe in Chriſt Ieſus, I humbly beſeech thee to give me thy gracious gift

of true, holy, perfect & perpetual repentance, that I may more and more, lament my former ſinfull life, truſting faithfully in thy rich mercies, through the merits of Ieſus Chriſt, for the pardon of al my ſinnes, and that I may unfainedly purpoſe, and effectually labour to amend my life, and that all my thoughts, words & deeds, may be to the praiſe of thy holy name, and good example of others. And for as much as thou knoweſt my ignorance, wickedneſſe, and unablenes to carry any croſſe or affliction, I beſeech thee ſweet Father, ſo governe and order all things towards me, that I be never further afflicted, proved or tempted, than thou wilt make mee able to beare, and aſſiſt and helpe me in the ſame as may be to thy glory, and my ſalvatio

ſalvation, through Ieſus Chriſt my Lord and Saviour, *Amen.*

A Prayer for the Morning by a ſinner, acknowledging his ſins, and asking forgiveneſſe for the ſame.

ALmighty, merciful, and moſt loving Father, whoſe love is infinite, whoſe mercy endureth for ever: I ſinfull creature, truſting in thy unſpeakeable goodneſſe and love towards me, doe appeare this morning before thy divine Majeſty, moſt humbly confeſſing my great and manifold ſinnes and offences, that I have committed againſt thee, and the innumerable tranſgreſſions of thy moſt godly Commandements and Fatherly will: againſt thee, O Father, a-

gainſt thee onely have I ſinned: I acknowledge my offences, I accuſe my ſelfe, O Lord, I cannot hide my unrighteouſneſſe from thee, I find in my ſelfe nothing but diſobedience, doubtfulneſſe of thy goodneſſe, incredulity, hatred of ſpiritual things, confidence in my ſelfe, and fervent luſting after carnall things; therefore I humbly beſeech thy fatherly goodneſſe, for thy Sonne Chriſt his ſake (whom thou haſt ſent for a purchaſer of mercy for me, through faith in his blood) take away my hard heart, make mee a cleane heart, and give mee a true and lively faith: have mercie upon mee, O Lord my Saviour; forgive me my ſinnes, O Lord, forgive mee my ſins for thy Sonnes ſake. O God and merciſull Lord, certifie my con-

ſcienc

ſcience of the remiſſion and forgiveneſſe of my ſins by thy holy Spirit, by whoſe operation mortifie in me the old man and body of ſinne, that I may die unto ſin, and walke in newneſſe of life, to the glory of thy holy Name, through Ieſus Chriſt my Lord and Saviour, Amen.

A Prayer for the Evening.

I Thanke thee O heavenly Father by thy dearly beloved Son Ieſus Chriſt my Lord and Saviour, that of thy free mercy thou haſt preſerved me this day, from all hurts and dangers: vouchſafe alſo I moſt humbly beſeech thee, to keep me this night, and ever hereafter to ſave me from all my enemies, both bodily and ghoſtly: give my body quietneſſe and

sleep, but let my mind and soule continually watch unto thee, think on thee and thy holy law, that when the cheerfull light of the day shall appeare, I being whole in body and soule, may ioyfully rise againe, and be thankfull unto thee, and diligently walke in my vocation, to my comfort, and the glory of thy blessed Name, through Jesus Christ my Lord and Saviour, Amen.

A Prayer for the Evening.

OMost gracious Lord, and mercifull Father, I thy most unworthy child, and sinfull creature, with humble heart prostrate my selfe before thy divine Maiesty, most humbly beseeching thee for mercy, and forgiveness of my sinnes, and iniquities, tha

I have this day, or at any time ſince I was borne, committed againſt thee; I am heartily ſorry that I have many wayes tranſgreſſed againſt thee, and doe aske mercie and forgiveneſſe for the ſame. And with my whole heart I heartily thanke thee, that of thy great goodneſſe, mercie, and grace, thou haſt hitherto moſt ſafely preſerved me. And I beſeech thee moſt mercifull Father, be no more angry with me, nor forſake me; but continually aſſiſt, comfort and ſtrengthen me againſt all the aſſaults of the divel, and be my ſuccour and defence this night, and unto my lives end, that I never offend thy divine Majeſtie or commit any ſinnes, or iniquitie; and vouchſafe of thy aboundant bountifulneſſe, to refreſh my weake body with con-

venient reſt, that I may to mór-row with all diligence the more readily ſerve thee in that eſtate wherein thou haſt ſet me, that all my actions may ſo pleaſe thee, and by thy aſſiſtance be governed, that after this vaine and tranſitory life, I may attaine the life everlaſting, through Ieſus Chriſt our Lord and Saviour, Amen.

A Prayer for the Evening, and for forgiveneſſe of ſinnes.

I Yeeld thee moſt humble and hearty thankes (O heavenly Father) for all thy graces, and benefits that I have at all times heretofore received at thy bountifull hands, from the beginning of my life unto this preſent houre, and for the great benefit of my election before the foundation

dation of the world; for my creation, redemption, justification, and sanctification in Christ Iesus, for sparing me so long, & giving me so large a time of repentance, delivering me from all perils, bodily and ghostly, for drawing me out of darkenes, and bringing me to the light of thy Word, for defending mee from all dangers past, and protecting me untill this present houre: and I most humbly beseech thee of thy goodnes, O Lord, that it may please thee to take care and charge of mee this night, and all the daies and times of my life hereafter, not to suffer me to sleep and slumber in sinne and ungodlines, but that I may bee alwaies watchfull and carefull for the comming of my Lord and Saviour Iesus Christ, that whensoever he shall come,

he may finde me prepared to receive him, and that I may heare, and enjoy that comfortable sentence, *Come yee blessed of my Father, inherite the Kingdome prepared for you*: to the which, Lord Jesus Christ, I beseech thee to bring mee, who hast so dearely bought me; to whom with the Father and the holy Ghost, be all honour, power, praise, glory, and dominion, both now, and for evermore, Amen.

Another prayer for the Euening.

MOst mercifull God and tender Father, which beside thy most inestimable mercies, given and bestowed upon mee, in making me, in redeeming me by the death of thy deare Sonne Iesus Christ

in calling me to the knowledge of thy bleſſed Word, in keeping mee in thy holy Church, and in thy moſt gracious governing me, and all things hitherto; for my wealth and commoditie, which haſt alſo moſt fatherly cared for me, and hitherto kept mee from all dangers, both of ſoule and bodie, giving mee health, foode, apparrell, and all other things neceſſary for the comfort and ſuccour of this poore and miſerable life, which many other want: for theſe, and all other thy good gifts, and gracious benefits which of thy onely goodneſſe, and fatherly providence, thou hitherto haſt, and now doſt powre upon mee, I moſt humbly thanke thee, and praiſe thy holy Name, beſeeching thee to forgive, hide, and

burie-

bury all my sinnes which at any time heretofore I have committed against thy holy Commandements: and I beseech thee to grant me the guard of thy good Angels, to keepe me this night, and evermore; and grant good Father that when I shall sleepe in death, my body may rest temporally, and my soule live with thee eternally, to thy glory, and my joy, through Iesus Christ my Lord, Amen.

A Prayer for the Evening.

O Eternall God, and most mercifull Father, who this day and all the time of my life, hitherto, hast graciously defended, nourished, and preserved my soule and body; and of thy loving kindnes hast most fatherly

ly provided for me, a poore ſinner, not onely in giving me a right portion of thy creatures, but alſo in that plentifull redemption which thy moſt deare Sonne Ieſus Chriſt hath purchaſed for me: grant unto me, O mercifull Father, the aſſiſtance of thy grace and holy Spirit, that though my body take the naturall reſt, yet my ſoule and minde may behold thy goodneſſe toward me, bee joyfull in thee, and receive ſuch inward pleaſure and heavenly ſweetneſſe in thy love, that whatſoever I ſhall henceforth thinke, ſpeak, or doe, it may be all to the honour of thy holy name. And let thy mighty hand and out-ſtretched arme, O Lord, be ſtill my defence, thy mercy and loving kindneſſe, in Ieſus Chriſt thy deare Sonne, my ſalvation:

thy

thy true and holy Word my instruction, thy grace and holy spirit my comfort and consolation unto the end, and in the end, through Iesus Christ my Lord and onely Saviour, Amen.

When you goe to bed, say, I lay me downe to rest, in the name of the Father, the Sonne, and the holy Ghost.

Then pray thus.

O Mercifull Lord God, heavenly Father, whether I sleepe, or wake, live, or die, I am alwayes thine; wherfore I humbly beseech thee that thou wilt voushsafe to take care and charge of me this night, and at all times hereafter, and not to suffer me to perish in the works of darknesse, but to kindle the light of thy Spirit in my

heart

heart: that thy godly knowledge may daily increaſe in me through a right and pure faith, and that I may alwayes walke and live after thy good will and pleaſure, through Ieſus Chriſt my Lord and Saviour, Amen.

A Prayer before we ſettle ourſelves to our devotion.

O Moſt gracious God, give mee leave to preſent my ſelfe before thy Divine Majeſtie, to powre out my unworthy prayers unto thee: in the multitude of thy mercies, O Lord, I come to make manifeſt my neceſſities (as a poore and needie wretch) unto a God of infinite glory: I come as a worme to my Soveraigne Maker: I come as a hainous offender, to a juſt and ſevere

severe Iudge ; thou O God promiseſt that who so asketh, shall receive; who so seeketh, shall find; grant mee therefore grace to pray unto thee, as my duty, and thy desert requireth : grant mee a pure intention, a fervent devotion, that with humble heart, firme hope, and perfect charity, I may effectually pray unto thee, and aske of thee that which thou seeſt most for thy glory, and my good. O mercifull Lord, helpe me to pray worthily, that thou mayeſt graciously grant my petitions : defend my weak heart from ghostly assaults, and so fix my minde upon thee, that I be not carried away from consideration of thy presence : grant mee attentiuely to apply my thoughts, and to be wholly raviſhed and poſseſsed with zeale and true

true devotion. Grant me to aske forgiveneſſe with deep contrition, and full purpoſe of amendment: afford O Lord, ſuch comfort to my ſoule as thou ſeeſt fit for me, and by the aſſiſtance of thy ſpirit, inſpire thy good motions into me, that I may feele them forcibly, accept them thankfully, and fulfill them effectually; and that I may devoutly pray unto thee with true repentance, appeaſe thee, and for ever dutifully ſerve thee, through Ieſus Chriſt my Saviour, Amen.

A generall confeſſion of ſinnes.

ALmighty God and heavenly Father, I confeſſe and acknowledge, that I am a miſerable and a wretched ſinner, and have many waies moſt grievouſly tranſgreſſed thy moſt godly com-

Commandements, through wicked thoughts, ungodly lusts, sinfull words & deeds, in my whole life. In sin was I borne and conceived, and there is no goodnesse in me, that without thy mercie I should perish for ever; so little helpe, comfort, succour, is there either in me, or in any other creature: onely this is my comfort, (O heavēly Father) that thou didest give thy dearely beloved Son to the most vile, bitter, and slanderous death of the Crosse for me, that he might so pay the ransome for my sinnes, satisfie thy iudgement, still and pacifie the wrath, reconcile me againe unto thee, and so purchase me thy grace, favour, and everlasting life: wherefore through the merit of his most bitter death and passion, and through his innocent blood

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ſhedding, I beſeech thee, O heavenly Father, that thou wilt vouchſafe to bee gracious and mercifull unto me, to forgive and pardon me all my ſinnes, to lighten my heart with thy holy Spirit, to renew, confirme, and ſtrengthen mee with a right and perfect faith, and to enflame me in love toward thee, & my neighbour: that I may henceforth walke as it becommeth mee, in thy moſt godly commandements, and to glorifie and praiſe thee everlaſtingly: grant me further O Father, that I may have a quiet heart and conſcience, and that I may in all temptations, afflictions, neceſſities and in the very pangs of death, truſt faithfully in thee, and in thy mercies. And for that thou haſt commanded mee to pray unto thee, I humbly

humbly beſeech thee, for all things needfull for me, and pray unto thee as thy Sonne himſelfe hath taught me, ſaying, *Our Father, &c.*

A Prayer of thankeſgiving, remiſſion of ſins, neceſſities in this life, and life everlaſting.

O God of Abraham, Iſaac, and Iacob, thou God of pitty and all mercy, have mercy upon me a wretched ſinner, and forgive me (I moſt humbly beſeech thee) all my ſinnes and offences that I have ever committed againſt thee: blot out all my miſdeeds, renew a right heart, and create O God, a new ſpirit within mee. I thanke thee O heavenly Father, for all thy bleſſings and benefits which thou haſt beſtowed upon me,

me; continue, multiply, and increaſe thy good bleſſings upon mee: ſtretch out thy hands of bounty over mee, and with thy eyes of mercy looke upon mee; ſend me (O Lord) a ſufficient living, make mee beneficiall to all, and not chargeable unto any; bleſſe mee good Lord, and give me grace to live godly, and vertuouſly, and raigne with thee everlaſtingly: deliver me from all troubles, diſcontents, and worldly calamities: take mee, O Lord, into thy owne tuition: bleſſe, proſper, and protect all my proceedings, let whatſoever I take in hand, be good, and let that come to a happy and ſucceſſive end: let mee have a care not to doe any thing that ſhould offend thee, but let my whole deſire bee to doe thoſe things that may

pleaſe

pleaſe thee, ſend O Lord, thy Angel from Heaven to governe me, and to deliver mee (as hee did thy ſervant *Tobias*) from all dangers: ſend, O Lord, thy grace from Heaven to guide me, and thy wiſedome from the higheſt heavens to teach and direct me: let mee not any more fall into ſinne through frailtie: but ſo bleſſe me with thy bleſſings, that I may never offend thee, but that I may early and late, night and day, and at al times and ſeaſons give praiſe and thankes to thy heavenly Majeſtie: that I may live in this world, to thy glory and my comfort, and raigne with thee in everlaſting glory, in the world to come. Heare, O Lord, theſe my prayers, and for thy moſt deare mercies ſake, and for my ſweet Saviour Ieſus Chriſt his ſake

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grant my petitions. To thee O God the Father, Sonne, and holy Ghoſt, be all honour, dominion, power and glory, now and for ever, world without end, Amen.

A Prayer for forgiveneſſe of ſinnes, with a confeſſion of his faith.

O Lord God almightie, and Father of my Saviour Ieſus Chriſt, I moſt earneſtly beſeech thee, for thy fatherly goodneſſe, and mercy, to pardon and forgive mee all my ſinnes and offences, and through thy bountifull goodneſſe and mercie, deliver me from all thoſe ſinnes and offences, which by my frailtie, or any way elſe, I ever committed againſt thee: for I confeſſe and acknowledge, that I am a miſerable and wretched ſinner, and

have

have many waies moſt grievouſly tranſgreſſed thy moſt godly will and Commandements: through wicked thoughts, ungodly luſts, ſinfull words and deeds in my whole life. In ſinne was I borne and conceived, and there is no goodneſſe in mee: therefore through the merits of the bitter death and paſſion of thy beloved Sonne Ieſus Chriſt my Saviour, and through his innocent blood-ſhedding, I beſeech thee, O heavenly Father, that thou wilt vouchſafe to be gracious and mercifull unto mee, to forgive and pardon mee all my ſinnes and offences, to lighten my heart with thy holy Spirit, to renew, confirme, and ſtrengthen me with a right and perfect faith: enflame in mee love toward thee and my neighbour, that

that I may walke with a glad heart in thy commandements, and glorifie and praise thee euerlastingly; and that I may with a cleare conscience, and quiet, and cheerefull heart, in all temptations, afflictions, or necessities, cry unto thee earnestly, and say, Lord have mercy upon me a sinner, &c.

A godly Prayer for forgiuenes of sins, and all things needfull for soule and body.

O Omnipotent, eternall, and everliving God, which hast made heaven and earth, the sea, and all things contained in them; thou onely maker of all things, preserver and helper of them: with thy Sonne my Lord Iesus Christ, and the holy Ghost: O most wise, mercifull, good, strong

and righteous Iudge, which haſt ſayd, thou wilt not the death of a ſinner, but that he convert and live: I thy poore creature and worke of thy hands doe acknowledge and confeſſe my manifolde ſinnes and offences, which from my youth untill this time, in thought, word, and deed, I have moſt grievouſly committed againſt thee, and am moſt heartily ſorrie for the ſame, deſiring thee for Ieſus Chriſt his ſake, to have mercy upon me, and according to thy great mercy forgive mee all my offences, O Lord I confeſſe and acknowledge that I was borne in ſinne, and conceived in wickednes, and in my fleſh dwelleth nothing that is good, and of my ſelfe I am not able to thinke a good thought, much leſſe to wiſh, and leaſt of all to doe as ought

ought, therefore O Lord I call to thee for grace, which haſt promiſed to heare them that call upon thee: aſſiſt O God, and guide mee with thy holy ſpirit, draw mee unto thee, make me O Lord poore in ſpirit, vile, and low in my owne ſight, give me thy grace that whenſoever I be drawne into any ſinne and wickedneſſe, either in thought, word, or deede that I may feele my owne infirmitie and weakeneſſe, and that I may with ſpeedie repentance turne vnto thee. Take from me my ſtonie, blinde, unbeleeving, doubtfull, vnfaithfull, and unthankefull heart, my carnall, idle, ſecure and impenitent heart, and give me a heart to feare thee, love thee, and truſt in thee: write thy law in my heart, and minde: make me beleeve, truſt and live in

thee for ever, deliver me from the ſpirit of pride, vaine glory, haughtineſſe of mind, preſumption, ſelfe love, and truſt in my ſelfe. Take from mee O Lord the wicked ſpirit of ſuſpition, envie, iealouſie, grudging, whiſpering or backebiting, keepe mee from wrath, malice, hatred, lying, evill words, contention, flattering, diſſimulation, hipocriſie, blaſpheming, vaine ſwearing, lightneſſe, idle words, and all unſtableneſſe of heart: deliver me O Lord from all filthineſſe both of the fleſh and ſpirit, from unclean thoughts, unlawfull deſires, evill concupiſcence, and luſts of the body. Take from mee covetouſneſſe and care of riches, all deceit and guile, all idleneſſe and ſloth and give mee not over to an vn ſhamefaſt and obſtinate minde

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Make mee able to beare wrongs with patience, and not recompence evill for evill. Make mee loath to give occaſions of evill to any, and if I doe, make me willing to confeſſe my fault, and amend it. Take from mee O Lord a carefull heart of worldly things, and grant that neither povertie oppreſſe me, nor riches lift me up to forget thee, but in proſperity make me thankfull and patient, and humble in adverſity: Lord make mee merry without lightneſſe, ſad, without miſtruſt, ſober, without dulneſſe, true without doubleneſſe, fearing thee without deſparation, truſting in thee, without preſumption: give mee O Lord, the ſpirit of humbleneſſe, meekeneſſe, ſimplicitie, gentleneſſe, goodneſſe, faithfulneſſe, and truth: graunt mee O

God the bowells of mercie, and loving kindneſſe to my brother, long ſuffering, and patience, to beare all things well that thou ſhalt lay upon mee: regenerate my heart with the ſpirit of grace continually: and graunt mee an inward feeling of thy favour and mercy toward me, in Ieſus Chriſt my Lord, that I may know thee to bee my God and Father, and me thy childe for ever: O Lord increaſe my faith in thee, and in Ieſus Chriſt my Redeemer, confirme my hope in thy promiſe, make perfect my love towards thee give me a true and unfained love to all vertue, and godlineſſe, increaſe in me O Lord, ſtrength, and victory againſt all temptations, and aſſaults of the Devill, the fleſh the world, and the vanities thereof,

give

give mee grace to keepe a good conſcience: give mee a pure heart and minde, and renew a right ſpirit within mee, give mee the true underſtanding of thy holy word, that I never ſwerue from the truth thereof, and that my chiefe felicitie may bee in the ſame, and in hearing, reading, talking, watching, praying, faſting, mortifying, and ſubduing my owne will and members. O gracious Lord Jeſus Chriſt, Sonne of the living God, which waſt crucified, and raiſed againe for me, and all other: which ſitteſt on the right hand of the Father, and art appointed the onely Mediator for me unto God, have mercy upon me, pray to thy heavenly Father for mee, ſanctifie me with thy holy Ghoſt, as thou haſt promiſed & ſend the ſpirit of truth to abide

with me for ever, kindle my mind and heart with thy holy Spirit, that I may truely beleeve in thee, acknowledge, and call upon thee, give thankes unto thee, and obey thee: for I feele my ſelfe ſo charged with ſinnes and infirmities, that I know not what to doe, but offer up my ſelfe wholy unto thy mercy, to be reformed according to thy good will and pleaſure. O eternall, moſt mightie, and everlaſting God, governe and keepe me, lighten me alwaies with thy Goſpell, rule, and confirme my heart, with thy holy ſpirit, and governe my ſtudie, powre on mee thy ſpirit of grace, and prayer, make me Lord happie, and diligent, in the workes of my vocation: take into thy cuſtodie for ever, O ſweete Saviour my ſoule, body, life, and all that ever I have be

be gracious vnto me, O Father, ſuccour and helpe me in all neceſſities, graunt me all thy bleſſings, and thy holy ſpirit, to ſanctifie, and dwell in me for ever. And O Lord, have mercie upon mee, graft, plant, and ſow in my heart all vertues, and give me grace, ſo to uſe them, and all other thy gracious gifts as may be moſt to thy glory and praiſe, to my conſolation and comfort, and to the profit of thy Church. Heare O Lord my prayers, and forgive mee all my ſinnes, and wickednesſe that I have committed; and give mee grace truely to repent the ſame: grant unto mee, O Lord, true contrition of heart, that I may vehemently deſpiſe my ſinfull life paſt; and wholy be converted unto thee: I have ſinned O Lord I confeſſe it, and I

cannot denie it, but O my God. Pardon my treſpaſſes, releaſe my debts, and forgive me all my ſinnes: ſtop my wounds, for I am plagued and beaten with ſinnes and grant me grace with patience to attend thy divine Majeſty increaſe in me, I moſt humbly beſeech thee, O moſt gracious God, the gift of faith, that I may truely beleeve in thee, and thy promiſe made unto me, grant this O Father, for thy deare Sonne Ieſus Chriſt my Lord and Saviour, Amen.

A Prayer wherein the ſinner accuſeth himſelfe for falling into ſinne, and asketh forginenes for the ſame.

DEare, tender, and moſt mercifull Father, God almigh-

tie, great, and dreatfull, which art mercifull to whom it pleaſeth thee, for thou art the Father of mercy, & God of all grace, peace, and comfort, which wilt not the death of a ſinner, I therefore earneſtly deſire thee O Lord, to have mercy vpon me, have mercy upon me, O Lord, according to thy great mercy, and according to the multitude of thy mercies, put away my ſinnes and offences: waſh me O God from my wickedneſſe, and make me cleane from my unrighteouſneſſe. I acknowledge my ſins, and doe accuſe my ſelfe of my evill deeds. I confeſſe my wickedneſſe, and rebelling againſt thy precepts. I have beene a froward childe, and have offended and provoked thee with all my vanities, and ſinnes and have not exerciſed my ſelfe

in

in thy lawes. I have turned backe from thy waies, and have done wickedly before thee. I have walked after my owne thoughts, and phantaſies, and not as thou wouldeſt, but have runne from ſinne to ſinne, following the deſires of my heart. I have diſpleaſed thee by my inventions, and none of my ſinnes bee hidden from thee. I am not worthy to be called thy ſonne, woe I am, that I have gone from thee, great is my griefe, that I have led my life in ſinnes, woe is mee, that I have forſaken thee, and lived after my owne minde: but O Lord, forgive mee all my ſinnes, doe not forget mee, nor keepe thy mercy longer from me, heare mee now, O Lord, graciouſly calling upon thee; and be mercifull unto mee,

be

bee no longer angry with mee, nor caſt not away a contrite, and penitent ſinner. Turne thee againe, O Lord God, and forgive mee all my ſinnes, and offences: hide not thy face from my prayers, but according to thy promiſes take me into thy favour, for I am one of thoſe, O Father, whom thy Son hath redeemed with his moſt precious bloud and therefore of thee, O Lord, I aske mercy beſeeching thee, to forgive me all my ſinnes, and to have mercy vpon mee, for thy deare Son Ieſus Chriſt his ſake, my onely Lord and Saviour, Amen.

A Prayer of thankſgiving, and for Remiſſion of ſinnes.

GRant O Lord of thine vnſpeakeable mercie, that I may

may worthily praiſe and honour thee, that my mouth may ſpeake, my heart ſtudie, and my tongue ſing thy laud and praiſe, heare the ſacrifice of my lips, and make it acceptable in thy ſight, my ſoule praiſe thou the Lord, and all that is within me, laud his holy name. I will praiſe thee O God, and magnifie thy name for ever and euer; for thou art good to all, and thy mercy exceedeth all thy workes, my mouth ſhall give thee thankes and extoll thy holy name. O praiſe the Lord my God, my Maker, redeemer, nourifher, defender, ſtrength, joy, victorie, and eternall glory. I honour thee, I glorifie thee, I worſhip thee, I laud and prayſe thee, for that it pleaſed thee, to make mee reaſonable man, and haſt given me wiſedome vnderſtanding, and many other

bleſſings

bleſſings ſpirituall and corporall thou haſt viſited my heart with many graces and holy motions thou haſt delivered me from many perils both of ſoule and bodie and kept and preſerved me from many ſinnes whereinto I might have fallen, for thoſe and all other thy good bleſſings moſt aboundantly beſtowed upon mee I wretched ſinner with all my heart moſt humbly, laud, prayſe, and honour thee. O moſt merciſull God I adore and give thee thankes for thy vnmeaſurable clemency, and infinite goodneſſe whereby thou doſt moſt mercifully ſuffer me to live, pardoneſt me, and beſtoweſt thy benefits upon me, let thy pittie mollifie my hardnes, thy burning charity melt my frozen heart, that I may bee changed from a veſſell of wrath

unto

unto a vessell of mercie, and so being freed from my sinnes, I may bee the more fervent in loving thee: thou art good and I evill, thou holy, I wretched, thou just, I vnjust, thou light, I blind; thou life, I death; thou joy, I heauinesse; thou soveraigne verity, I nothing but vanitie. O Lord sanctifie me, helpe me, and save me, wash me and make mee cleane suffer me not to be separate from thee, but from the malignant enemie: for ever hereafter defend me, that I may come and sing to thee prayses eternally, grant me grace to come after thee, to imitate thee that the feruor of my future devotion may recompence in mee the follies of my former conversation and make me pure and holy that I may earnestly seeke thee who art the fountaine of eternall life,

life, expell out of me whatſoever is evill, or amiſſe, or whatſoever diſpleaſeth thee, and deliver me I moſt humbly beſeech thee, from all ſinnes, iniquities, troubles and evils, wherewith I am encumbred diſpoſe all my thoughts, words and workes, as may be moſt agreeable to thy moſt holy will and pleaſure, keepe me ever and every where from all ſinnes, wickedneſſe, and offences, deliver me o in this life, from all evils troubles and dangers, and after this life bring me to the moſt ſweet, pleaſant and delightfull joyes of the life everlaſting, Amen.

A Prayer of a ſinner in troubles thinking long for helpe, and truſting in Gods mercies, deſireth help.

EVen vnto the Throne of thy higheſt power, I acknowledge

ledge O Lord, that I am a miſera-
ble ſinner, beſeeching thee O
Lord God almightie of thy good-
neſſe to doe with me according
to thy great mercy. O Lord I am
abaſhed and aſhamed to lift up
my eyes unto thee, for my ſinnes
are aſcended up into thy ſight:
againſt thee O Father, againſt thee
have I ſinned and done evill be-
fore thee, thou ſeeſt my iniquity
is great, I have beene an offendor
againſt thee even from my cradle,
and ſince I ſucked my mothers
breaſts, I have not ceaſed to doe
evill. I was begotten in ſinne and
brought into the world in ini-
quitie. I cannot ſhake off my ſins,
and offences, but carrie ſtill with
me the infamie of my youth, be-
hold O Lord I am ſold under ſin,
and in my ſelfe I finde not that
which is good, for the good I
would

would doe, I doe not, but the evill I would not doe, I doe, all the thoughts and imaginations of my heart, have beene evill ever since I was yong: let mee not die in my sins O Lord God, for thou wilt not the death of a sinner, but that he repent and live, thou art good and mercifull, and according to thy great mercy, save mee thy unworthy servant, thou hast shewed thy mercie on thousands so have mercy upon me O Lord God omnipotent, have mercie vpon me a miserable, and wretched creature, my soule is troubled, therefore O Lord heale me, looke upon me and deliver mee how long wilt thou reject my prayers? how long wilt thou turne thy face away from me? thy hand is not weakned O Lord but it may helpe, and thy eares are not stopped:

ſtopped: therefore O Lord heare mee, how long O God, ſhall my minde be troubled with painefull and heavie thoughts? How long ſhall ſorrow torment my ſoule? How long ſhall my enemies triumph over mee? Looke towards mee O God, heare my prayers, give light unto my eyes, and let me not ſleepe in death, nor let not my ſinnes prevaile againſt mee. Turne againe, O Lord, turne againe, and deliver my ſoule, and ſave mee for thy mercies ſake. O Lord rebuke me not in thy anger, nor puniſh mee in thy great diſpleaſure, caſt not thy darts at mee, nor lay thy heavy hand upon me; let me no longer beare thy anger nor drinke of the cup of thy diſpleaſure. I have no health for feare of my offences, I have no reſt nor peace when I behold my ſinnes

my iniquities are gone over my head, and like a heavy burthen they daily preſſe me downe: thou O Lord knoweſt my deſire, and ſeeſt my neceſſitie: forgive mee all my ſinnes O Lord God almighty, for thy owne ſake, and for thy Sonnes ſake, put out off thy ſight my hainous offences: for thou haſt promiſed forgiveneſſe of ſinnes, to them that repent them of the ſame, have mercie on mee O good Father, have mercy on mee, and for thy glorious name, bee no longer angry with me, but forgive mee all my ſinnes, and take me a penitent ſinner to thy mercy, for the love of our onely Saviour Ieſus Chriſt, whom thou haſt ſent to obtaine mercie for my ſinnes, through faith in his bloud, who liveth and raigneth now and for ever, Amen.

A Praier for a Sinner, rejoycing for the benefits received at Gods hand, and asketh still his helpe and forgiuenesse of his sinnes.

I Doe rejoyce in thee, O Lord, which tookest upon thee, in thy bodie my infirmities, and so bearest my paines, thou wast made weake for my sinnes, and wounded for my offences, and by thy strokes were my wounds healed, I went astray like a sheep and followed my owne wayes, thou O Lord through thy love & mercie hast redeemed mee that was lost, and by thy bloudshed on the Crosse, hast paid my ransome thou diddest die for my offences, and by thy precious bloud hast taken away my sinnes, turne the eyes of mercy O Lord God, and looke upon me, the worke

of

of thy hands, and heale, the infirmities of me thy weake creature, keepe me from all evill waies, and teach me by thy holy Spirit to chooſe the way of truth. I beſeech thee (O King of holines) by my Redeemer Chriſt, keepe mee in the right way and unite me unto him in ſpirit make mee to goe perfectly in thy pathes, and to hate all wicked wayes, waſh my heart from malice and cleanſe me from my ſecret ſinnes, cleanſe me, O holy Father, with the bloud of thy well-beloved Sonne, from all my ſinnes, and deliver me from all my iniquities, purifie my heart by thy holy Spirit, from all filthineſſe of ſinne and evill concupiſcence. O God almightie bee mercifull unto mee a ſinner, and for thy glorious name ſake remember my ſinnes no longer,

make

make me O God, to returne from my evill wayes, and wicked thoughts: remember not the ſinnes and offences of my youth, but according to thy mercie bee mindfull of me, for thy goodneſſe ſake. O Lord my hope is in thee, my ſoule truſteth in thee, my ſoule looketh for thee, thou art merciſull, and with thee is plenteous redemption; therfore have mercy upon mee according to the multitude of thy mercies, for thou art full of pitty and mercy, turne not therefore thy face from mee, have mercy upon mee. O Lord God my Saviour, pardon & forgive mee my ſinnes, for thy names ſake. O righteous Father, looke not upon the multitude of my ſins, but looke on the face of thy Sonne Ieſus, which bare my ſins in his body on the Croſſe:

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turn thy face therfore away from my sinnes, and put out all my iniquities; and make a cleane heart within mee; cast mee not away from thy presence, and take not thy holy spirit from me; but help and comfort me, stablish me with thy mightie Spirit: mollifie my heart that I may walke in thy waies, and not in the waies of error; helpe me, and forsake me not, O Lord my God, for thy Sonne Jesus Christ his sake, Amen.

A Prayer wherein a sinner asketh forgivenesse of his sinnes: and desireth the true armour to be defended against the enemies of his soule, and confesseth God to be his Saviour.

EVerlasting God, and most merciful Father, I most humbly

bly beseech thee, for thy Sonne Christ his sake heare my prayers, and forgive mee all my sinnes, and from henceforth give mee thy holy Angell to conduct and strengthen mee with thy vertue, to understand the evill device of the World, and the appetites of the sinfull flesh; arme me with thy armour, the grace of thy holy Spirit, and mightie vertue; write in my heart thy holy Word, Lawes, and Commandements put upon mee the breastplate of righteousnesse, direct my life and conversation according to the Gospel of peace, give unto me the shield of faith to fight against Sinne, and d[e]speration; the helmet of heal[th] unto my salvation, through th[e] merits of thy dearely belov[ed] Sonne Iesus Christ; for who[se]

sak[e]

ſake, I poore ſinner, moſt humbly beſeech thee, that thou wilt vouchſafe to powre upon mee thy holy Spirit, to worke in my heart, minde, and ſoule, that I may alwaies doe thy will and pleaſure, and walke in this World, to thy honour; thou O Lord, haſt made me, and given thy Sonne to die for my ſinnes; O Father, for his ſake, have mercie upon mee; O Lord Ieſus, which haſt bought me with thy precious blood, receive me, and have mercie upon mee, and bee my mercifull Mediator to thy Father, that my ſoule may be ſaved. O holy Ghoſt, coequall with the Father and the Sonne, have mercy upon mee; O Lord God, moſt loving, and mercifull Father, I acknowledge my ſelfe unto thee, a wretched ſinner

ner; yea, ſuch a ſinner as hath need of grace, mercy, and favour; for in thy ſight there is no man righteous: thou O Chriſt, art the bleſſing of God by whom all the Nations of the world are bleſſed and made rich: thou deliveredſt me, and thy people from hell and damnation; thou art a ſhield unto me, and unto all them that truſt in thee, thou forgiveſt all treſpaſſes, and healeſt all infirmities; thou defendeſt me and thy people and bleſſeſt us. Thou O Chriſt, art my ſaving health and ſanctifier: with thee is mercy, and plenteous redemption: Yea, thou art the true God, and Saviour: all ſoules are thine; thou redeemeſt mee, I have no other Saviour but thee, I will turne unto thee, O Lord turne unto me: I will aske mercie of the Fa-

ther, in thy name, and I truſt I ſhall receive it, that my joyes may bee perfect: I beleeve in thee, therefore I ſhall be ſaved; thou art the Way, the Truth, and the Life: without thee none can come to the Father. Thou cameſt into the world to ſave me, and all that were loſt, therefore I beleeve in thee, and hope in thee, that thou wilt raiſe me up to everlaſting life. I beleeve that thou wilt ſave me; have mercy on me therefore, and forgive me my ſinnes; O Lord, thou who liveſt and raigneſt now and for ever world without end, *Amen.*

A ſinner deſireth forgiveneſſe of his ſins, and a right and true faith.

O Lord, maker of Heaven and Earth, I confeſſe my ſelfe

from the very bottome of my heart, that I am a miſerable, wretched, and abhominable ſinner, and have wickedly tranſgreſſed thy godly Commandements: the ſins alas that I have committed, are as innumerable as the ſand on the Sea-ſhore, they beare mee downe as an intolerable burthen: in theſe ſinnes O Lord God, have I walked untill this day, according to the deſires of the world, and the evill luſts of the fleſh; but whatſoever I have in this behalfe offended thy moſt godly Majeſtie, it ſore repenteth mee, and the fault grieveth mee to the very bottome of my heart; ſave mee therefore, O Lord, for thy great mercies ſake; for unto thee, O God of my comfort, I wretched ſinner doe come, craving

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of thee thy mercie: incline therefore thine eares unto my calling, O Lord, and consider the request of my heart: and grant unto me O Lord, thy servant, the strength of thy holy Spirit, to subdue the body of sinne with the lusts thereof, that I may be obedient in will and mind, unto thy lawes; for no man can helpe me but thou O Lord, who hast brought my soule out of hell, and hast holpen me from falling into destruction: put away from me, O Lord, that which is evill, for thou art holy, and save thy servant which ever trusted in thee. I will acknowledge I have all my strength of thee: for thou art my hope, my portion, my God and my Saviour. Have mercie therefore upon mee, O Lord, and according to thy great mer-

cie doe away my offences : looke on mee with the eies of mercy, ſprinkle mee with the ſweet Hyſope of grace, cleanſe mee from my ſinnes : waſh me, and I ſhall bee whiter than Snow ; quench the deſire of ſinne in mee, open my lips that my mouth may ſet forth the praiſe of thy holy name. O Chriſt, Sonne of God, have mercy upon me : O holy Ghoſt, give me a new heart, and a right ſpirit to laud and praiſe thee : turne me wholly unto thee, O Lord, and take my ſinnes away from me: O Lambe of God, heale me, and I ſhall bee whole : ſave me, and I ſhall be ſaved: for thou O Chriſt, art my hope : thou haſt taken upon thee my diſeaſes, and waſt wounded for my offences: and wilt, I truſt, pardon me all my ſinnes ; there is no ſalvation

but

but in thee, nor no other name wherein I muſt be ſaved, but by thee, O Chriſt: through thee I have redemption, and remiſſion of my ſinnes: thou haſt made ſatisfaction for mee: thou diedſt for mee, and for my ſinnes: and waſt buried, and roſe againe, and aſcendedſt into heaven, and ſitteſt on the right hand of God in the glory of the Father: thou art my Advocate, and obtaineſt mercie for my ſinnes; thou art holy which was, is, and is to come. I beleeve that thou ſhalt come to be my Iudge, therefore I beſeech thee, O Lord, let not my ſinnes loſe mee, whom thou haſt bought with thy precious blood: but have mercie upon me O Lord God holy Ghoſt, have mercie upon mee, and worke thy divine grace in mee, that I may be

ſaved through my Lord Ieſus Chriſt; ſaue mee, O Lord, for I beleeve that I ſhall ſee the pleaſures of thee, in the land of the living: grant mee, O Lord, a right and true faith: forgive mee all my ſinnes, and make me daily more and more to walke in a new way, and upright life: that I may utterly deſpiſe all worldly things, that I may bee content, pure of living, temperate, good, righteous, diligent in all goodneſſe, meek, merciſull, modeſt, humble, and ready to forgive all that offend me; & live all the daies of my life, according to thy divine will, and true feare, that I may die in the world to all ſinne, and to my ſelfe, and with a good confidence and a merrie heart, looke for the comming of thee O Lord my Sayiour Ieſus Chriſt, to

whom with thee, and the holy Ghoſt, be all honour, and glory for ever, Amen.

A Prayer for a ſinner deſiring God to powre his grace upon him, who doth faithfully beleeve that God will freely forgive him his ſins.

HOnour and praiſe bee given to thee, O Lord God, for ſeeing whereof I ſtand in need, and ſo bleſſing me with thy manifold bleſſings; I crave thy mercy and grace to bee my guide whereſoever I goe: receive O Ieſus, my ſoule and body into thy hands, for thou haſt bought mee with thy precious bloud. O Lord ſave me for thy mercies ſake, and be my defender all the daies of my life. Thou art the gift of the Father to ſave ſinners,

I beſeech thee O ſweet Ieſu, ſave and deliver me from all evils, bodily and ghoſtly; now and for ever that I may praiſe and worſhip thee in this life, and in the world to come: againſt thee, O Lord, againſt thee have I ſinned, I confeſſe that all my life time I have beene a ſinner, and have grievouſly offended thee. I have gone aſtray like a loſt ſheepe, and have beene an unprofitable ſervant, and there is no goodneſſe in mee: but I confeſſe my ſinnes, O Lord, unto thee; and doe earneſtly repent that ever I offended thee being ſo loving a Father, and ſo gentle a Lord: and I crie with *David* and ſay, have mercy upon me, O LORD, according to thy mercies, and according to the multitude of thy mercies doe away mine offences; waſh mee

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throughly from my wickedneſſe, and cleanſe mee from my ſins; for I acknowledge my faults, and my ſinnes are ever before mee. I cry with the loſt ſon, O Father, I have ſinned againſt heaven, and againſt thee, and am no more worthy to bee called thy Sonne. I cry with the Publican, and ſay, O LORD be mercifull to me a ſinner, I cry with the blind, Ieſu ſonne of *David*, have mercy upon me: and I faithfully beleeve that thou wilt freely, and mercifully forgive me all my ſinnes, be they never ſo many or grievous, if I faithfully aske them: for by faith I am made of the child of wrath, the ſonne of God: by faith I am married unto Chriſt; by faith my heart is purified, Sathan overcome, and the world vanquiſhed, by faith I am preſerved from

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damnation, juſtified, and made righteous; by faith the wrath of God is aſſwaged, and I worke thy will O God: by faith my prayers are heard, and requeſts granted; by faith I pleaſe thee O God, and am made the childe of light; by faith I am borne a new and made the Temple of the holy Ghoſt: by faith I prevaile againſt the gates of hell, and am made the heire of thee O God, and fellow-heire with my Lord and Saviour Ieſus Chriſt, of thy everlaſting glory: faith is richer than all treaſures, ſtronger then all corporall power, and more healthfull than all Phyſicians. Grant me therefore O Lord, a true faith, and let mee cleave to the mercifull and comfortable promiſes of thee O God: ſo ſhall I bee ſure to have remiſſion and forgive-

neſſe

neſſe of all my ſinnes. I beleeve thee, O Lord, helpe thou my unbeleefe: encreaſe this my faith in mee: I moſt humbly beſeech thee for Ieſus Chriſt his ſake, mercifully to behold me a moſt miſerable ſinner, and clearely to forgive mee all thoſe ſinnes and wickedneſſe, which I have committed againſt thee from my birth untill this preſent time: forgive mee, O Lord, all my ſinnes for thy names ſake, though they bee great, and many: remember not the ſinnes and offences of my youth, nor my former ſinnes, but according to thy mercy thinke upon mee, O Lord, for thy goodneſſe ſake, and have mercy upon mee, and that right ſoone: help mee O GOD of my ſalvation, O deliver mee, and be merciſull unto mee a ſinner for the glory

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of thy name ſake; So ſhall I give thee thanks for ever and magnifie thy bleſſed name, world without end, Amen.

A very godly Prayer with many Petitions.

O Lord, poure downe thy heavenly grace, and fatherly favour upon mee, that I being aſſured of thy favourable goodneſſe toward mee, may rejoyce, and glorie in thee; vouchſafe O ſweet Father, to ſend thy holy Spirit unto mee; which may make mee a new creature, put away from me all fleſhly luſts, fill my heart with new affections, and ſpirituall motions, and thorow his godly inſpiration, renew me both in body and ſoule; that I may die unto ſinne, and live

live unto thee in newneſſe of life, ſerving thee in holineſse, and righteouſneſſe, all the daies of my life. O ſend thy wiſedome out of thy holy heavens, and from the throne of thy Majeſtie, that ſhee may bee with mee, and teach me thy will, and what is acceptable in thy ſight, conduct mee rightly in thy workes, and preſerve me in thy power; remove from me O heavenly Father, my lewd, ſtubborne, and unfaithfull heart, and create in mee a cleane and godly heart: cleanſe me from all wicked thoughts: breath into my heart through thy holy Spirit godly and ſpirituall motions, that I may bring forth good workes, to the praiſe and glory of thy holy name: grant mee, O Lord a quiet minde, and a contented conſcience, free from the damna-

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ble accusations of Sathan, from the craftie perswasions of the world, from the subtill entice-ments of the flesh: give unto me the precious gift of faith: give mee Christian love, and perfect charity, that I may love thee my Lord, and God, with all my heart, with all my mind, soule and strength. Let mee love my neighbours as my selfe: give me grace patiently to suffer my enemies: to forgive, and pray for them. Take from me all pride and haughtinesse of mind: grant in mee true humility, give me grace to be merciful, and liberal to all that have need; preserve my soule from all vice, and my body from sicknesse: make mee able with strong faith to resist Satan, with fervent prayer to mortify the lusts of the flesh with medi-

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tation of thy holy law, to avoid the vanities, and pleasures of this wicked world; suffer me not to be overcome of Satan nor his servants, but grant me a strong faith to overcome them: send thy heavenly Angels to pitch their tents about me: and deliver mee from their tyrannies. Make mee of that number, O Lord, whom thou hast ordained to be saved: place me among thy sheep, write me in thy book of life: grant me these petitions, and whatsoever else is needfull for mee, O most mercifull Father, for thy deare Sonne Iesus Christ his sake; to whom with thee, and the holy Ghost, be all honour, and glory, world without end, Amen.

A Prayer for grace and remiſſion of ſinnes.

OAlmighty God and Father of our Lord Ieſus Chriſt, the God of all comfort and conſolation, have mercy upon mee, heare my prayers, I moſt humbly beſeech thee, for thy deare Sonne Ieſus Chriſt his ſake, for his merits, and the cruell death he ſuffered to deliver mee from eternall death : ſend into my heart the ſpirit of truth, to worke in mee a true, ſtedfaſt, and lively faith ; that the brightneſse and cleareneſse of thy Goſpell may ſhine in me and lighten my mind that I may underſtand the unſpeakeable riches of my redemption, in and by Chriſt : open the eyes of my mind, that I may know what the hope is whereun-

to

o thou haſt called mee: and how
ich the glory of thine inheritance
s: that by true faith I may bee an
nſained profeſſor of thy holy
ame, and worſhip thee in ſpirit
nd truth. Write in my heart the
ove of thy law, and hate to all
inne: be mercifull unto mee, I
eartily beſeech thee moſt merci-
ull Father, for thy Chriſt his ſake,
nd for his deaths ſake, thy mer-
ie, truth, and promiſe ſake, have
ercie upon mee, pardon and
orgive me all my ſinnes, iniqui-
ies, and offences whatſoever I
ave committed againſt thee, in
hought, word, or deed, at any
ime heretofore by any meanes.
Though I bee poore, my Chriſt is
ich; though I be a ſinner, hee is
ighteous; though I bee impure,
yet hee is pure and holy: for his
ake therefore bee mercifull unto
me:

me: wash me from my filth and wickednesse, cleanse me from my evill; forgive me my sinnes: forget my iniquities, powre out thy holy Spirit upon me; write thy law in my heart, grave it in my minde, give me the Spirit of prayer; make me diligent, and happy in the workes of my vocation: take into thy custody and governance for ever my soule, and my body, my life, and all that ever I have. Tempt me never further than thou wilt make mee able to beare: and whatsoever thou knowest I have need of in soule or body, deare God, and gracious Father, vouchsafe to give me the same: and as thy childe guide mee, so that my life may please thee, and my death praise thee, through Iesus Christ my Lord. For whose sake I heartily pray

thee

and mee to grant mee theſe things
n my us asked; and all other things
for neceſſary for my ſoule and bodie;
t thy nd grant unto mee poore crea-
thy ure thy bleſſings and holy Spi-
my it to ſanctifie mee, and dwell in
pray- me as thy deare child: to keepe
appy me this day and for ever from all
on ſinnes and evill, to thy eternall
over- glory, and my everlaſting com-
d my fort, and the profit of thy Church,
ver I which mercifully maintaine, che-
rther iſh, and comfort: keep me in thy
le to ruth, powre upon me O Lord,
thou hy holy Spirit of grace and wiſ-
ſoul dome, to governe and leade my
raci odie and ſoule in thy holy word
e me nd commandements: ſhew thy
guide mercy upon mee, and ſo lighten
leaſe he naturall blindnes of my heart
hee, hat I may daily bee renewed by
ord thy holy Spirit. Open my hard
pray heart, and groſſe eares, to read thy
the word

word, heare thy heavenly voyce, and beleeve, and follow it in my life and converſation, and ever hold faſt that bleſſed hope of everlaſting life: mortifie and kill all vice in mee, that my life may expreſſe my faith in thee: mercifully heare the humble ſupplication of thy ſervant, and grant me thy peace all my daies: for Chriſt his ſake be mercifull unto mee: caſt all my ſinnes out of thy ſight, pardon my infirmity, and defend me in all dangers, both outwardly in my body, goods and name, and inwardly in my ſoule, againſt all temptations, and ſubtill baits of Sathan: grant that I may truly and godly ſerve thee, increaſe in me true Religion, repleniſh me with all goodnes, and of thy great mercy keepe mee in the ſame unto the end; give unto

to me the ſpirit of praier, true humility, perfect patience, and continually joy in the holy Ghoſt, and for as much as I muſt be at warre with many enemies, grant me grace, and arme me with thy defence, that I may ſtand with an invincible conſtancie againſt all corruption, wherwith I am compaſſed on all ſides, untill ſuch time as I having ended this combat, which during life I muſt ſuſtaine, I may in the end, attaine to thy heavenly reſt, which is prepared for me, through Ieſus Chriſt my Lord and Saviour, Amen.

Another Prayer for remiſſion of ſinnes,

O Eternall God, behold me a poore and ſinfull creature, and a worme of the earth: againſt

thee, O holy Father, againſt thee have I ſinned: gracious God, caſt not away a contrite and penitent heart, humbly calling upon thee: but turne thy eies of mercy toward me, and forgive me the ſins of my youth: caſt me not away nor take not thy holy ſpirit from me, but give me the comfort of thy helpe, and ſtabliſh me in thy truth; keepe me thy poore creature, and deſtroy me not becauſe of my iniquity, but be merciful unto me, for thy Son Ieſus Chriſt his ſake: let not thy heavy hand of Iuſtice deſtroy me, neither leave me in my ſinnes: pittiful Father, even of thee which art the God of mercy, I wretched ſinner doe aske mercy, and forgiveneſſe of all my ſinnes: therefor for the glory of thy name delive me from ſinne, and forgive m

all my ſins: for as thou art God, ſo art thou gracious and mercifull, and wouldeſt that none ſhould periſh, but all ſhould be ſaved. Spare me, O Lord, and for thy names ſake, forgive me all my ſins, and put out of thy ſight all my offences: give me a new heart, and take from me all wicked deſires, that I may evermore live according to thy will: give unto my eyes good ſtore of light that I ſleepe not to death, and that my ſins prevaile not againſt me: worke in me O holy Spirit, that I may ever deſire, and covet that which is moſt pleaſant and acceptable in thy ſight: and that I have no deſire to will or not to will, but as thou wilt. O God moſt holy, mighty, and mercifull Saviour, be mercifull unto mee: and caſt me not off in my age,

forsake me not, nor shut not thy eares from my prayers; but be mercifull unto me, and forgive me all my sinnes. Most deare and blessed Saviour, comfort the soule of thy servant: for unto thee doe I lift up my heart and mind: shew me thy mercy, and grant me thy salvatiō; early in the morning wil I cry unto thee, for thou art good & gracious, and of great mercy to them that call upon thee: deliver me from among the wicked, that I may give thankes unto thy holy name: make me to understand thy truth, knit my heart unto thee, that I may feare thy name. Turne thee unto me and have mercie upon me, and give me thy helpe and succour. Heare the prayer of thy servant hide not thy face from me: but have mercie upon me: I will a

way call upon thy name; be thou preſent with me, and forſake me not; but in the day of judgement vouchſafe ô bleſſed King, to place me among thine elect, and holy people, that I may behold the glorious countenance of thy divine Majeſtie, and be filled with the exceeding ſweetneſſe of thy bleſſed preſence, which is life everlaſting: grant this for thy mercies ſake, Amen.

A prayer for true Repentance.

O Lord God which art full of mercie, and compaſſion, long ſuffering, & of great goodneſſe, which continueſt thy mercie for thouſands, taking away iniquity, ſinnes, and offences: thou calleſt after thy wonted mercy by thy word to repentance, and

hearty converſion: for unto all and every one is repentance and forgiveneſſe of ſinnes preached in thy name. I acknowledge the riches of thy lenity, patience, and long ſuffering, in that thou doeſt not ſuddenly take away ſinners from the earth, nor overthrow them in their wicked deeds doing; but giveſt them ſpace to repent, which is a moſt notable argument, that thou wilt not the death of a ſinner, but that he be converted and live: for thou art mercifull over all, and forbeareſt the ſins of men for their amendment: thou loveſt all things that are, and hateſt nothing that thou haſt made: therefore unto thee, O moſt mercifull God, doe I cry which knoweſt the hardneſſe of my heart, and that I have no power of my ſelfe to riſe up:

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Convert me therefore, O Lord, and I ſhall be converted. O ſhew me my offences, that ſtriking my thighes, I may be hearily ſorry for my ſinnes committed: heale me, O Lord, and I ſhall be whole, ſave me, and I ſhall be ſaved, for thou art my prayſe: behold me a ſheep wandring, and ready to periſh: ſeek thy ſervant, O Lord, that I forget not thy Commandements. O Ieſus Chriſt looke upon me with the eies of pitty, as thou lookedſt on the ſinfull woman in the banquet, which proſtrate at thy feet, did bitterly bewaile her wickedneſſe; favour me as thou didſt the Publican, who ſtanding a farre off in the Temple, and ſtriking his breaſt, ſaid, Lord, be mercifull to mee a ſinner: grant that among the feares and terrors of Conſcience

I may take hold of thee by a lively faith, which haſt redeemed me from the curſe of the law, and art made for me wiſedome, righteouſneſſe, ſanctification, and redemption: keepe me, O Lord, from deſperation, and let me fly to thee my Mediator, and through faith have peace with God. Reſtore in me the light of thy law, that from my heart I may obey thee my Redeemer, and walk in newneſſe of life: thou which haſt ſuffered for me in the fleſh, give me grace that likewiſe in the ſame mind I may be armed for the mortification of the fleſh, that I live not after the luſts of men, but after the will of God. I am ſorry that I have ſpent the time of my life that is paſt in wantonnes, in luſts, in exceſſe of eating, and drinking, and other ſins and wic-

kedneſſe:

kednesse: mollifie my heart, that I may earnestly repent all my former sins and offences, and for thy most deare mercies sake, O Lord, forgive me the same: keepe the Devill under, that he trouble not my conscience with reckoning up my sinnes, or extenuating thy mercy: but grant me truely to come unto thee by hearty repentance: and that I may at all times, and in all places, lifting up pure hands, pray unto thee, and say, Lord, forgive me all my sins, and offences: and with deepe sighing, and sure confidence, confidently persist in making my praiers, supplications, intercessions, and giving of thanks for all thy temporall, and heavenly benefits & blessings bestowed upon me. Heare O Lord, both now and evermore, all my praiers, and grant my re-

quests for Jesus Christ his sake, who liveth and raigneth with thee in the unity of the holy Spirit, one God now and for evermore, Amen.

A Prayer for the remission of sinnes.

O Mercifull God, if I wretched sinner, had not promises in the holy Scriptures of thy tender mercies, for the comfort of my weake conscience and sorrowfull heart, I should have no remedy (my sinnes are so great) but must despaire. But though my sinnes were never so many, and abominable, yet thy loving kindnesses are more innumerable, and thy mercies more infinite; thou wilt not the death of a sinner, but that hee turne and live; thou camest into the world

world to call ſinners, to ſave offenders, to ſeeke that was loſt, to eaſe thoſe that were loaden with ſinne. O put my evill thoughts out of thy ſight, waſh me & make me cleane, make me leave to doe evill, and learne to doe good, apply my ſelfe to equity, aſſiſt the oppreſſed, helpe the fatherleſſe, heare the widows: & let my ſcarlet ſins be made as white as ſnow and my purple offences like pure white wooll. Caſt my miſdeeds behind thy backe, and never more remember them: forgive me my ſinnes, heale my infirmities, ſave me from deſtruction, and crowne me with mercy and loving kindneſſe: deale not with me according to my ſins, nor reward me after my wickedneſſe. Look how wide the Eaſt is from the Weſt, ſo far haſt thou ſet my ſinnes from

me:

me as a Father pittieth his owne children, even ſo art thou merciſull to them that feare thee; thou knoweſt we are as glaſſe, and as a flower of the field, which ſoone fadeth away, but thy merciſull goodneſſe endureth for ever.

O moſt gentle Saviour, thou art my loving Shepheard, which haſt ſought me running aſtray, laid me on thy merciſull ſhoulders, & brought me home to the company of thy faithful. There is no whole part in my body, from the ſole of the foot to the crown of the head, but all is wounds, ſores, and ſtripes, which can never be bound up, mollified, and eaſed, except thou O Lord helpe me; O Lord, make cleane my wounds, powre the wine and oyle of ſpirituall gladneſſe into them, binde them up, make them perfectly whole

and

and bring them into thy everlaſting habitation: heale me, and I ſhal be whole: ſave me, and I ſhall be ſaved: O Father, receive me home, embrace me in thy arms, favour me, that have ungodly and lewdly beſtowed thy godly, and vertuous gifts: which prodigall living greatly grieveth me, and I am moſt heartily ſorry, that I have ſo hainouſly offended againſt thee. I moſt humbly beſeech thee to have mercy upon me, forgive me my ſinnes, and receive me into thy favour.

Take from me the ragges of impiety, and cloath me with the garment of innocency, and put on me the ſhooes of peace, that I may walke in the waies of thy holy Commandements, and give me grace unfainedly to repent, and amend my life, that the Angels

gels in Heaven may rejoyce at my converſion; waſh me more and more from my ſinnes, that I may be cleane, and appeare beautifull in thy glorious ſight, and reſt for ever in thy heavenly Manſion. Amen.

A Prayer for bleſſings and forgiveneſſe of our ſinnes.

O Heavenly Father, I beſeech thee give mee grace to fly from all ſinne, drunkenneſſe, and gluttony, as from beaſtly vices, and peſtilent peſtilences, and uſe thy good creatures ſoberly, temperately, and thankfully: keep me from fulfilling the luſts of the fleſh, let me watch and pray that I fall not into the ſnares of the divel; & live ſoberly, watch warily, pray

pray continually, looke diligently for the comming of my Saviour, that I may be ready to enter with him into everlasting glory. O Saviour, give me grace to visit the sicke, and prisoners, comfort the fatherlesse, feed the hungry, cloath the naked, lodge the harbourlesse, and doe those things which are most acceptable in thy sight.

I confesse and acknowledge unto thee my sinnes and offences, my transgressions are infinite, as the sand of the Sea: I have departed from thee, and have not kept thy commandements as thou hast commanded mee; give mee thy righteousnesse, and forgive me all my sins: Finally, I beseech thee, most mercifull Father, deliver me from this evill World, humane feare, and all infirmities of the

flesh.

fleſh and mind, from falſe Prophets, bad brethren, and lewd perſons: Defend me from the hands of mine enemies, from all evils preſent and to come, both in ſoule and body. Give me grace to ſerve thee in good works, and for thy name ſake, deliver me from all evill. Arme me with thy holy armor; weapon me with thy bleſſed Word. Inſtruct me by thy holy ſpirit, that I may ſerve thee in holines and righteouſnes, all the dayes of my life: break the bonds of my ſins, ſhake them out of thy ſight, fully forgive me all my offences, and let me poſſeſſe the inheritance of thy heavenly Kingdome. To thee O Father, Creator, protector, governor, and defender, and to thy beloved Sonne Ieſus Chriſt our Peace-maker, Mercie ſeat, Redeemer, Iuſtifier, and Advocate,

Advocate, and thy holy ſpirit our Sanctification, Wiſedome, Teacher, Inſtructor, and Comforter, be all dominion, power, and glory for ever and ever, Amen.

A very fervent Prayer for remiſſion of ſinnes, and many good Petitions.

GRant me moſt gracious God, thankfully to acknowledge thy great mercy, make me increaſe in repentance, faith, prayer, in contemning the world, in hearty deſiring life everlaſting, and thy bleſſed preſence. Grant me (O moſt gracious Lord) thy holy and ſanctifying Spirit, that I may heartily and faithfully pray unto thee with a pure and cleare mind, with an humble and lowly heart, accept me into thy favour, write thy law in my heart and

and so worke in me, that I may
believe in thee, feare thee, love
thee, obey thee, and serve thee, as
thou requirest. O loving Lord,
forgive me my unthankefulnesse,
and all my sins. O Father, assure
me of my everlasting salvation in
Christ, reveale thy truth unto me,
confirme, strengthen, and stablish
me in the same, that I may live as
a vessell of thy mercy: endue me
with the spirit of wisedome, keep
me that I follow not the counsell
of the wicked, walk not in the
way of sinners, nor fulfill the lusts
and desires of the flesh; guide my
lusts & conduct me that I may do
those things that please thee, and
hate those that offend thee; fasten
me, and plant me surely in the land
of the living, and let me not be
carried away with vehement blast
of the wicked world: direct & or-

der my pathes, that I may walk in thy waies; arme me with patience and assist me with thy holy spirit, that I may shake off the bonds of the wicked, and cast away the yoke of sinne and impiety; so guide me that I may alwaies serve thee in truth, and verity, and in true faith obey thee. I beseech thee receive me under thy blessed safegard, be my buckler, give me thy succour, that I may walke in thy truth before thee, and rejoyce only in thee, O Lord heare me lamentably calling upon thee: O Christ, which art my righteousnes, and innocency, comfort me in all adversity. Heare me mercifully when I call upon thee, make me live in awe of thee, and evermore be afraid to offend thee, or sinne against thee: give me the light of thy countenance, and let me feele, and taste

thy

thy favourable goodneſſe. Gran
me peace and tranquillity, firm
hope, and ſtedfaſt faith in thee
Have compaſſion on me, for I am
ſore vexed. Heale my ſoule, hel
me, and deliver me from all m
ſinnes; for thy mercies ſake hear
my lamentable voyce, heare m
ſorrowfull cry, grant my petition
confound my enemies, deliver m
from all inconveniences, free m
from all griefe and heavineſſe
grant I be not overcome with th
deceits of the wicked; lighte
mine eyes, that I may rightly di
cerne thee, and walk conſtantly
the way of truth, through a ſted
faſt faith. O Lord God, conſide
me, regard me with the eyes
thy mercy. Keep me from ſin, an
ſinners; let my heart rejoyce in th
ſalvation, that I may ſing praiſe
and render thanks unto thee fo

hat thou haſt delivered me from
ll my ſinnes and tranſgreſſions;
ree me from all impiety and igno-
ance, that I may earneſtly ſeeke
hee; keepe me as the Apple of
hine eye, defend me under the
hadow of thy wings, and ſatisfie
me with the deſire of thy glory:
hew me thy way, teach me thy
athes, deliver me from all un-
odlineſſe, wipe out all my ſins
nd offences, and clearely forgive
me all my miſdeeds, for thy moſt
eare mercies ſake, **Amen.**

A moſt godly prayer for repentance, and life everlaſting.

O God Almighty, that haſt created me of nothing in the Celeſtiall forme of mankind: and by thy holy Word governed and taught me to know, confeſſe, honour, and ſerve thy omnipotent Majeſtie,

Majeſtie, ſo, as where I was farre from thee by ſin, I am now by thy grace brought neere thee, and reconciled to thy favour as a ſonne. Therefore as one environed with many ſorrows, perils, wretchednesſe, and calamities, amidſt the ſwarmes of innumerable enemies that ſeeke to ſpoile me: I call for thy help, which art the onely ſure and invincible fortreſſe wherein I may be ſaved. O Father, ſtretch forth thy mighty hand, and give me a joyfull victory againſt the power of the malicious enemies that would ſpoyle me: from the bottome of my heart I cry unto thee to ſave me, and for the love of thy deare Sonne, deliver me from all ſin, and the power of darknes, and by thy holy Spirit leade and guide me in the light, and pathes of thy moſt glorious and heavenly

grace,

grace, that in this ſhort and tranſitory life (be ſet round with many ſtormes, perils, and deceits to perdition) I may alwaies cleave faſt unto thee, and utterly deſpiſing all earthly pompe, and vanity, I may poſt unto the Port of perpetuall peace and ſafety, there to poſſeſſe the triumphant and eternall joyes which are prepared for thine elect.

Open the eyes of thy fatherly pitty I beſeech thee, and give me grace earneſtly to repent my miſdeeds; put away my ſins and forgive me all my offences: renew whatſoever is decayed in me, either by the fraud and deceit of the devil, the vanities of the world, or my own carnall will and frailty; let me put my whole truſt in thy mercy, impute not my ſins unto me, but take me into thy favour,

vour, and bleſſing: ſtrengthen me with thy holy Spirit, powre upon me the manifold gifts of thy grace, the ſpirit of Wiſdom, Truth, Meekeneſſe, Love, Peace, and Patience, that I may live here in this life godly and vertuouſly, die in thy faith, and feare, and raigne with thee in the world to come in everlaſting glory, Amen.

A prayer of thankeſgiving, and for remiſſion of ſinnes.

O Almighty, and eternall God, our gracious and mercifull Father, all praiſe, honor, and glory be given to thee. O let me extoll, and praiſe thy name for ever and ever: for thou heareſt my Prayers, granteſt my requeſts, and abundantly poureſt thy graces and benefits upon me; thou choſedſt me before all eternitie, write

my

my name in thy booke, and made me fellow heire of thine everlasting kingdome, I will praise thee for creating me after thine owne similitude and image, in wisdome, innocencie, holinesse, and righteousnesse, little inferiour to the Angels: for redeeming my soule and body from destruction, for forgiving me my sinnes, and delivering me from death everlasting. I thank thee for that precious Iewell of thy sacred Word, for teaching and comforting me, for preserving my soule and my bodie in health, peace and libertie, for the use of thy good creatures, both for my necessity and delight, for food to nourish me, apparell to cloath me, the benefit of rest to refresh mee, O gracious God, give mee thy speciall grace, that I may morning and evening, and at all

times praise and highly magnifie thee, and ever offer this sacrifice, even the calves of my lips unto thy heavenly Majestie: sanctifie my senses to thy honour and glory charge thine Angels to pitch their tents about me and save me. Give me power and strength against Sathan, sinne, iniquity, and all ungodlines, and let me never more offend thee: blesse my endevours the beginnings and issues of all my affaires, fill my heart with thankfulnesse to thee, and charity to others, protect mee in all places, defend me from all dangers, and let thy blessings be with me whersoever I become. O Lord grant mee grace still to praise thee & ever heartily to pray unto thee: good Lord heare me and freely forgive me all my sinne for Iesus Christs sake: To whom

with thee, and the holy Ghoſt, be all prayſe, thankes, honour and glory, now and for evermore, Amen.

A very devout Prayer for repentance, and all other things whatſoever needfull, and life everlaſting.

O Moſt mighty God of Angels and men, whoſe wiſdome is infinite, and judgements unſearchable, heare the prayers of thy ſervant, and give eare to the humble petitions of thy poore creature. O let me incline my ſoule unto thee, and ſet my eyes upon thee; turne thy anger away from me, and let me finde favour in thy ſight. Heale my ſoule that hath ſinned, free me from my tranſgreſſions, plucke me from my offences, for I acknowledge my

faults; and am ſorry for my ſinnes. Pride and arrogancy hath beguiled me, fooliſh boldnes overtaken me; and my owne counſels, and devices miſled me, thou haſt counſelled me, and I followed it not, thou didſt ſtrike me, and I regarded it not, thou didſt correct me, and I received not thy diſcipline: Have mercy upon mee. O Lord, Have mercy upon me, I moſt humbly beſeech thee, heare my prayers, forgive the ſinnes of my youth and turn thy diſpleaſure from me, Come unto me O Lord, and ſave mee, deſtroy not my ſoule whom thou haſt ſo mightily redeemed, but ariſe and deliver me, ſave me for thy mercies ſake: grant me ſorrow for my ſinnes, and a fountaine of teares for my offences, that I may dayly bewaile my iniquity. Let my prayer enter into

thy

thy preſence, and my cry come unto thee: helpe me in my troubles, heare my prayers, and freely forgive me all my ſinnes, O God Almighty, behold me thy unworthy ſervant, give me thy holy ſpirit, fervently to deſire thy kingdome, acknowledge thy will, and worke thereafter: give me wiſedome, conſtancy, patience, and ſtrength in thee: let thy mightie arme preſerve me from the invaſion of the Divell, the curſings of evill tongues, the malignity of the wicked world. Give me grace to repent my miſdeeds, bee ſorry for my ſins, and penitent for my offences. Make me love juſtice, hate wrong, and abſtaine from evill: take care of my ſoule, forgive me my ſinnes, and ſave me thy ſervant Give me what thou wilt, as much as thou wilt, and when thou wilt,

doe with me as thou wilt, put me where thou wilt, and in all things rule me as thou wilt: grant me grace to deſpiſe worldly vanities, mortifie carnall affections, and give my mind wholly to heavenly Meditations: aſſiſt me with thy grace, ſtrengthen me with thy heavenly power, comfort me with thy holy Spirit, that neither my cruell enemy, my wretched fleſh or ſubtile Spirit, have dominion over me. Deliver me O Lord, I beſeech thee, from the cares of this world, keepe me from bodily neceſſities, let me not be overcome, with voluptuous pleaſures of the world, the allurements of the fleſh or inſtigation of the Divell. Let not fleſh and blood overcome me, the world with his vaine glory deceive me, nor the fiend with his manifold crafts ſupplant me, but

give

give me ghoſtly ſtrength in reſiſting them, patience in ſuffering them, and conſtancy in perſevering to the end. Give me for worldly delights, the ſweet conſolation of thy holy Spirit: for fleſhly love, the fervent love of thee and thy heavenly wiſedome; that I may ſeeke thee, find thee, and above all things faithfully ſerve thee: In temptation ſtrengthen me: in tribulation ſuccour me, and from all my enemies, both bodily and ghoſtly, freely deliver me. Give me grace to deſpiſe all worldly things, all motions of ſinne, and let no vanity deceive me. End (O Lord) my miſeries, deliver me from the bondage of ſinne, and grant me a full ſight and contemplation of thy glory, thorow Ieſus Chriſt our Lord and Saviour, Amen.

A Prayer or Meditation, whereby the contemplation of light and darkeneſſe is ſtored up with a remembrance of the ſhortneſſe of our life, and for life everlaſting.

AS my body, O Lord, is compaſſed with thy bleſſed light, ſo let my mind with thy heavenly light be illuminated, and as thou giveſt me corporall light, ſo I beſeech thee give me ſpirituall light, for I ſurely beleeve my body ſhall be as cleare as the Sun, in the day of Iudgement, and as the Sun riſeth in the morning, is higheſt at noon, and in the evening draweth downward, ſo my life, & allthings in this world (how glorious ſo ever) being at the higheſt, decreaſe & weare away: grant me therfore (O God) a quiet and contented mind, which is moſt like thy holy

ly Nature. And as houſes are ordained to keepe us from the injury of weather, cruelty of beaſts, diſquietnes of the people, & dangers of the world, ſo grant moſt gracious Father, that my body may enter into thy heavenly Manſion, wherein my body and ſoule may have reſt, peace & joy everlaſting. Oh take from me this vaile of ſin, and let me have ever cleare light in my mind: and as I am not ſorry when the Sunne goeth downe, ſo let me rejoyce in death, whereby I come to thy heavenly habitation. Thou which art the Author of light, take away the dimneſſe of the mind, and let me ſee clearely, let thy word be a Lanthorne unto my feete, and a light unto my paths: as after the day I give my ſelfe to reſt in the night, ſo moſt meeke Father, govern, and prepare

me, that after this life, I may reſt and live with thee in eternall glory. Nothing is ſo like life as day, nothing is ſo like death as night, nothing ſo like the grave as the bed, and as I feare not to enter my bed and ſleepe, ſo let me not feare to die, but prepare my ſelfe for it, that after the temptations, troubles, and tempeſts of this world be ended, I may enjoy that heavenly, pleaſant, and delectable reſt, that is prepared for thine elect, which grant me ſweet Father, for thy Sonne my Saviour Ieſus Chriſt his ſake, to whom with thee, and the holy Ghoſt, be all honour, and glory, Amen.

A prayer to ſpend our life ſo, as we may live in Heaven eternally.

DEare Father, God of heaven and earth, I miſerable and ſin-

full creature, do proſtrate my ſelfe before thy Majeſtie, deſiring thee from the bottome of my heart to be mercifull unto me, and though I am not worthy to receive the leaſt favour of thee, and from thee, yet of thy fatherly care over me, thou giveſt me thy bleſſings abundantly, yet my weake nature is ſuch as I forget from whence theſe good graces flow, and am no way thankfull for the ſame, but like the gurmundizing Glutton, continue in my vaine deſires and worldly pleaſures which in a moment ſhall vaniſh: endue me therefore moſt deare Father, with thy holy ſpirit, and give me grace to ſpend the ſhort Pilgrimage of my life, wholly in thy teſtimonies, that I may joy in the ſervice of thee, & continually be carefull to pleaſe thee, ſo that when thou ſhalt mow

up

up the roote of this tranſitory life, I may be ready like the wiſe Virgins with my lampe burning, that ſo paſſing from this darke vale of miſery, I may be received to thy bright joy and everlaſting habitation, Amen.

A Prayer to God to take care for us, preſerue us, and forgive us our ſins.

O Father that madſt the light, lighten mine eies, that I ſleepe not in death, and let not my enemies or ſinnes prevaile againſt me, drive from me the darkneſſe of ignorance, and illuminate me with thy holy ſpirit, that I may deſpiſe the deceitfull delights of this world, and earneſtly ſtrive for the true joyes of heaven, that I may hartily forſake al tranſitory things and endevour to attaine things eternall, preſerve me from the aſ-

faults

ſaults of the divell, keep me from all ſinne, and deliver me from ſuddaine death, grant me ſolace in tribulation, aſſiſtance in temptation, and after death ſaue me from condemnation. I beſeech thee, and from the bottome of my heart intreate thee, to direct me in the way of thy commandements, that I may begin, continue, and end my life to thy glory and the ſalvation of my ſoule: keepe me from ſin, reſtraine me from iniquity, coole the heat of my concupiſcence, that raigneth in mee, let me leade the remnant of my life in thy feare, and love; direct my heart, body, ſenſes, ſpeeches, and actions in thy law, and workes of thy Commandements, that leaving the delights of this world, I may thirſt for thy Kingdom. Curb the divell that he hurt me not, grant me thy

mer-

mercy and forgive me my ſinnes. Furthermore, O Lord, give me purity of heart, auſteritie of the fleſh, mortification of my appetites. Watch my eyes, and bridle my tongue; let me deſire nothing but thee, and be ever more mindfull of thee. Give me humility of heart, patience, obedience, meeknes, charitie, conſtancy, and endue me with thy heavenly grace, and Chriſtian goodneſſe, Amen.

A prayer for the ayd and protection of God in our affaires.

O Omnipotent eternall God who art the life, the way, & the truth, behold I walke among the temptations of the Divell, the ſnares of the world, and frailtie of the fleſh: open, therefore, O Lord, my eyes, be thou my guide and

and conduct me right; be in my way, O Lord, my ſuccour and ſolace: in heate a ſhelter: in cold a garment: in wearineſſe a reſt: in ſhipwracke a haven: guide me in thy paths, and teach me thy waies: beat me downe and humble me, that I truſt not in terreſtriall things but erect my ſpirit & mind to heaven; and thereto faſten my hope direct my intent to that end, and let me ſo live on earth, as I may be received into thy everlaſting kingdom. Grant that I may learne ſo to reſt in thee, and truſt in thy bleſſings: that I may abſtaine from all evill, looke after celeſtiall riches and learne to be content with what it ſhall pleaſe thee to beſtow upon me: Lord have mercy upon me, and heare my prayers, turne my ſins frō thee, and ſave me for thy mercies ſake; there is no man

can heale me, nor deliver my ſoule but thou, O Lord, My deſtruction commeth of my ſelfe, my hope and ſalvation ſtandeth onely in thee, in the time of reconciliation heare me, in the day of death deliver me, and for thy mercies ſake have mercy upon me: be mercifull unto me, which have none but thee to helpe mee, deſtroy me not becauſe of mine iniquity, nor be no longer angry with me; let my prayers aſcend unto thee, and be thou my health and ſalvation: I acknowledge I have many wayes from my youth hitherto moſt grievouſly offended thy divine Majeſtie, for which O God be merciful unto me a moſt wretched ſinner, forgive all that is paſt, ſave and defend me from all evill hereafter, confirme me in a godly life, to the honour and glo-

ry of thy bleſſed name, Amen.

A very good Prayer for forgiveneſſe of Sins.

O Celeſtiall Lord, Omnipotent and Eternall Father, I bleſſe thy divine Majeſtie, I praiſe thy infinite bounty & mercy, I magnifie thy eternal wiſdome and truth, which with thy mighty hand haſt ever defended me from all perils, dangers, and enemies: comfort me cheriſh me, maintaine me, and for ever hereafter defend me, that my mouth may ſet forth thy glory. Praiſe the Lord, O my ſoule, I will praiſe the Lord, and all my life ſing praiſes unto his holy Name. Preſerve and defend my ſoule and my body from all perils, preſerve me from worldly ſlanders, drive mine enemies from me, guard and protect me that I never offēd thee

or

or with my ſins grieve thee, early in the morning let me ſeeke thee, in the evening let me praiſe thee: & be ever carefull to pleaſe three: puniſh me not according to my ſins, but be mercifull unto me for thy great goodneſſe, and mercies ſake. Reprove me not, O Lord, in thine anger, nor correct me in thy diſpleaſure: ſhew me thy mercy, and grant me thy ſalvation; free me from thine anger, deliver me from ſudden death, & ſave and keep me from eternall damnation. Grant that I may ſo follow holines all my life, that thy glory may ſhine in my good works & that I may enterpriſe nothing, but that which ſhall be to thy praiſe and glory: Exempt me from the world & all filthineſſe of the fleſh, keepe me ſo diligently, that I may follow true goodneſſe and piety. Grant I may

may apply my heart unto thee, purge it from all immundity and filthines, make me abſtaine from all evil deeds, deceits, and cruelty. Deliver me from ſin, wickednes, and all evill; ſend thy holy Angell to guide me in my doings, and keepe me in thy waies, that I may not doe, thinke or will any thing contrary unto thy holy will and commandements: let me ſing and rejoyce before thee, worſhip and ſerve thee, and come into thy preſence with mirth. Thou maieſt me. I am a ſheepe of thy flocke, remember not O Lord the ignorances of my youth, but according to thy great mercy be mindfull of me; turne my wailing into joy, cut my ſack of ſorrow into pieces, and cloath me with celeſtiall gladnes that I may ſing, to thy glory, world without end, Amen.

A good Prayer for a Sinner, & for Gods grace to keepe him from ſin and grant him life everlaſting.

O Lord let thy graces ſpring in my heart, ſuffer me not to periſh with the ungodly, direct me with the rule of juſtice, make plain thy way before me, leaſt the wicked ſpirit put me out of it. Defend me with thy grace as a ſhield gather me under thy wings, and keep me ſafe among thy feathers: ſend thy truth & light to lead me, and bring me to thy holy dwelling. O my ſoule truſt in the Lord, hee is my God and my helper. Have mercy upon mee O Lord, thou God of all things, have reſpect unto me, ſend me thy feare and beſtow on mee thy mercy.

Awake O my ſoule, and ſtand up from death, that Chriſt may lighten

lighten thee with the beames of his mercy: ſhew me the way that I ſhall walk in, and deliver me from mine enemies, for I flie unto thee. Teach me to doe thoſe things that ſhall pleaſe thee, let me put my truſt in thee, and have mercy upon me, looke upon my adverſity and miſery, and forgive me all my ſinne. O keepe my ſoule and deliver me, and let me never be confounded, but be mercifull unto me, and have mercy upon me, watch (O my ſoul) for thou knoweſt not when the Lord will come, watch and pray O my ſoule, that thou enter not into temptation, watch (O my ſoule) faſt and pray, and be ſtrong in faith: ſet a watch O Lord before my mouth, and keepe the doore of my lips, and let not my heart be inclined to evill. O keepe me in thy pathes, that

that my foot-ſteps ſlide not, heare me, and have mercy upon me, knit my heart unto thee, that I may feare thy name: ponder my waies, conſider my meditations, and mercifully heare me: lead me in the right way, let no wickednes have dominion over me, turne all voluptuouſnes from me, take from me the luſts of the fleſh, let not uncleannes take hold of me, give me not over to an obſtinate mind, turne my eies away from vanities, let thy loving mercies come unto me. Suffer me not O Lord, to enter into the way of ſinners, but whēſoever through frailty of my corrupt nature I run aſtray, then O Lord ſtay me, and plucke me backe againe, that I may joy in the deſire of thy law, that I may ever chooſe, and doe thoſe things which are moſt pleaſant to thee,

and

and hate all that offend thee.

Plant me by the waters side, and let me bring forth fruit to thy honour and glory: grant that I may stand in the assembly of the righteous, that I may escape all punishment, be delivered from condemnation; & with thy Saints and holy Angels live in everlasting glory, world without end, Amen.

A confession of sins, necessary to be said at all times, and for forgiveneſſe of sinnes.

O God, and mercifull father, be mercifull unto me, for many enemies fight against me: O God most high, I here prostrate in heart confesse my abominable wickedneſſe, wherein all my life long I have offended thy heavenly Majestie in thought, word, and deed, which are infinite and cannot be numbred,

numbred, make them O Lord, odious and grievous unto me, make them detestable in my sight, give me the grace of true repentance, grant unto me sinfull wretch the forgiveneſſe of all my sinnes, and releaſe me from all paine due for the ſame. Thou haſt commanded us to aske and pray, and thou wilt forgive; to knocke and thou wilt open; grant me O father, I beſeech thee, a continuall and ſtedfaſt faith and onely hope in thee, and in Chriſt Ieſus, that I may cry, O God the Father, have mercy upon me, O God the Son, have mercy upon me, O God the holy Ghoſt, have mercy upon me, O glorious & bleſſed Trinitie, have mercy upon me, and forgive me all my ſins and wickedneſſe, that I have committed and done ever ſince I came into this miſerable world, untill this

this preſent houre: and grant O Father, I wretched ſinner beſeech thee, that I never hereafter fall into any ſinnes or offences. Defend me againſt all my enemies, the Divell the world, and the fleſh; O Chriſt which cameſt into the world, to eaſe thoſe that were laden, to ſeek thoſe that were loſt, to call ſinners to repentance, and to give life everlaſting to the faithfull. I poore ſinfull creature from the very bottome of my heart bewaile and lament my wretched & ſinfull life beſeeching thee according to thy promiſe, to be mercifull unto me, to be my mediator to God the Father for me, that he may fully and freely forgive me all my ſins whatſoever formerly cõmitted againſt thee: and wholy poſſeſſe my heart with thy holy Spirit that he may defend me againſt all perils to

come, which the Divell, the world, or the fleſh imagineth againſt me, and ſo change me into a new man, that my old ſinnes being waſhed away by thy precious bloud, I may walke from Vertue to Vertue, to the prayſe of thy bleſſed name, Amen.

A generall confeſſion of ſins, with a prayer for the remiſſion of the ſame

O Moſt mercifull Lord God, moſt deare and tender Father, vouchſafe I beſeech thee, to looke downe with thy Fatherly eyes of pitty upon me, moſt vile & wretched ſinner, which herein heartily proſtrate before the feete of thy bottomleſſe mercy: I am not worthy to be called thy Sonne, but ſo that thou art the God and Father of all comfort, and deſireſt not the deat

death of a ſinner, but takeſt care to cure my wounded ſoule, poure I pray thee the precious oyle of thy ſweet comfort into my wounds, that I may joyfully run into the lap of thy everlaſting pittie: thou art my hope, and truſt, in whom I only repoſe my ſelfe; I accuſe my ſelfe unto thee, that I have ſore & grievouſly offended thy Almighty Majeſty, in committing grievous and manifold ſins and wickedneſſe that I have not kept the leaſt of thy Commandements, as thy righteouſnes requireth of me: I have not honored thee as a God, nor dread thee like a Lord, nor loved thee like a Father, nor uſed thee as my Saviour. Thy holy and dreadfull Name I have uſed in vaine, I have followed the Prince of the world in concupiſence of the fleſh, in pride of living, in covetouſneſſe,

in gluttony, in hatred, in envie, in backebiting, in deſpaire, and in misbeliefe, but in what manner ſoever I have offēded thy moſt godly Majeſty, I am heartily ſorry for it, even from the bottome of my heart; and in token of my hearty repentance I knock and ſtrike my breaſt, and in the bitternes of my ſoule, I cry and ſay: Lord God Father have mercy upon me, Lord God Sonne, have mercy upon me, Lord God holy Ghoſt, have mercy upon me: ſpare me of thy infinite mercy and grant me thy abundant grace, that I may change my ſinfull life, put off the old man withall concupiſcence, that I may dye unto the world and the world unto me, ſtrēgthen my hart in true humility, perfect love, hope, and truſt in thee. Give my ſoule grace to deſire onely to rejoyce and repoſe

poſe my ſelfe in thee, that I may utterly forſake the vaine affiance of the world, that I may be ready to go with thee whenſoever thou ſhalt come upon me: Be thou O Lord alwayes unto me a Tower of ſtrength, a place of refuge, and defend me againſt the fiend & all deſperation; let thy comfort cleave unto me, thy mercy keepe me, and thy grace guide me. Take O Father, that thou haſt made, take O Son, that thou haſt with thy precious bloud dearely bought, take O holy Ghoſt, that thou haſt kept. & preſerved by thy grace, to draw me neare unto thee. Heare my prayers, forgive me my offences, comfort me in my afflictions, let my ghoſtly enemie have no power on me, but give me ſtrength to withſtand his deceitfull ſnares, let me live to my comfort, die in the

true faith, and rest with thee in thy everlasting Kingdome, Amen.

Another Prayer for forgivenes of sins, & to be guided by the grace of God to preserve and keepe us.

O Maker of heaven and earth, King of kings, and Lord of Lords, which of nothing diddest make me thine owne image, diddest redeeme me with thy precious bloud. I am not worthy in my heart to thinke on thee, nor in my mouth to name thee: therefore I humbly desire thee, and meekely pray thee gently to behold me thy unworthy servant, and have mercy upon me, as thou haddest on the woman of *Canaan*.

Unto thee I confesse my sinnes, have mercy upon me (LORD) for I have most grievously offended thee in pride, covetousnesse leachery,

leachery, vaine glory, hatred, envy, adultery, in diſſolute, and wanton living, in idle words, in thinking, ſleeping, and doing all things wherein fraile men might ſinne: therefore I moſt humbly pray and beſeech thy goodneſſe, have mercy upon me, and forgive me my ſinnes. Thou art my hope, truſt, and defender, my helpe, ſtrength, life, health, reſurrection, and redemption; I therefore moſt humbly pray and beſeech thee, helpe me, defend me, make me ſtrong and comfort me: Viſit me, and receive me; I am thy ſervant and bondman (though evill and a ſinner) therefore I flee unto thee to be received. If I be uncleane, thou canſt make me cleane: If I be ſicke, thou canſt heale me: If I be dead, thou canſt revive me, for thy mercy is more then my ſins,

and thou canst forgive more then I can offend: Therefore O Lord consider not the number of my offences, but according to thy great mercy have mercy upon me, say unto my soule, thou art my salvation. O be not angry with me, but most meeke Father, for thy mercies sake, forgive me all my misdeeds, grant that I may truly know thee, with my heart beleeve thee, and mouth confesse thee. Purifie my heart with the fire of love, mortifie in me whatsoever is amisse, garnish my mind with thy heavenly benefits, and spirituall gifts, arme my soule against the crafty assaults of the subtil Serpent the vain pleasures of the world, & the lewd lusts of the filthy flesh.

O Saviour have mercy on me, which have committed many sins against thee, and have mis-pent the gifts

gifts of grace, that thou ſo lovingly diddeſt give me: be mercifull unto me, O bountifull Lord, and I will wholy put my truſt and confidence in thy mercie. Let me ever dread thee, love thee, and ſerve thee, withall my heart, mind, will might, power, and ſtrength, of ſoule and body: and grant that I may doe all things according to thy will: let all my offences be forgotten before thee, and make me perſevere in vertuous living, that I may order my ſelfe in this world to thy will and pleaſure: let me depart out of this world in a clean and pure life, for the comfort and ſalvation of my ſinfull ſoule, and moſt mercifull Lord I pray thee, to give me ſtedfaſt faith, true hope, and fervent charity, give me thy grace and mercifull ayd in all my wayes to purſue & follow thy will

and commandements, to eſchew my owne fraile will and deſires and falſe enticements ſo in this life, as I may live a true Chriſtian, and after death behold thy moſt glorious face in Heaven, Amen.

A devout prayer for all Chriſtians.

O Lord, which haſt vouchſafed of thy unſpeakeable goodnes to make and ordaine me thy creature, to live in this tranſitory life, giving me a reaſonable ſoule by which I know thee my Lord & my God; O moſt bleſſed Lord I wretched ſinner, cõfeſſe my wicked and abhominable ſins; I humbly aske thee mercy & forgivenes for the ſame: grant me thy ſtrength to ſtand ſure in faith, thy knowledge to work thy bleſſed wil, thy power to reſiſt all errors, and wic-

ked

ked imaginations, thy wiſedom to know the truth : give me thy help I humbly beſeech thee, that thy holy ſpirit may guide me,& all the thoughts and deſires of my heart, for the thoughts of men are miſerable,& their deeds uncertain:cõfort therefore my ſoule,let it walk in thy lawes & waies,and work thy wil,ſuffer no worldly perſwaſions to take place or root in my heart, but by thy holy ſpirit,ſo direct my wayes & works that they may be acceptable in thy ſight. Suffer not my ſoule to periſh,whom thou haſt ſo dearely bought, but have mercy upon me,make me poore in ſpirit,low in heart, content with my calling,& let my ſoule reſt in thee; let me love thee as a Father,a forgiver,a Saviour ; & feare thee as a Lord,a judge a revenger.O Father put from me my ſin & wickednes,

make

make me to walke in the way of thy Commandements: let me reverently feare thee, and ſtand in awe of thy judgemẽ:s, let me love thee as a Saviour, honour thee as a Lord, and feare thee as a Iudge. Grant me grace to ſet thy feare before me, to ſtand in awe of thee, & of thy iudgements, that I doe nothing to provoke thy heavie diſpleaſure againſt me, that I may walke in thy feare and holy ordinances, and imbrace thoſe vertues that ſhall evidently declare my faithfull love, true honour, unfained repentance, and humble feare, towards thee. Have mercy, pitty and compaſſion upon me moſt miſerable ſinner; for my offences are horrible, great and grievous, but I appeale to thy mercy, which is above thy workes: O let me live with thee eternally and not die though

though I have deſerved it; make me a veſſell of thy mercy, that I may prayſe thy name: let not my ſinnes ſever me from thee, but let me magnifie thy power & mercy. O gracious God, give me true, heartie earneſt, & unfained repentance, that I may from the bottome of my heart continually lament my manifold ſins and tranſgreſſions, my unthankfulnes towards thee, for all thy mercifull benefits abundantly beſtowed upon me. Alas that ever I became ſo wicked and unkind a creature, to diſpleaſe ſo good a Lord, ſo loving and mercifull a Father. O forgive me all my ſinnes that ever I have committed againſt thee; let me never more offend thee, but alwaies gladly ſerve thee in righteouſnes and holineſſe all the dayes of my life: governe and guide my heart in thy

thy faith, feare and love, that in all my thoughts, words, and deeds I may glorifie thy holy Name, to whom be all glory, praiſe, power, and dominion, now & evermore, Amen.

A faithfull prayer very fit for all perſons.

O Moſt excellent goodneſſe, withdraw not thy mercy; O moſt mighty Maker, deſpiſe not thy worke; O moſt prudent Redeemer, ſuffer me not the price of thy redemption to periſh; O moſt gentle, ghoſtly, and heavenly hoaſt, purifie, ſave, dreſſe & keepe thy houſe and dwelling place in me. O moſt bleſſed, charitable, ſweet & bounteous Ieſu, O moſt excellent glorious, merciful, deare Ieſu and ſweet Saviour, have mercy upon me, and freely forgive me all

all my ſinnes. O make me love thee, turne to thee,& be ſorry,and contrite for my wickedneſſe: let me remember thy benefits, meekneſſe, painfull and bitter paſſion: thy patience, obedience,love,and charity: ſanctifie me that I may worſhip thee, magnifie thee, and heartily love thee with true reverence and devotion. As thou art moſt dreadfull make me to dread thee: as my Father to love thee, as my Lord to ſerve thee: dwell in my ſoule by grace,mercy,charity and cleanneſſe. O wound my heart with thy moſt holy wounds moiſt my mind with thy moſt precious bloud; that whatſoever I doe, or whereſoever I turne me, I may behold thee crucified, and thus beholding thee, I may fixe my mind on nothing but onely on thee: and I beſeech thee

that

that thou wilt vouchſafe of thy goodneſſe to direct, ſanctifie, and keepe my ſoule, and my body, my ſenſes, talke, communication, and all my doings in thy holy lawes and workes of thy Commandements: that thy holy Angell may be with me to direct me in the way of peace, truth, and health, that I may be whole, ſafe and free in thee, and by thee, both here and in the world to come. Heare me and ſave me O King of glory, which liveſt and raigneſt world without end, Amen.

A very good Prayer to God, to take from us all evill things, and to give us all good things.

GIve O Lord God, unto my heart repentance, to my ſpirit contrition, to my eyes a fountains

taine of teares, to my handes abundance of Almes, and put out of me the deſires of the fleſh, & kindle in me the fire of thy love: put out of me the ſpirit of pride and vaine glory, and give me true humilitie: take away from me, O Lord, the fury of anger, and give me the buckler of patience, plucke from me rancor, and malice of mind, and give me meekneſſe of ſoule: give me (moſt gentle Father) a ſtedfaſt faith, ſure hope, and continuall charity. O God turne from me vanitie, unconſtantneſſe of mind, wantonneſſe of body, lewdneſſe of talke, a high mind, exceſſe of dyet, evill ſpeaking of others, covetouſneſſe of riches, greedines to rule, deſire of vaine glory, the vice of flattering, deſpiſing the poore, oppreſſing the weake, unſatiable avarice, and deadly

deadly blaſphemie.

Take from me undecent raſh-
neſſe, ſtubbornneſſe, unquietneſſe
idleneſſe, ſluggiſhneſſe, dulneſſe
blindneſſe of heart, obſtinacy o
underſtanding, cruelty of condi
tion, diſobedience of that is good
and give me, O God, for thy deare
Sons ſake, the workes of mercy
and affections of piety, to ſuffer
with the afflicted, to counſell the
evill, helpe the miſerable, ſuccour
the needy, comfort the ſad, ayd the
oppreſſed, relieve the poore, mone
them that weepe, pardon my deb-
ters, ſpare them that offend me
love them that hate me, do
good for evill, embrace vertue
reject vice, and live in all goodnes
O God, make me rich with th
gifts, defend me with thy muniti
on, give me the ſtrength of th
Salvation: be my ſhadow in th

day of battell, my deliverer in the time of affliction, my ayde in tribulation, my light in ſalvation, and conduct me to thy everlaſting reſt, that I may live with thee in eternall glory, Amen.

A very good prayer for Gods ayd, forgiveneſſe of ſinnes, and life everlaſting.

O Chriſt that calleſt all men unto thee, ſpread forth the beames of thy light that we walk not in darkneſſe, for thou art the way to heaven, and ſun of righteouſneſſe: in thy Croſſe, we triumph, in thy ſhame we glory, by thy paine we have peace, in thy teares joy, in thy ſorrow comfort, in thy death life.

I humbly beſeech thee therefore, poure upon me the ſpirit of wiſdome, grace, and mercy, with the

the force of his beams, to drive a
way the darkneſſe of my min
and with this fire, purifie my pe
verſe affections; with his celeſtia
Lampe kindle in my heart the tr
zeale of glory: with his holy oin
ment embalme my conſcienc
with his Fatherly oyle, refre
my bowels, and with his vertue
new in me an upright heart,
clenſe my ſoule from dead work
and repleniſh me with righteou
nes, that I may overcome Satha
the world the fleſh, and my luſts
above all let me have the true co
ſolation of a faithful ſoule, his jo
quiet and content. Thy Wo
is unto us the Image of glory, t
Law of thy Kingdome, the ladd
to Heaven, the Gate to Paradi
the treaſury of piety, vertue, wi
dome, conſolation, and perfectio
yet the groſſeneſſe of our fleſh is

ignora

norant and perverſe, that it will ither ſee thy ſpirituall riches, r heare thy true and wholeſome ctrine: but taketh the Thorne r the Roſe, the Leafe for the ruit, and the Huske for the Ker-ll.

I humbly beſeech thee there-re, moſt mercifull Father, to ide me in the underſtanding of y truth, and inſtruct me by thy irit to make me perfect in the inciples of ſalvation, the true owledge of thee, and of faith, ietie, and righteouſneſſe, to be-eve in thee, and Ieſus Chriſt y only Sonne, to glorifie thee, ve thee, feare thee, & ſerve thee. rant that my thoughts may be pleniſhed with ſtedfaſt hope, pported with aſſured expectati-n to obtaine the Celeſtiall riches hich no eye hath ſeene, eare hath

hath heard, or underſtanding com
prehended, that I may behold th
countenance, live in thy Kingdom
enjoy the ſociety of the Angels
be a fellow-heire with the glo
rified ſpirits, to be fully unite
unto Chriſt, and by him to th
Father and Fountaine of eterna
life, & ſo poſſeſſe everlaſting joy
and let the hope of enjoying th
happineſſe be my thought, plea
ſure, labour, habitation, and onel
vocation; and grant me grace t
turne my courſe, that in the en
I may obtaine the Diadem wher
with thou crowneſt thine elec
that I may prayſe and magnif
thy name, world without end, A
men.

A Prayer for remiſſion of ſins, an
to God to aſſiſt us to live we
and to free us from ſinne, an

to live in Heaven eternally.

O Lord my God I will glorifie & prayſe thee with thankeſgiving: give me thine ayd, ſave and deliver my ſoule out of the deepe Dungeon, keepe me from the pit of deſtruction, take all trouble from me, let my life be agreeable to thy deſire, take away my evening lamentation, and give me the joy of the morning conſolation. O Lord heare me, have pitty upon me, and be merciſull unto me; take from me all heavineſſe, fill me with thy gladneſſe, that I may render thee thanks, and my tongue ſing thee prayſe without ceaſing. Have mercy upon me according to thy benignity, for I am oppreſſed with ſins & offences: abſolve, purge, and waſh me from all

all iniquity. Put me not from thy presence, give me a right spirit, the comfort of thy salvation, and rest to my poore conscience, that I may be sure of the free remission of all my hainous sinnes. Give me (O Lord) a mouth, and wisdome to resist my adversaries: keepe me pure and undefiled in thy law; and that I may doe nothing but that thou requirest of me, let me never want sure hope and firme trust in thee. Fasten and imprint thy lawes in my heart, that I never sinne against thee; Teach me thy judgements and give me a readie will to performe them; fortifie me with thy word, and let my heart be enclined unto it, & not to covetousnesse, pride, or any other wickednesse. Instruct me in that that is good, be thou my portion, and for thy mercies sake, have mercy upon

on me: keepe me diligently, and watchfully & let not my feet ſlip, ſhadow me with thy right hand, & keepe me ſafe from the wicked. Deliver me from all evils; guide my going forth, and comming home, and keepe my ſoule from ſinne. Let me, O Lord, cry unto thee and heare me ſpeedily: let my prayer be as ſweet Incenſe before thee, that I may call upon thee, daily and continually; keepe me from evill, and let me not live diſſolutely: defend me from impietie and all erronious and foule offences, let me caſt mine eyes upon thee, hope onely in thee, and ſtay me wholly upon thee.

Save my ſoule, let it not periſh, & deliver me from the vanities of the world, enticements of the fleſh, ſuggeſtion of the Devill, and the ſnares, ambuſhes, and deceit-

full conſpiracies of the wicked, that I may laud and prayſe thy holy name in this World, and in the world to come. To our God eternall, immortall, inviſible, and onely wiſe, be all honour and glory, both now and evermore, Amen.

A very earneſt Prayer for Gods ayd, and forgiveneſſe of our ſinnes.

O Father, I beſeech thee for the love of thy Sonne bring my ſoule out of priſon, to prayſe thy holy name; deliver me from the bonds of ſin, and reſtore me to life everlaſting: when ſhall I come and appeare before thy face? when will the comfort come I wait for, when ſhall I ſee the joy I look for? and be ſatisfied with the glo-

ry I long for? Strike Lord my hard heart with the ſtrong point of thy dear love, pierce it with thy mighty power unto the very bottome, that my head may bring forth water and mine eyes a fountain of teares, to mourne and lament my manifold ſinnes and offences.

I beſeech thee kneeling on my knees, and humbly intreat thee, that thou wilt with the eyes of pity, looke upon me thy unworthy ſervant, and have mercy upon me O Chriſt, whom I have greatly offended in thought, word & deed Pardon my offences, and clearely forgive me all my ſinnes. Heale my iniquities, and I ſhall be ſafe. Governe and defend me, ſtrengthen and comfort me, deſpiſe me not O Lord, nor note the number of my ſinnes, but according to the multitude of thy mercies pity

me, favour me, have mercy upon me, and forgive me a moſt grievous ſinner. Convert me O Lord, and for thy mercies ſake keepe me, that I may with true repentance heartily bewaile my ſins. Save me, for thou art the true ſafety, have mercy on my ſinfull ſoule, looſe the bands thereof, blot out my tranſgreſſions, ayd me and forſake me not, O God of my comfort. O my ſoule, lament, mourne, & weepe, till thou be joyned to thy Bridegroome Chriſt. Thou bidſt me knocke, O Lord open unto me, ſtrengthen me that am weake, reſtore me that did periſh, raiſe me that was dead, guide and governe all my ſences, thoughts, and deeds, that henceforth I may ſerve thee, love thee, and dive with thee. Grant me an humble and contrite heart, with

abundance of teares, and ſorrowfull ſoule for my ſins. Give me compunction of heart, humilitie of mind, and a pure conſcience. O Ieſu pardon my ſoule, pardon my ſinnes, my evils, and my offences. Let me earneſtly deſire, advisedly ſearch, truly know, and perfectly fulfill all things that pleaſe thee, Give me thy heavenly comfort, deſpiſe not my ſinfull ſoule, forgive me all my ſins, and bring me to thy holy habitation, for my Saviour Ieſus Chriſt his ſake, Amen.

A good Prayer for Gods aſſiſtance, and repentance.

O Loving Father, have mercy upon me, pardon my frailtie, ayde me in infirmities by the power of thy grace, ſtrengthen me againſt the concupiſcence, of the

filthy fleſh, the illuſions of the fooliſh world, & the ſubtile aſſaults of Sathan, that I may grow in all goodneſſe and heavenly perfection. Of thy Fatherly goodneſſe heare my prayers, & for the glory of thy name forgive me my ſinnes & grant my petitions, look favourably on me thy fraile and wretched creature, humble my heart to the repentant confeſſion of my ſins, give me the helpe of thy holy Spirit, to amend my ſinfull life, bleſſe and guide all my thoughts, words and workes with thy heavenly grace, that I may in all things obey thy heavenly will. Reforme me, bleſſe me, and in thy tuition preſerue me, poure forth the abundant bounty of thy good gifts upon me, that in the riches of peace, joy, & love, I may praiſe and magnifie thee. O mercifull Father,

ther that haſt delivered me out of the bands of death and darknes have mercy upon me, and for thy ſweet Son my Saviour Chriſt his ſake, comfort, guide, and ſtrengthen me in thy holy Spirit, hold continually thy holy hand over me, that no flattery, illuſions, nor inchantment of this world deceive me, and that no troubles, malice, ſtripes, perſecution, feare, tyrannie, torments, nor death, may ever ſeparate me from thee: but deſpiſing the world, the fleſh, and the Devill, I may in joyfull hope waite for, and deſire the comming of our Redeemer, for the delivery of the bleſſed Saints to appeare in thy gracious preſence in our renewed bodies, glorified, and immortall, there to dwell with Angels, and Archangels, evermore praiſing thy heavenly Majeſtie. O

Lord, that hast made us the children of light, have mercie upon me, yea, Lord have mercie upon me; and for thy name sake looke favourably upon me, stand fast by me, let me be constant in faith, humble and obedient to thy holy will, and correction, patiently waiting thy good pleasure and determination in all things, make me abound in love and meeknesse rejoyce in vertue, and true holinesse, and glad my heart in the assured truth of thy promises: helpe me with thy grace, pardon my weaknesses, and deliver me from the evils I have deserved, and in all troubles, wealth, neede, health, sickenesse, joy, sorrow, life, and death, make me put my whole stay, hope, and helpe in thy Fatherly mercy and goodnesse. Relieve me with thy grace, strengthen

hen me with thy holy Spirit, that
may overcome and vanquish all
he suggestions, temptations, and
onspiracies of Sathan, and his in-
ernall Armies: withstand the ma-
ice, persecutions and troubles of
his wretched world, triumph in
eavenly victorie, and wholly re-
oyce in the praysing and lauding
f thy holy name, now and for e-
er, world without end, Amen.

A Prayer for remission of sinnes.

O Soveraigne Creator of all
things, when I consider thy
ajestie, whom I have with my
s offended, I doe shudder at my
vn misdeedes, and I abhorre my
icke dnesse, because I have forsa-
n so gracious and bountifull a
ther, vouchsafe therefore most
rcifull God and loving Father,
pardon and forgive me all my

vanities, miſdeedes, and offences govern and guide me by thy holy ſpirit in all my wayes, that I may live all the dayes of my life according to thy holy and heavenly Commandements. By the multitude of thy mercies, wipe away my iniquities, let my ſuite enter into thy preſence, and ſave me thy ſervant, ſhew me thy mercie comfort my heart with the celeſtiall joy, and pleaſure of thee, that may for ever reſt with thee in the land of the living. Have pitty upon me, and according to the multitude of thy great mercies, wipe away my ſins and cleanſe me from all my unrighteouſneſſe, draw my ſoule out of ſinne, unto the liveing fountain of the life everlaſting: fill my mind with the ſtreames of thy pleaſure, and overcome my heart with the ſweetneſſe of thy Lo

and grant that I may long with all my heart, and labour, with my whole endevour, to attaine to the unconceiveable joyes of the life everlasting: embrace me with thy armes of mercy, shew me thy loving countenance, pluck me from the earth, and earthly things, open my mouth to call upon thee, my eares to heare thee, my eyes to behold thee, and let all that I doe, say, heare or see, be onely to thy glory. Let thy grace still accompany me, let me continually crave it, and earnestly endeavour to keepe it, scoure from me the spots, which by my daily sins I have cast upon the whitenesse thou gavest me, that I may be pure and cleare before thee. Bind up the sores of my sinfull soule, wash it with thy precious bloud, annoint it with the oile of holinesse, repaire that heavenly,

heavenly image within me by ſin defaced, and againe adorne it with thine owne righteouſneſſe, that I may ever hereafter praiſe thee. Mortifie all my deſires of wealth, pleaſure, riches, glory, favour, and all earthly things whatſoever, and that I may evermore readily and willingly do thoſe things, that may pleaſe thee. Give me conſtancy and ſteadineſſe of purpoſe, that my thoughts may not be found fleeting or uneffectuall, but that I may with an unmooveable mind do all things for my comfort, and to the honour and glory of thy holy name, through Ieſus Chriſt my Lord & Saviour, Amen.

A Prayer for remiſſion of ſinnes.

RIghteous, and mercifull God, which art cleare from ſpot, and

and ſin, I miſerable and wretched ſinner, acknowledge my wickednes, and with humble and ſorrowfull heart, bewaile my filthineſſe, whereby I have polluted that Image imprinted within me at my firſt Creation. I openly confeſſe that many and great are my ſins, my offences wonderfull, my tranſgreſſions infinite, even as the ſand of the Sea, that cannot be numbred, for all my cogitations are prone to evill evermore: who knoweth O Lord his ſin, and can recite his tranſgreſſions? I confeſſe my offences, and my ſinne is alwaies before me: againſt thee only have I ſinned, and done evill, I was borne in ſinne, and thoſe ſins have I multiplied in my daily tranſgreſſions, and have deſerved thy diſpleaſure: therefore I appeale unto thy mercie O Lord, beſeeching

ſeeching thee not to enter into judgement with thy ſervant: but according unto thy great mercie have mercie upon me; and according unto the multitude of thy mercies doe away mine iniquities.

Waſh me thorowly from my ſinnes, and cleanſe me from my offences: for thy names ſake be mercifull to my ſinne, for it is great: remember not the ſinnes of my youth, nor my rebellions, but according to thy kindneſſe remember me, for thy goodneſſe ſake: remember thy tender mercies, and loving kindneſſe which have beene for ever: remember I am fleſh, that paſſeth away, and commeth not againe: leave therefore thy diſpleaſure againſt me, be not angry with me for ever, deale not with me according to my ſinnes, neither

neither reward me after my iniquities, but conduct me O Lord, and turne away thy diſpleaſure againſt me : ſhew me thy mercies, and grant me thy ſalvation, I confeſſe moſt mercifull God, it lieth not in my power to purge and put away my ſinnes, and purchaſe thy favour : but it is onely the paſſion, and moſt innocent death of thy deare Sonne my Lord Ieſus Chriſt, that is a ſufficient reconcilation for my ſinnes, and for the ſinnes of the whole world ; for his bloud which was ſhed for me, doth cleanſe me from all my ſins : and if I confeſſe my offences, thou wilt forgive me all my ſinnes, and cleanſe me from all unrighteouſneſſe: wherefore in ſuch hope of this thy mercy promiſed by thy Sonne, I am bold with deepe ſighes, from my

my heart, to cry Lord forgive me mine offences, remit mine iniquities, cover my ſinnes, and impute not my faults unto me: purge me O Lord, from my ſecret faults, keepe me from preſumptuous ſinnes, let them not raigne over me, but purifie me from all my wickedneſſe: let me taſte the ſweetneſſe of thy benignitie, that I may be ſecure, and certaine of the remiſſion of my ſinnes, through the bowels of thy mercies: that I may perceive in my minde, comfort, peace, and gladneſſe of thy holy ſpirit, which may beginne a new life in me pleaſing thee: quench all vaine motions in me, and reſtore in me the image of thy divine light, which was loſt; that being delivered from my ſinnes, and out of the hands of mine enemies, I

may

may ſerve thee in feare, in righteouſneſſe, and holineſſe, all the dayes of my life, through Chriſt in whom thou art well pleaſed, and for whoſe ſake, all my workes howſoever unperfect, are acceptable in thine eyes. O moſt mightie Maker, deſpiſe me not thy worke. O moſt excellent goodneſſe, withdraw not thy mercie from me. O moſt prudent Redeemer, ſuffer me not to periſh, whom thou haſt ſo dearely bought. O moſt gentle, ghoſtly, and heavenly hoaſt, purifie ſave, dreſſe, and keepe thy houſe nd dwelling place in me, which hou haſt ſanctified, and dediated unto thee in my Bapiſme. O moſt bleſſed Ieſu, have ercy upon me, make me to ve thee, and to bee ſorry, and ontrite for my ſinnes. Turne me

unto

unto thee, by grace, that I may remember thy benefits, and thy painfull and bitter death, and paſſion. Grant me to ſanctifie, worſhip, magnifie, and love thee heartily, Moiſten my minde with thy moſt precious bloud, that whatſoever I ſee, I may behold thee crucified, that thus beholding thee, I may fixe my minde on nothing, but only on thee, and live moſt carefully to ſerve thee, and after this life, reſt everlaſtingly with thee, which liveſt and raigneſt with the Father, and the holy Ghoſt, one God world without end, Amen.

An excellent Prayer, meete for all perſons, and to be ſaid at all times.

GRant O merciſull Father that I never commit any

thing that ſhall offend thy fatherly goodneſſe, but that I may eſchew all vice, embrace all vertue, live in thy feare, call upon thy holy name, learne thy godly Commandements, heare thy holy Word, avoide all idleneſſe, and walke in my vocation, to the glory of thy holy Name. Send the holy Spirit of love and concord, that I may be content with my calling, live quietly in the ſame, doe good to all men, and order my life according unto thy godly will. Grant me to covet with an ardent mind thoſe things which may pleaſe thee, to ſearch them wiſely, to know them truly and fulfill them perfectly, to the laud and glory of thy name, order my living ſo that I may doe that which thou requireſt of me, give me grace to know it, and have a

will

will and power to do it, and that I may have thoſe things which are moſt convenient for my Soule. Gracious God, make my way ſure, and ſtraight, that I fall not betweene proſperitie and adverſitie, but in proſperitie to thanke thee, and be patient in adverſitie, and that I be not lift up with the one, nor oppreſſed with the other; that I may rejoyce in nothing, but that which pleaſeth thee, nor be ſorrie for any thing, but thoſe that offend thee, deſiring to pleaſe none but thee, nor fearing to offend any but thee, O Loving Father, make all worldly things vile unto me, and be thou my ſpeciall comfort above all: let me not be merrie, but with that which pleaſeth thee, and let me deſire nothing but thee. Let all labour delight that me is for thee,

and

and let all the reſt wearie me: make me lift up my heart unto thee, and when I fall make me to thinke on thee, and be ſorry for the ſame, with a ſtedfaſt purpoſe of amendment. Grant me faith in thee, and grace, I beſeech thee, to be occupied in doing of good workes, to thy glory and my comfort, and to truſt in thy mercies, and in Chriſt his merits to be purged from my ſins. Give me grace to love thy Word fervently, to ſearch the Scriptures diligently, to read them humbly, to underſtand them truely, and to live after them effectually, that my life may be acceptable unto thee. Teach me to pray, that my petitions may be graciouſly heard of thee. Keepe me upright among diverſitie of opinions, that I ſwerue not from thy truth. Give me I beſeech thee

a true ſpirit, that no curious thoughts, nor filthy affections withdraw me from thee. Grant me grace to know thee, diligently to pleaſe thee, and hope to embrace thee for the precious bloud ſake of that immaculate Lambe Ieſus Chriſt: to whom with the Father and the holy Ghoſt, be all honour and glory world without end, Amen.

A Prayer wherin a ſinner deſireth God to heare him, and forgive him his ſinnes.

O Lord how long wilt thou reiect my praiers which daily I poure out before thee? Wilt thou O Lord, heare me at no time, or wilt thou ceaſe to ſhew mercy? O cry unto the Lord O my ſoule, and ſay, Haſt thou O

Lord

Lord caſt me away for ever? or wilt thou never hereafter be pleaſed with me? favour me O righteous Father, for Ieſus Chriſts ſake that the ſighing, and inward groning of my heart, may move and incline thee to heare me; graciouſly O Lord, grant me thy mercy, and performe the Covenant which thou haſt made with me, Hold thy holy hand over me, and keepe me from ſinne, then ſhall I feare neither Death, nor Hell, and as thou haſt alwayes beene merciſull to penitent ſinners, ſo now good Lord forgive me my ſins. In the zeale of my heart, I beſeech thee to keepe me in the feare of thee, then ſhall I rejoyce in thy mercy, for that thou haſt looked upon me, and regarded my ſoule in diſtreſſe. Keepe me in thy ſheepfold, O ſhepheard of my ſoule, and let

let me never hereafter wander fró thy wayes, not leave me in troubles: behold my weakneſſe is beſt knowne unto thee: Looke O Lord upon my ſorrow, and forgive me my ſinnes. Mollifie my heart, that I may turne unto thee and walke in all thy wayes, for I have walked ove long in the way of ſinners: my Prayers, O Lord, are poured forth before thee, let thine anger be turned from me, and let me find favour in thy ſight. Looke not on the hardnes of my heart, but as thou alwayes ſhewest mercie, ſo now be mercifull over me, and forgive me all my ſinnes. Spare me I beſeech thee, and ſhew on me the abundance of thy mercy, which haſt taught me in Chriſt Ieſus to call upon thee in my neceſſities. Give me grace to acknowledge my owne

infirmities

infirmities, that I depending upon thy mercifull goodneſſe, may, with a ſtrong and ſtedfaſt faith, & with a penitent heart, continually call upon thee, for thy grace, mercy and pardon. Hearken, O moſt mercifull God, for thy great mercies ſake, to theſe my humble praiers which I make before thee, and conſider O Lord, the deſires, and thoughts of my heart, let my crying out, come unto thee, and let my unfained prayers enter into thy preſence. Heare me, O Lord, for I want thy helpe, care for my ſoule, ſave me thy ſervant, which truſt in thee. Have mercie O Lord, have mercie upon me, for I will never ceaſe crying to thee for helpe and mercy. In the day time I will call upon thee, and in the night I will cry unto thee. O God of heaven, and maker of all

things, heare me a moſt wretched creature calling upon thee, and take from me all my ſinnes. Plant in me O heavenly Father true obedience of thy word, let not the cares of this world deceive me, keepe me from all uncleane deſires: grant me grace to walke before thee with a good and pure minde, that I may receiue the reward provided for thy ſonnes and ſervants. Increaſe my faith and love, increaſe in me a ſure hope of my ſalvation, increaſe ſtrength in me to overcome and ſtand againſt all temptations. Let thy holy Angell keepe and conduct me, that I may evermore walke before thee in godlineſſe and righteouſneſſe of life: make ſtedfaſt my faith in thy merciſull promiſes, that I truſting in them, may have everla-

ſting life, through Ieſus Chriſt th

So

Son our Lord and Saviour, Amen.

A prayer for a reformed life.

O Heavenly Father, and merciſull God, which of thy onely goodneſſe, haſt created and made me unto thy owne ſimilitude and likenes: I heartily pray nd beſeech thee, remember not ny ſins and unrighteouſneſſe, neiher ſuffer thy grievous plagues to ang over me. I have ſinned, and ainouſly offended thee, yet I beech thee, of thy mercy & benigitie to behold me thy unworhy childe. I doe not proſtrate y ſelfe before thee, in praiſe of y righteouſneſſe, but in the ultitude of thy mercies; I humy beſeech thee moſt holy Faher, be no more angry with me, t turne thy wrath from me, and ndle in me the love of thy ho-

ly ſpirit breake, O Lord, my ſto-
nie heart, and make it a fleſhie
heart: that I may feare thee, love
thee, and have pleaſure in thee:
grant me a true underſtanding
of thy word, to love that is to be
loved, to deſire that which plea-
ſeth thee, to regard that which
is precious in thy ſight, and to
refuſe that which is evill before
thee. Give me (O Father)
ſorrowfull and penitent hear
that I may humbly ſerve thee a
the dayes of my life. When
fall into ſinne through frailty
worke I beſeech thee true repe
tance in my heart: that I ma
be ſorrie, without deſperation
that I may amend my life, and b
come truely righteous witho
hypocriſie: lowly in heart, wit
out fainting: faithfull and truſt
without deceipt; content w

my owne, without covetouſneſſe, to tell my neighbour his fault charitably: to pay every man truely: back-bite no man, nor ſlander any ſecretly; to abhorre all vice, and love and follow all goodneſſe earneſtly: grant this O Lord, for the glory of thy holy name, Amen.

A confeſſion of ſinnes, and a prayer for forgiveneſſe of them.

O Almightie God of Iſrael, my ſoule that is in trouble, and ſpirit that is vexed, cry unto thee; heare me O Lord, and have mercy upon me, for I have ſinned againſt thee. I heartily pray and beſeech thee in the bowels of thy mercy, to looke downe from heaven, upon me thy poore ſervant, whoſe ſinnes be infinite, and

innumerable, moſt hainous and inſupportable: but as they be grievous and without number, ſo is thy mercy, more aboundant and without end. Thy mercy is above all thy workes: more able to ſave, than my ſinnes to condemne. Thou O Chriſt art that good *Samaritan*, that poureſt the Oyle of grace into our wounds, thou art the onely true ſacrifice, and oblation once offered for the ſinnes of the whole world. Therefore O ſweete Saviour, for thy bitter death and paſſion, and for the glory of thy name, be mercifull unto me, and forgive me all my ſinnes. Grant that as through my wicked life, thou haſt beene diſhonoured, ſo thorow my godly converſation, and integritie of life hereafter, thou mayeſt be ever glorified. For-

give

give me, (O my Saviour) all my ſinnes, I moſt humbly beſeech thee, and keepe me ever hereafter from all ſinnes. Grant me the aſſiſtance of thy grace and holy Spirit, to direct my wayes, and guide my pathes, that I may be innocent from all offences, and that in all things, I may honour and prayſe thee, together with the heavenly Father, and the holy Spirit, now and for evermore, Amen.

A Prayer in adverſitie, and for mercy.

ALmightie God, which for my ingratitude, and ſinfull life, haſt worthily puniſhed me with affliction and adverſity, I moſt humbly beſeech thee, to give me grace utterly to deteſt

and abhorre my former wretched and ſinfull life, and ſtudy daily for the amendment of the ſame: and I am fully perſwaded, that this affliction hath not come unto me by caſualtie, but by thy permiſſion, and determinate pleaſure; and that thou doeſt beate me with this thy Rodde of correction, becauſe thou wouldeſt nurture me, and call me to unfained repentance for my former life, to be more circumſpect of a good life, to exerciſe my faith in thy godly promiſes, to try me whether I will be patient, and conſtant in adverſitie, to make me abhorre vaine pleaſures of this life, and with fervent and continuall deſire, long for the life everlaſting. Therefore I heartily pray thee, to ſtrengthen my Faith, Hope, Charitie, and

meeke-

meekeneſſe, that I may patiently beare this thy fatherly chaſtiſement. And grant me that I may daily increaſe more and more in love towards thee: for I hope all things ſhall happen to the beſt, whether it be proſperitie, health, ſickneſſe, life, or death: and therefore I wholly ſubmit my ſelfe unto thee, and reſigne all my will to thy moſt godly will and pleaſure, hoping that thou wilt end this affliction to thy honour and glory, and to my moſt profit, wealth, and everlaſting ſalvation, through Ieſus Chriſt my onely Saviour and Redeemer, Amen.

A godly Prayer to be ſaid by all perſons at all times.

ALmightie and moſt mercifull Father, grant that above

all things, I may reſt in thee, and fully ſet my heart upon thee, for thou Lord art the true peace of the heart, and the perfect reſt of the ſoule: wherefore thy will in all things be done in me; caſt out of my heart all unprofitable cares of worldly things, and ſuffer me not to be led with the unprofitable deſires of earthly vanities, but grant me grace that all worldly, and carnall affections, may be mortified and die in me.

Grant me the ſtrength of thy holy Spirit, to ſubdue this body of ſinne, with the whole luſtes thereof, that it may be obedient both in will, mind, and members to doe thy holy will: grant me grace that I may eſteeme all things in this world tranſitorie, and my ſelfe with them, drawing toward my end, O Lord God

which

which art ſweetneſſe unſpeakeable, turne into bitterneſſe unto me all tranſitory and earthly delights which may draw me from the love of eternall things: and for all worldly comforts, give me the ſweet comfort of thy holy Spirit, for thou Lord art my ſtay, my hope, my Crowne, and my glory: bleſſe me that for the love of thee I may not ſet by the pleaſures of this world, but crucifie the fleſh, and the luſts thereof, ſo that in a cleane and pure conſcience, I may offer up prayers unto thee, and be accepted to have company with thee, together with the holy Angels and heavenly ſpirits. O everlaſting Light, ſend downe the beames of thy brightneſſe, and lighten the inward parts of my heart, that I may walke in thy lawes, and commandements

mandements. Give me grace to reſt in thee above all things: above all glory, honour, dignitie, and power: above all health, beautie, riches, and treaſure: above all joy, pleaſure, fame, and prayſe: and above all mirth, and conſolation, that mans heart may feele or take beſides thee. For thou Lord art moſt good, wiſe, and righteous: moſt high, mightie, and comfortable: moſt beautifull, loving, and glorious: in whom are moſt perfectly all treaſures of grace and goodneſſe. Therefore whatſoever I have beſide thee is nothing unto thee; for my heart may not reſt, but onely in thee. O Lord, who ſhall give me the wings of perfect love, that I may flie from theſe worldly miſeries, and reſt with thee? O King of everlaſting glory, my ſoule cry-

eth

eth unto thee with continuall gro-
nings, and faith, how long tarri-
eth my Lord God to come unto
me? when ſhall be the end of
theſe miſeries? when ſhall I be
delivered from the bondage of
ſinne? when ſhall I have my mind
onely fixed on thee, and be mer-
rie in thee, with perfect joy and
gladneſſe? when ſhall that bleſ-
ſed houre come, that thou ſhalt
viſite me, and make me glad with
thy bleſſed preſence? when ſhall
I come unto thee, and enjoy thoſe
ſweet contemplations, which thy
bleſſed Angels have alwayes?
when ſhall I ſtand to behold thee
and have full ſight and contem-
plation of thy glory? when ſhall
I be with thee in thy Kingdome
which thou haſt prepared for
thine elect, that I might behold
the bleſſed manſion of thy hea-
venly

venly Citie, and the moſt cleare day of eternitie, which thy heavenly Citizens know and feele the joy of, but I the childe of Adam, doe lament and bewaile the miſeries of this wretched life, ſhort and evill, full of griefe and ſorrow, where we are polluted with troubles, wearied with labours, tried with temptations, vanquiſhed with vaine delights, and fleſhly pleaſures of this changeable world, and unmeaſurably inthralled in intolerable calamities. Wherefore O Lord ariſe & helpe me, comfort me, aſſwage my ſorrow, deſtroy my enemies, the kingdome of ſinne, Sathan, the world, and my wicked fleſh: forgive me all my ſinnes, and bring my troubleſome dayes to an end. So ſhall I ſing praiſes unto thee O God of my ſalvation, and magnifie thy name

name world, without end, Amen.

A ſhort meditation of mans miſery.

WHat was I O Lord, what am I, what ſhall I be. I was nothing: I am now worth nothing, and in hazard to be worſe then nothing, I was conceived in originall ſinne, I am now full of actuall ſin: I may hereafter feele the eternall ſmart of ſinne. I was in my mother a lothſome ſubſtance, I am in the world a corps of corruption, I ſhall be in my grave a prey of vermine. When I was nothing, I was without hope to be ſaved, or feare to be damned; I am now in a doubtfull hope of the one, and in great danger of the other. I ſhall either be happie by the ſucceſſe of my hope, or miſerable

miſerable by the eſtate of my danger. What I have beene I know, *viz.* a wretched ſinner: what I am I cannot ſay, being uncertaine of Gods grace: what I ſhall be, I am ignorant, being doubtfull of my perſeverance. Lord erect my preſent weakeneſſe, correct my former ſinfulneſſe, direct my future frailtie; direct it, O Lord from paſſed evill, to preſent good, and future reward, for Ieſus Chriſt his ſake, Amen.

An effectuall prayer, for Grace, mercy, and forgiveneſſe of Sinnes.

O Heavẽly God, O Father deare
Caſt downe thy tender eye:
Upon a wretch that proſtrate here
Before

Before thy Throne doth lie.
O poure thy precious oyle of Grace,
Into my wounded heart:
O let thy drops of mercy sweete,
Remit my sinnes desert.
My sinfull soule oppressed sore,
With carefull clogs of sinne:
In humble sort, most humbly sues,
Thy mercy for to winne.
Grant mercy then, O Saviour sweet
To me most wretchfull thrall:
Whose mournfull cry to thee alone,
Doth still for mercy call.
Thy blessed will I have displeas'd,
With pleasing of my mind:
And to the lust of worldly things,
My selfe I have inclind.
Forgetting heaven & heavenly pow-(ers,
Where God and Saints doe dwell,
My life hath almost trod the steps,
That leads the way to hell:
Grant now, O Lord, and loadstone
That I no more do so; (bright,

But

But for my life in sinnes mispent,
My heart may melt in woe.
Alas I sigh, alas I sob,
Alas I doe lament,
That ever my licentious life,
So wickedly was spent.
Grant therefore Lord, with wailing (teares
I may thy mercy craue:
O Lord for thy great mercies sake,
Let me thy mercy haue.
Restore to life my sinfull soule,
That else is like to die:
Then shal my voyce unto thy Name
Sing prayse eternally,
Now blessed be the Father first,
And blessed be the Sonne:
And blessed be the holy Ghost,
By whom all things are done.
Blesse me O blessed Trinitie,
With thy eternall grace:
Forgiue my sins, and grant my soule
In Heaven a dwelling place.

A

A Prayer of thanke ſgiving, to craue Gods aſſiſtance, to grant us his grace to repent our ſinnes, and bring us to the life everlaſting.

O Holy Father, God almightie, which diddeſt vouchſafe of thy unſpeakeable goodneſſe and mercy to ſend thy onely Son from the high Throne of thy Majeſtie, into this vale of woe and miſerie, to take our nature upon him, and in the ſame to ſuffer moſt ſharpe and bitter death, to bring our ſoules to thy heavenly kingdome. O ſweet Ieſus, enflame my heart unto thee, with the burning beames of thy love, and make me ever to thanke thee, and feare to offend thee. O ſweete Ieſus, my hope, refuge, joy and health, have mercy upon me, and be merci-

full

full unto me, a poore, needy, vile, wretched, and abominable ſinfull creature; give me remiſſion of all my ſinnes, integritie of minde, health of body, needfull foode and raiment, ſtrengthfulneſſe of the earth, unitie of faith, ſubverſion of hereſies, increaſe of true Religion, earneſt devotion, willingneſſe to charitie, ſinceritie in prayer, patience in trouble, joy in hope, and whatſoever elſe is for thy glory, my good, and Soules health: let thy holy ſweetneſſe poſſeſſe my mind, feed my ſoule with the fulnes of heavenly & inviſible things, ſeparate me from earthly vanities, wholly dedicate my heart to heavenly meditations, give me compunction of heart, and teares to my eyes, that I may ever bewaile the wickedneſſe of my life: lift up my heart and mind I beſeech thee from

from the contagions of earthly cares, to the conſideration of heavenly joyes, that I may thinke & ſpeake onely of thee in this life, and after live with thee eternally. O Lord my gracious God, and onely comforter of my ſoule, ſeeing thou deſireſt that in all things I ſhould ſincerely ſerve thee, and I through thy grace deſire to doe the ſame, ſuffer me not O Lord, any more to offend thee, or fall into the relapſe of my former follies, but make me heartily ſorrie for my offences, and that I may never more ſinne againſt thee. And I humbly confeſſe my ſelfe unto thee, that there is not on the earth a more vile or wicked ſinner then my ſelfe. Increaſe therefore in me I moſt humbly beſeech thee thy grace, and give me humilitie: that I may perfectly know

know thee in thy Majeſtie, and my ſelfe in my miſerie, and yet through thy gracious helpe I may manfully fight againſt ſinne, and wickednes, and gaine the victories over all my corporall and ſpirituall enemies. I wretched ſinner confeſſe, I have often offended thee, diſhonoured thee, and neglected thy holy precepts, which above all things ought to be moſt deare unto me. Thou O Lord, knoweſt I am carnall, full of evill concupiſcence, flowing in fleſhly pleaſure, over-wrapped in fond fantaſies, omitting ſpirituall exerciſes, and mourning for ſinne: in ſpeaking impatient, in hearing godly admonitions negligent, eaſily detained from doing good, and apt to evill. O moſt merciſull Lord, I poore and wretched ſinner, am full of ſorrow and griefe,

for

for that I have grievouſly ſinned and offended againſt thee, wound O Lord my heart with the ſorrow of moſt faithfull and unfained repentance. Grant mee thy grace and aſſiſt me by thy holy Spirit, that I may for ever hereafter keepe my ſelfe from all ſinne and avoide all occaſions of offences, And I moſt humbly beſeech thy infinite Majeſtie not to forſake, nor ſuffer me to be condemned in thy terrible judgement, but be mercifull unto me, and let thy dolorous Paſſion ſo helpe me that I may be an inheritour of thy heavenly kingdome, and enjoy everlaſting felicitie, and let thy holy Angell ſo keepe me, as the infernall enemie have never power over me, which, Lord, for thy mercies ſake grant me, Amen.

A Prayer to God the Father, of thankeſgiving, and for forgiveneſſe of ſinnes.

I Offer unto thee (O holy Father) the ſacrifice of praiſe and thankeſgiving: rendring unto thee the calves of my lips, which of thy goodneſſe haſt made me and of thy mercy redeemedſt me. Heare therefore O Lord, the prayers of thy ſervant, and turn thy eares unto me thy poor creatures. Day and night will pray unto thee, beſeeching the that the thoughts and meditations of my heart may be acceptable before thee: that my mouth may ſpeake of thy righteouſneſſe and my tongue ſet forth thy prayſe. O holy Father, I beſeech thee, that the inward deſire of my heart, may move and incli-

thee to heare me. I accuſe my ſinfull wayes, and crave thy mercy, and favour. O ſhew me thy mercy, and forgive me my ſinnes. Remember not the ſinnes, and offences of my youth, but thinke on thy mercies, and covenant made in Ieſus Chriſt my onely Mediator and Advocate. It is he O holy Father, whom thou didſt ſend to obtaine mercy for me: he was wounded for my offences, and ſtrucken for my iniquities: he died for my ſinnes, and through his love and mercy, hath redeemed me. Therefore (O Father) for his ſake forgive me all my ſinnes, give me the true love of thy law, and great hate of all my ſinnes: that I may thorow the merites of his death and paſſion, dwell with him and thee everlaſtingly. And vouchſafe I

beſeech thee to direct, ſanctifie, keepe and governe my heart and body, my ſenſes, tongue, talke, and communication in thy holy lawes, and workes of thy Commandements. Grant alſo O Lord, that thy holy Angell may be with me, to direct me in the way of peace, truth, and health; that I may be whole, ſafe, and free in thee, and by thee, both in this world and in the world to come. O King of glory heare me, and ſave me, have pitty and compaſſion upon me, thy weake and unworthy child. O Lord helpe me, ſhew thy mercy upon me, let me do that which is acceptable in thy ſight, and proſper me in whatſoever I goe about. Let me have an earneſt deſire to doe thoſe things that will pleaſe thee: for unto thee alone doe I fully and

whol

wholly yeeld, and commit my ſelfe, which workeſt all in all to thy honour and glory, Amen.

A Prayer unto God the Sonne, for mercy, and forgiveneſſe of ſinnes.

I Am aſhamed, O Ieſu, to lift up my eyes unto thee, becauſe my ſins are many, and are aſcended and come before thee: ſhew thy mercy upon me (O Lord) and heare me: my heart is faint, my ſoule is troubled; O Lord, make ſtrong thy humble and vnworthy ſervant, that my joy may be alwayes in thee: receive me of thy goodnes, into thy favour, and ſhew thy mercy upon me; for thou, O ſweet Saviour, art merciſull, which wilt not the death of a ſinner, but that he live: I there-

fore, a moſt wretched ſinner, beſeech thee to looke upon me with thoſe mercifull eyes wherewith thou diddeſt behold *Peter* bitterly weeping, and *Mary Magdalen*, and the *Thiefe* on the Croſſe; and cauſe me through thy great goodneſſe, that I may with *Peter* weepe, and worthily bewaile my ſinnes; with *Mary* to love thee with a pure and perfect love: and with the *Thiefe*, to ſee and behold thee in Paradiſe. Give me (O gracious Lord) a pure intention, a cleane heart, and a regard to thy glory: in all my actions poſſeſſe my minde with thy preſence, and raviſh it with thy love: be thou (O Ieſu) light unto my eyes, muſicke unto my eares, ſweetneſſe to my taſte, and contentment to my heart. I am not mine but thine, claime me as

as thy right, keepe me as thy charge, love me as thy child, Defend me when I am assaulted, Heale me when I am wounded: Give me patience in trouble, and let me never be confounded, humilitie in comfort, modestie in countenance, gravitie in behaviour, puritie in thoughts, righteousnesse in my actions, constancie in temptations, and victory against my Ghostly enemies. O sweet Iesu, stay my inclinations from evill, bridle my appetites with thy grace, quench in me all unlawfull desires, keepe my eyes from vaine sights, my eares from hearing evill, grant me an earnest desire to amend my faults, to renew my good purposes, to performe good intentions: correct my errours, erect my infirmities, protect my good endevours, al-

lay my paſſions, and make me able to maſter them, that they never draw me beyond the rule of pietie. Make me humble to my ſuperiours, friendly to my equals, charitable to my enemies, and reſpectfull to all. Grant me ſorrow for my ſinnes, thankefulnes for thy benefits, feare of thy judgments, love of thy mercies, and mindfulneſſe of thy preſence, Amen.

A very good prayer to God the holy Ghoſt for remiſſion of ſins.

O Heavenly God, if I have found favour in thy ſight, ſuffer me a little to ſpeake unto thee, and be no more angry with me, which by thy wiſedome ruleſt all things. Give me thy holy Spirit, that being guided by the

ſame,

ſame, I may never be confound-
ded. O comfort the ſoule of thy
ſervant, and let thy wiſedome
leade and guide me in the pathes
of true knowledge: bleſſed is the
man that hath his delight there-
in. I beſeech thee my God, make
thou a perpetuall abode with me,
and ſend downe from thy throne
of Majeſtie, the dew of thy grace
into my heart, that I may alwayes
pleaſe thee. O ſend down from
heaven, the ſpirit of wiſedome,
that I may have the true taſte
thereof: incline thine eare unto
me, that theſe my humble pray-
ers may aſcend up before thee.
Humbly will I give attendance
on thy mercifull hand, and wait
for thy ſaving health. Behold me
O God, ſilly ſoule, gaping for
the ſhowers of thy grace, like a
barren and dry land, O holy ſpi-

rit of God, the third perſon of the Deitie, which by thy divine grace ordereſt all things, grant me the ſpirit of ſanctification and holineſſe, plant in me an infallible knowledge of thy truth O thou which art the Comfort, which inricheſt the hearts of the faithfull with the ſweet taſte of thy word promiſed, breath into my heart a pure faith, that I may acknowledge thee very God, God with the Father and the Sonne. Thou ſeven-fold diſpoſer of the gifts of God, the hope of joy celeſtiall, powre into my heart the dew of thy grace, that being filled with the ſweetneſſe thereof, I may obey thy bleſſed will. O eternall God equall with the Father, and the Sonne, make ſtrong my ſoule and my body, that by thy gracious ayde, I may ouercome the

aſſaults

aſſaults of my Ghoſtly enemies, and beleeve, and confeſſe God the Father, and Ieſus Chriſt his Sonne, with the holy Spirit, proceeding from them both, to be one God, in perſons three, and everlaſting in Trinitie and Vnity, to whom be given, all laud, praiſe, honour, and glory, evermore, Amen.

A godly Prayer to the bleſſed Trinity.

O Holy, bleſſed, and glorious Trinitie, God the Father, Sonne, and holy Ghoſt, three perſons, and one omnipotent and everlaſting God, three in Trinitie, and one in Vnitie, I prayſe thee, I worſhip thee, I glorifie thee, I give thankes unto thee for thy mercifull goodneſſe, which

wouldeſt that I being in darknes of errour and ignorance, ſhould be made partaker of thy grace and mercy: I beſeech thee moſt glorious and bleſſed Trinitie, forgive me my ſinnes, have mercy upon me, bring to paſſe the worke of thy mercifull goodnes begun in me, and lead me in all piety and goodneſſe. O cauſe me alwayes, to thinke, ſpeake and doe thoſe things which ſhall be acceptable in thy ſight, that after this life, I may have the fruition of the Deity, that liveſt and raigneſt in perfect unitie, world without end

Amen.

A prayer for a woman with child, for deliverance, and forgivenes of ſinnes.

ALmighty and merciſull Father which of thy gracious goodnes, haſt created me a reaſonable creature, & of thy bountifull goodneſſe, haſt fructified my wombe, I moſt heartily thanke thee for this gracious gift, and for that thou haſt alwayes preſerved me from all perils of body and ſoule, and haſt ſo moderated all my paines, pinches, throwes, and pangs, that I have hitherto right well endured them: keepe me (I beſeech thee) from all perill and danger and at thy appointed time ſafely deliver me. Thou haſt commanded us to call on thee in our trouble, promiſing to heare us, and ſend us deliverance: ſaying, I am with

you in your troubles, and will deliver you. O moſt comfortable Lord, who art more ready to helpe, then we to call for helpe: more ready to give grace, then we to aske for it: I therefore ſue unto thee and call upon thee faithfully, and ſay; O Father of mercie, and God of all conſolation and comfort, I thy poore handmaide, humbly beſeech thee for Ieſus Chriſt his ſake: and in his bleſſed and holy name, that thou wilt vouchſafe to forgive me all my ſins and offences, wherewith I have offended thy godly Majeſty in thoughts, delight, word, or deede: mercifully preſerve me from hence-forth during my whole life from tranſgreſſing thy Commandements: daily increaſe in me perfect repentance for my ſinnes, and a ſure purpoſe of amend-

mendment of my life, and a diligent ſtudy to walke in thy Commandements; Increaſe in me alſo a lively faith a ſure hope; ingraft in me humbleneſſe of heart, meeknes of mind, and cleanneſſe of conſcience. Grant me that I may be wiſe, ſad, ſober, diſcreet, circumſpect, and well adviſed in all my ſaying: that I may ſtrongly overcome all the temptations of the Divell, the world, and the fleſh: and whether I awake or ſleep, eate or drinke, live or die, or whatſoever I doe, I may doe all to thy honor and glory. Grant me O Lord, that I may feare and dread thee, and that I may faithfully love my husband, and be obedient to his honeſt requeſts. And for the deliverance of this burthen, and thy gracious gifts, I am aſſured that unleſſe thou proſper my travell,

all

all womans helpe, and Phyſicke is in vaine: therefore I beſeech thee that like as thou haſt created this child in me, and breathed into it the breath of life, ſo at ſuch time, as ſhall ſeeme good to thy godly Majeſty, thou wilt proſper the birth and deliverance. I humbly beſeech thee, of thy Fatherly pitty to ſtrengthen me in this my dangerous labour and travell, and ſo ſuſtaine me, that I may patiently beare all my paines, and pangs, and ſuffer them not to be above my ſtrength, and in the midſt of all my paines, ſo comfort me, that I may be able to beare them. Increaſe my faith, O moſt mercifull Saviour; and in the dangerous time of my travell, grant me I beſeech thee ſpeedy deliverance, and joyfull beholding of my child, that I being

being a worthy Mother, may render unto thee honour, praiſe, laud and thankes, for thy abundant mercy, and gracious benefits. And aboue all things I beſeech thee endue my child with grace, that it may be one of the number of thy elect, baptized, and regenerate in the holy Ghoſt: and that it may at the yeares of diſcretion learne to know thee, truſt ſurely in thy mercy, heartily love thee, feare to offend thee, obey thy Commandements, and attaine everlaſting joy and felicity, through our Lord Ieſus Chriſt, who liveth and raigneth with thee and the holy Ghoſt, world without end, Amen.

A Prayer of thankes giving, for a Woman, after ſhee is delivered with childe.

OMoſt high, mightie, and eternall God, I give all laud and praiſe vnto thy holy Name, I magnifie thy might, and marveilous workes, I render unto thee the Sacrifice of my thankfull heart and unfained lips, for that it hath pleaſed thee of thy great goodneſſe, to give unto me thy poore creature, ſo happie, ſafe, and ſpeedie deliverance from my great danger of childe birth, and fully reſtore me to my former ſtrength. To thee therefore, O Father, with thy Sonne Ieſus Chriſt, and the holy Ghoſt, will I give all thanks and prayſe, and magnifie thy glorious Name, both now and evermore, Amen.

A Prayer before the receiving of the Communion.

O Ieſus Chriſt, holy, and eternall God, I miſerable man, and wretched ſinner acknowledge and confeſſe, that I am not worthy the leaſt of all thy mercies, and moſt unworthy to receve thee under the roofe of my ſoule, by participating of thy moſt bleſſed body and bloud; for horrible and infinite are the ſinnes wherewith I am defiled: therefore the very entrals of my heart are troubled, and my bones doe ſhake, becauſe I finde my ſoule a moſt unworthy gueſt, for ſo heavenly a ſupper. But thou camest not to call the righteous, but ſinners to repentance: and I know, and conſtantly beleeve, that notwithſtanding my ſinnes, thou

thou canſt make me cleane, and worthy, and forgive me my ſins, and through thy power and mercy I beſeech thee, grant thy grace unto me a ſinner, that I may worthily approach to this heavenly Sacrament. Give me grace before I preſume to come to the receiving hereof, I may examine my ſelfe, call my ſinnes to mind, and by unfained and heartie repentance returne unto thee my Lord: make me with heavie ſobs to confeſſe my ſinnes, and pardon all my offences: accept me into thy favour, cleanſe me from my wickedneſſe, and forgive me all my ſinnes. Poure into me a true and lively faith, that I may alwayes truſt in thy Word, (annexed to the Sacrament) which promiſeth remiſſion of ſinnes. Alſo grant that

receiving

ceiving this thy Sacrament, I
ay put off the old man, which
s corruption, according to the
ſts of errour, and be renewed
n the ſpirit of my mind, and put
n the new man which after
God is created in righteouſneſſe
nd holines of truth: and though
y nature I cannot live without
pots of ſinne, yet ſo bleſſe me,
at I may never willingly offend
ee; but altogether depend upon
y goodneſſe: and as a true pe-
itent Sinner, repenting of my
nnes, I may approach to thy
avenly Supper. O Chriſt which
f thy unſpeakeable love tookeſt
ur fleſh upon thee, and didſt be-
ome a Sacrifice, and ranſome for
ll mankinde, and ordainedſt
his Sacrament of thy Supper,
nto thee doe I cry, beſeeching
hee from the bottome of my
heart

heart that it may pleaſe thee, to give me grace with an earneſt deſire, and due reverence to receive thy Supper, and thirſtingly to ſeeke for the nouriſhing of my ſoule. Lift up my minde, that in feare and trembling, in faith, and ſpirituall comfort, I may approach to the reciving of thy precious bodie and bloud, ſtirre vp in me an unfained deſire of this heavenly foode, that from thee the bread of life, and fountaine of ſalvation I may receive vitall juyce, to the quickening of my ſoule. O moſt ſweet bread heale thou my ſoule, that I may taſte the ſweetneſſe of thy love: heale my infirmities, that I may delight onely in thee: let my heart eate thee, and with thy ſweet favour repleniſh the bowels of my ſoule.

Come into my heart, and purge

me

me from all my ſinnes: enter into my ſoule, heale and ſanctifie me within, and without. Grant that I may alwayes worthily receive this bleſſed Sacrament, and memoriall of thy death, according to thy holy ordinance that it may increaſe in me all goodneſſe. Be thou the Buckler, and perpetuall defence of my ſoule and body, that I may come into thy kingdome where I ſhall behold thee face to face, whither Lord for thy mercies ſake bring me, Amen.

A Thankeſgiving after the receiving of the holy Communion.

O IESVS CHRIST which haſt vouchſafed ſpiritually to give me theſe holy myſteries of thy

thy body and bloud mortif
whatſoever is evill in me, and ga
niſh me with thy graces, and ve
tues: renew my ſpirit, my ſoul
and my body, with thy excelle
grace. Frame me after thy own
hearts deſire, and grant that
may thinke, ſpeake, doe and de
ſire all things that may plea
thee. Purge my conſcience fro
dead workes, to ſerve thee th
living God. I thanke thee wit
all reverence of mind, for biddin
me a miſerable ſinner, unto th
participation of thy holy Suppe
and the receiving of all celeſtia
riches, whereby thou beſtowe
on me particularly, all the meri
and good things which by th
death thou haſt purchaſed forme
that I may bea partaker and fe
low-heire of eternall bleſſedne
O ſacred Banquet, where my
ſoul

ſoule receiveth ſuch heavenly dainties to comfort the ſoule, and refreſh the inward man! I humbly beſeech thee by thy moſt ſacred bloud ſhed for me, give me grace that, participating of this viſible Sacrament, I may find and feele in my heart the inviſible working of thy heavenly grace, that as this is ſome refreſhing to my body, ſo it may bea ſpirituall medicine for my ſoule. Raiſe up in me by this bleſſed Sacrament, a continuall remembrance of thy bitter Paſſion. Make me retaine it in my mind, as a ſufficient ranſome on my Redemption; let me never doubt of the forgiveneſſe of my ſinnes: and as often as Sathan aſſaileth me with his deadly temptations, give me grace to runne to this Sanctuary, as to a ſtrong armour of defence ſo that no tribulation,

bulation, anguish, nor persecution, nakednesse, perils, sword, life, or death, seperate me from Christ my head, whereupon being made fast by thy holy Sacrament received, I (as a living member) depend: and let me know, that I am fed and nourished by thy flesh, and precious bloud, that washed therewith, I give not my selfe hereafter to carnall pleasures, but live in all sinceritie and truth, as it becommeth those that eate of the immaculate Paschall Lambe. And I beseech thee by thy bitter death, stirre up my minde, that by often receiving this thy holy institution, I may consider how bitter a death thou diddest suffer for me, and how great thy love was, that made thee to take so shamefull a death for the Redemption of mankind:

mankind: and contiunally to yeeld thee heartie thankes for the ſame. O ſweete Ieſu, grant if I ſinne through frailtie, that I may by and by come unto thee by repentance, and being by this holy myſterie faſt linked unto thee, I may receive power, and ſtrength from thee to reſiſt ſinne. Suffer mee not to be ſeparated from thy Church, but grant that I may be without fault, and commit no ſinne, but walke worthy this Sacrament; renouncing the divell, all Idolatry, vices, and carnall deſires. Let me not feare to ſuffer and give my life for the glory of thy name, that I be never ſeparated from thee. Give mee grace, that laying aſide all wrathfulneſſe, malicioufneſſe, and envie, I may forgive every one, as thou haſt forgiven me. Give

me grace, that participating of the bread of eternall life, I may be repleniſhed with the fruition of thy bleſſed ſight, in thy celeſtiall Paradiſe for ever. And let my reſurrection from death, appoint me a place, O mercifull Lord, at thy heavenly Table, where I may taſte the new wine in the kingdome of thy Father, abiding with thy elect Angels, and bleſſed Saints for evermore, Amen.

A Prayer to make ſtrong his faith againſt temptation, and may be ſaid by a ſicke perſon.

O Lord Ieſu, the onely ſtay and defence of my immortall ſtate: my onely hope, and ſalvation: my glory, tand my triumph

triumph: who in the fleſh (which for my ſake thou tookeſt upon thee) didſt ſuffer thy ſelfe to be tempted of Sathan, and who onely and alone diddeſt overcome and vanquiſh ſinne, death, the world, the Divell, and the kingdome of hell for me, and for my behalfe: and it is thy pleaſure that I ſhould keepe battell with thoſe evils, of purpoſe to reward me with a Crowne of glory for it. Give me, I beſeech thee, O Lyon moſt victorious, ſtrength againſt the roaring Lyon, whichcontinually wandreth up and downe ſeeking whom hee may devoure Thou being the Serpent that was nayled on high, the true giver of health, give vnto me thy wiſedome, to withſtand the waiting of the moſt ſubtill ſerpent. Thou being a Lambe, as white as ſnow,

the vanquiſher of Sathans tyrannie, give unto mee, one of thy ſheepe, the ſtrength and vertue of thy ſpirit: that through thy force and valour, I may withſtand and overcome all the aſſaults of the Divell, that my ghoſtly enemie may not glory over me, but that I may conquer him through thee, and give thankes unto thee, which ever helpeſt thoſe that truſt in thee. My ſoule, O Lord, longeth for thy ſalvation, and I have a good and ſure hope therein. O when wilt thou comfort me a ſinner, that doe give and ſubmit my ſelfe full and whole to thy moſt bleſſed will? I commit my ſelfe unto thy mercie, therefore I know I ſhall not periſh. I beſeech thee moſt mercifull Lord Jeſus Chriſt, that thou wilt by thy grace, both now and ever, make

ſtrong

ſtrong my ſoule againſt all temptations, and cover and defend me with the buckler of thy mercies, againſt all the aſſaults of the Divell. I acknowledge, that in my ſelfe there is no helpe of ſalvation, but the hope, truſt, and confidence of my ſalvation, is in thy moſt mercifull goodneſſe: I have no goodneſſe in me, but am full of evill; yet I truſt, and faithfully beleeve, that thou wilt make me good, forgive me my ſinnes, and make me an inheritor of thine everlaſting kingdome. O mercifull Lord, thou waſt borne, thou diddeſt hunger and thirſt, faſt and pray, thou didſt ſuffer grievous paines, thou gaveſt thy moſt precious body to dy, and thy bloud to be ſhed for my ſake: let theſe things, O moſt mercifull Saviour, ſave me: let thy bloud

clenſe and waſh the ſpots and foulenesſe of my ſinnes: let thy righteouſneſſe cover, and hide my vnrighteouſneſſe: let thy paſſion and bloud be a ſatisfaction for my ſinnes. Take mee O Lord unto thee, and give me thy grace, that my faith waver, not, but be ever firme, and conſtant: that the hope of thy mercy, and life everlaſting never decay in me: that charity waxe not cold in me: that the weaknes of my fleſh be not overcome with the feare of death.

And vouchſafe, O Lord, to ſend me patience, and ſufferance, that I may ſtedfaſtly continue unto the end, and after live with thee in eternall glory, Amen.

A Prayer for a ſicke perſon.

LAud, honour, and thanks be given to thee moſt mercifull Lord Ieſus Chriſt, for thy holy incarnation, thy paines and bitter Paſſion. I know thou art my Redeemer and Saviour, I beleeve thou haſt overcome ſinne, death, hell, and the Divell, ſo as they, cannot hurt me. On thee doe I builde, in thee is my truſt and comfort. O Lord be propitious, and mercifull unto mee, according to thy great mercies. Leave me not, O Lord, in diſtreſſe, but deliver me fromuall evill; ſtrengthen and condect my ſoule in the great journy that it is to goe, and through thy mercie, forgive me all my ſinnes, and grant mee everlaſting life. I have no merits, nor good

workes, which I may alledge before thee, but of evill deeds and ſinnes I have many: yet I truſt through thy mercy, to be among the number of them that ſhall be ſaved, to whom thou wilt not impute their ſins, but take them to everlaſting life. O moſt mercifull God, which according to the multitude of thy mercies doſt put away the ſinnes of thoſe which truly repent, that thou remembreſt them no more; open thy eies of mercy, and looke upon me thy ſicke ſervant; and pardon and forgive me, I moſt earneſtly deſire thee, all my ſins. Renew in me, moſt loving Father, whatſoever hath beene decayed by ſinne, by the fraud and malice of the Divell, or by my owne carnall will and frailty: preſerve and continue me in the

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unitie of the Church: consider my contrition, accept these my prayers and teares, asswage my paine, as shall be seene to thee most expedient for me: and for that I put my full trust onely in thy mercy, impute not unto me, I beseech thee, my former sinnes and offences, but pardon and forgive me, and take me into thy favour through the merits of Iesus Christ. I beleeve onely in thee, and thy incomparable mercy; and this faith, O Lord, will I die in: keepe me that I shrinke not from thee, through paine, smart, impatience, temptation, or any thing else, but strengthen and increase my faith; that sinne, death, hell, and the Divell hurt me not; for thou art stronger and mightier then they, and in thee doe I trust, O pitifull

Phyſician, and healer of ſoule and body, let me not bee confounded in ſinne, but vouchſafe to caſt thy meriſull eyes upon me a poore and ſinfull creature, who am bound and captive with ſickneſſe: turne my weakneſſe to thy glory, and my health and comfort: and grant that I may ſo long as I live, with a true and perfect faith, fight manfully againſt all temptations of ſinne, the fleſh, the world, and the Divell, and after this life raigne with thee in eternall glory, for ever and ever, Amen.

A Prayer for a ſinner, to be ſaid the houre of death.

O Lord Jeſus Chriſt which art the onely health of all men living, and the everlaſtin

life of them that die in thee: I wretched ſinner, doe ſubmit my ſelfe wholly unto thy moſt bleſſed will: And being ſure that the thing cannot periſh, which is committed unto thy mercie, willingly now I leave this fraile and ſinnefull fleſh, in ſure hope thou wilt in better wiſe reſtore it to me againe at the latter day, in the reſurrection of the juſt. I beſeech thee, Lord Ieſus Chriſt, that thou wilt by grace make ſtrong my ſoule againſt all temptations, and defend me with the buckler of thy mercie againſt all the aſſaults of the Divell. I ſee in my ſelfe no hope of ſalvation but all my truſt is in thy rich mercie and goodneſſe: I have no merit, which I may alledge before thee: of ſins and evill deeds, alas, I ſee a great heape, but I truſt

truſt through thy mercy to be one of them that ſhall be ſaved and to whom thou wilt not impute their ſinnes, but wilt accept and take me for juſt, and make me an inheritor of everlaſting life. Thou gaveſt thy body to dy, and thy bloud to be ſhed for my ſinnes: let that thy bloud cleanſe and waſh away all my ſpots, ſinnes, and offences, and be full ſatisfaction for all my ſinnes. Let not my faith waver, but be firme and conſtant in thee, and in the hope of thy mercy, and life everlaſting: and let not the weakneſſe of my fleſh be overcome with the feare of death; but grant, O moſt mercifull Father, that when death hath ſhut up the eyes of my body, my ſoule may ſtill behold, and looke upon thee: and when death hath taken

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away the uſe of my tongue and ſpeech, my heart may cry and ſay, O Lord into thy hands I give and commend my ſoule: and with thy holy Martyr *Stephen*, I may behold thee in ſoule, and ſay, Lord Ieſus receive my ſoule unto thee, which liveſt and raigneſt God everlaſting, with the Father, and the holy Ghoſt, *Amen.*

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AN EXHORTATION TO FORSAKE THE WORLD.

TAke good Chriſtian the memory of death for thy perpetuall Pheere, and unſeparable Spouſe. Let thy Children be bitter ſights of a ſorrowfull ſoule, poſſeſſe thy body, as thy bondman, faſten thy friendſhip with the celeſtiall powers; they will be patrones unto thee in thy finall paſſage: remember you are in the wayning, and the date of your Pilgrimage is well neere expired, and now is behoo-

veth you to looke toward your Country: your force languisheth; your senses impaire, your body droopeth, and on every side the ruinous cottage of your faint and feeble flesh threatneth fall. And having so many harbingers of death, how can you but prepare for so dreadfull a stranger? The yong may die quickly, but the old cannot live long: the yong mans life by casualtie may be abridged, but the old by no Physick can be preserved. Greene yeeres must thinke of the Grave, and the thoughts of old age should alwaies dwell in the same. Be mindfull of things passed, carefull of things present, and provident for things to come. Vse the priviledge of nature, to the benefit of your soule: be wise in well doing, and watchfull for your end: serve not

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the world, for it can give you nothing that is good and permanent, but of pride, envie, lechery, hate ire, malice, folly, and all evil things infinite, where man is defiled with ſin, diſquieted with troubles, oppreſſed with labors, vexed in temptations, overcome with vaine delights, and pleaſures of the world, and miſerably wrapped in many calamities. It is Ambaſſador of the evill, a ſcourge of the good, a tyrant of the vertuous, a breaker of peace, a friend of war, a ſweet of vices, a gall of vertues, a friend of lies, an inventer of novelties, travell to the ignorant, a hammer for the malicious, a table of gluttons, a fornace of concupiſcence, a trill of the heart, a danger of the thoughts, a ſepulcher of the dead, priſon of the living, a pit-fall to the rich, a burthen to the poore, a

houſe

houſe of *Pilgrims*, a den of theeves a ſlanderer of the good, a renowner of the wicked, a drceiver of all. We have no cauſe to love the world, for it gave us unhappy welcome, a hurtfull enterainment, and will abandon us with an unfortunate farewell. Alſo it doth torment us, expell us, and conſume us, and heaven doth comfort us, keep us, exalt us, rejoyce us, and eternally continue us. You have too long ſown in a field of flint, which could bring forth nothing but a crop of care, and affliction of ſpirit, rewarding your labours with remorſe, and affording for your gaine eternall dammage; it is time to leave ſo unthriving a husbandrie and to ſow in Gods field the ſeedes of repentant ſorrow and water them with the teares of humble contrition, ſo ſhall you

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reape a more beneficiall harveſt, and gather the fruits of everlaſting comfort. Thinke your ſpring is ſpent, your ſummer overpaſt: you are arrived at the fall of the leafe, and Winter colours have ſtained your hoarie head. Though our loving Lord beare long with offenders, yet he will ſcourge them, and his patience is only to lend us reſpit to repent, not leaſure to ſin. Hee that is toſſed with many ſtormes, and cannot come to his deſired port, maketh little a way, but is much turmoiled: ſo he that paſſeth many yeares, and purchaſeth ſmall profit, hath a long being, but a ſhort life. For life more to be meaſured by vertuous actions, then number of dayes. Some men by many dayes procure many deaths, and others in a ſhort ſpace attaine life everla-

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ſting. What is thy body without the ſoule, but a corrupt carkaſe? and what is the ſoule without God, but a ſepulcher of ſin? Man was made and ſent hither to no other purpoſe, but onely to ſerve God in this life, and to enjoy heaven, and life everlaſting in the world to come. If our end be the kingdome of heaven, why affect we ſo much the earth? If we were made for God, why ſeek we greedily the favour of worldly men? If our creation be eternall ſalvation, why follow we vanities, and temporalities of this life? If our inheritance be to raigne as Kings in heaven, why do we, like *Eſau*, ſell away our birthright for vanities before we have it? & why live we like ſervile ſlaves, in danger to be divided from God and his Angels from our Saviour Chriſt, and the com

communion of Saints, from hope of our inheritance, our celeſtiall portion, and life everlaſting? If God be the way, the life, and the truth, he that goeth without him ſtrayeth, hee that liveth without him dieth, & he that is not taught by him erreth: God is our true and chiefe life, from whom the revolting is falling, unto whom the returning is riſing, in whom the ſtaying is ſure ſtanding. God is he from whom to depart is to die, to whom to repaire is to revive, in whom to dwell is to live. Be not you like thoſe, that begin not to live till they bee ready to die, and then after a foes deſert, come to crave of God a friends entertainement; not in time looking for their ſalvation, but living like the three worldly fooles, the covetous, as he in the Goſpel, who had

had layd vp for many yeares, and that night had his ſoule taken from him; the voluptuous, as *Sardanapalus*, who periſhed in the midſt of his pleaſures: the proud or fantaſticall, whom the Divell, overcommeth, either with vaine delights, or pride in themſelves, who diſdaines his ſuperiours, becauſe they are better then himſelfe; his equals, becauſe hee is as good as they; his inferiours, becauſe they are not ſo good as himſelfe. Some thinke to ſnatch heaven in a moment, which the beſt ſcarce attained in many yeares, & when they have glutted themſelves with worldly delights, they would jump from *Dives* his dyet to *Lazarus* crowne, and from the ſervice of Sathan, to the ſolace of a Saint. But be ſure that God is not ſo penurious of friends, or his

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kingdome ſaleable for the refuſe and reverſion of their lives, who have ſacrificed the Principall thereof to his enemies, and their owne brutiſh appetites; then only ceaſing to ſin, when ability of offending is taken from them: What thanks is it to pardon our enemies, when we cannot hurt them? To give away our goods, when we can keepe them no longer? To abandon our pleaſures, when we can uſe them no more? To forſake ſin, when ſin leaveth us? God may be mercifull at the laſt gaſpe, but miſerable is that man that layeth the Anchor of his eternall wealth, or woe, upon ſo vncertaine a point.

The Theefe may be ſaved on the croſſe, and mercy found at the laſt, yet it is ſcarce credible, that his death ſhould finde favour, who

whole life earned wrath, or that his repentance ſhould be accepted, that more for feare of hell, and love of himſelfe, then for love of God, or loathſomneſſe of ſinne, cryeth for mercie: wherefore make no delay, but being neare the breaking up of your mortall houſe, before extremitie, take time to ſatisfie Gods juſtice. Though you ſuffered the bud to be blaſted, the flower to fade, the fruit to periſh, the leaves to dry up, the boughes to wither, and the body of the tree to grow to decay, yet keepe life in the roote, for feare leſt the whole become fuell for hell fire: for where the tree falleth, there it lyeth; and ſuch ſap as it bringeth, ſuch fruit ſhall it beare. Imagine that death hath filed from you the better part of your naturall

rall forces, and left you the lees of your dying dayes: Therefore ranſome your former loſſes. You are impathed in your finall voyage, and are not far from the period of your courſe, be not therefore diſpurveyed of ſuch things as are needfull in ſo perilous a journey. Men in this life labour much to get worldly things, they doe carefully beginne them, well proſecute them, and effectually end them: But of the great affayre of winning heaven or falling into hell here is had no reſpect; Neither doe they remember, that there is a hell for ſinners, a heaven for good lyers, a dreadful day of judgement and a moſt ſtraite account to be made, death it ſelfe is very fear full, but much more terrible in regard of the judgment whereunto it ammoneth us. If you were laid on

your departing bed, wearied and worne with dolor and paine, burdened with the heavie load of your former treſpaſſes, goared with the pricke and ſting of a feſtred Conſcience: If you felt the force of death wreſting your heart ſtrings, readie to make the ruful divorce between body and ſoule? If you lay panting for breath ſweating a fatall, faint, and mortall ſweate, wearied with ſtrugglin againſt deadly pangs, O how much would you give for a daye contrition, or an houres repentance? Then worlds would be worthleſſe in reſpect of a little re ſpite. Nothing would be ſo muc eſteemed as a trice of time, whi now by monthes and yeares is l viſhly miſ-pent. O how deepe would it wound your heart when looking backe into yo

life, you found many faults committed, and not repented; many good deeds omitted, & not recovered; your ſervice to God promiſed, and not performed. How inconſolable were your caſe, your friends being fled, your ſenſes frighted, your thoughts amazed, your memory decayed, your minde agaſt, and no part able to performe that it ſhould, but onely your guiltie Conſcience peſtered with ſinne that would continually accuſe you? what would you doe when ſtripped out of mortall weede, and turned out of ſervice and houſe-roome of this World, you were forced to enter into vncouth and ſtrange pathes, and with unknowne and ougly company, to be convented before moſt ſevere Judge, carrying in your owne Conſcience, your in-

ditement ready written, and a perfect Regiſter of all your miſ-deeds, When you ſhould ſee our Saviour Chriſt, (a juſt and ſevere Judge, whoſe knowledge is infallible, his power infringible, his juſtice inflexible,) of exceeding dreadfull Majeſtie, cloathed in linnen apparell, through which his body ſhineth like precious ſtones, his eyes like burning Lampes, his face like flaſhing lightning, his armes and legs like enflamed braſſe, his voyce as the ſhout of a multitude of people) prepared (for your idle words, evill deeds, time miſ-pent, Talent evill governed, and for your ſinne committed) to paſſe the ſentence upon you, againſt whom you had tranſgreſſed, and he your umpire, whom by many offences you had made your enemie, when you

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ſhall ſee all things cry for vengeance againſt you, all things yeeld you cauſe of feare and horror. Above you the Iudge offended with you for your wickednesſe and offences: Beneath you Hell open, and the cruell Fornace ready to receiue you: On your right hand, your ſinnes accuſing you: On your left hand the devils ſtanding ready to execute Gods everlaſting ſentence vpon you: Within you, your conſcience accuſing: Without you, damned ſoules bewayling, on every ſide the World burning, and you, ſtand as a moſt deſperate, forlorne, and miſerable wretch, to receive the feareſull and irrecoverable ſentence: when not onely the Divels but alſo the Angels ſhall pleade againſt you, and your ſelfe mauger your

ſelfe, be your ſharpeſt appeacher: What would you doe in theſe dreadfull exigents, when you ſaw the ghaſtly Dungeon and huge gulfe of Hell breaking out with moſt fearefull flames? When you ſaw the weeping and gnaſhing of teeth, the rage of theſe helliſh monſters, the horror of the place, the rigour of the paine, the terror of the company, and the eternitie of all theſe puniſhments; where the fire is unquenchable, the paines unſupportable, eaſeleſſe, endleſſe, and hopeleſſe? Our fire may be endured, that is intolerable; Ours is for comfort, that for torment; Ours muſt be fed or it goeth out, that burneth continually without feeding; Ours giveth light, that none; Ours conſumeth the matter, and endeth the paine, that tormenteth,

but

but never conſumeth, to make the paine perpetuall: Our fire will be extinguiſhed with water, or cooled with ayre, but nothing can extinct it, abate it, or qualifie it: Ours is but painted in regard of that. There idle perſons ſhall be pricked with burning Forkes: Gluttons tormented with hunger and thirſt: Epicures and Voluptuous perſons ſhall boyle in burning pitch, and ſtinking brimſtone: The proud ſhall have ſhame, the covetous miſerable penury, where there is no reſt nor comfort. The poore and meeke ſhall triumph, and the proud ſhake; then ſhall the wicked ſigh, and the memory of miſery be ſweet: The godly ſhall rejoyce, the reprobate howle: Then ſhall baſe apparell bee glorious, and proud attire infamous: the poore cot-

tage ſhall be more commended than the guilded Palace prayſed, ſimple obedience ſhall be better than ſubtilty, and a cleare conſcience more pleaſant than profound Philoſophy, zealous prayer ſhall be more worth than fine tales, good workes more accepted than ſweete words. Would you then thinke them wiſe that delay ſo weighty matters, and idlely play away the time allotted to prevent theſe intolerable calamities, would you then account it ſecure to nurſe in your boſome ſo many Serpents as ſinnes, or to foſter in your ſoule ſo many malicious accuſers, as mortall faults? would you not thinke one life too little to make repentance for ſo many iniquities the leaſt whereof is enough to caſt you into euerlaſting and unſpeak-

able

able torments. On your body you ſhall experience thoſe deadly agonies, in your ſoule you ſhall find thoſe terrible feares, and in that preſent eſtate the deepeſt danger, if you doe not the ſooner returne unto God. Then devote the remnant of your dayes to make an attonement with God, and to free your conſcience from ſuch corruption, as by ſinne you are fallen into. What have you gotten by being ſo long a cuſtomer unto the World, but falſe ware ſutable to ſuch a Marchants Shop, whoſe traffique is toyle, wealth traſh, and gaine miſerable. What intereſt have you reaped, that may equall your detriments in grace and vertue? Or what in a vale of teares can you finde parageable to the favour of God. Let not youthfull paſſions delude

you for time tryes them follies: Let not feare mis-lead you, for there is more cauſe to feare God than man, and to ſtand in awe more of perpetuall then temporall puniſhments. Who would relie eternall affaires upon the gliding ſlipperineſſe of uncertaine life? O who but one of diſtempered wit, would offer fraud to the diſcipherer of all thoughts? with whom we may diſſemble to our coſt, but to deceive him it is impoſſible? Will you account it cunning to rob the time from him, (and beſtow it upon his enemies) who keepeth tale of the leaſt minutes of our life, and will examine in the end, how each moment hath beene imployed? It is prepoſterous policy to fight againſt God, untill our weapons be blunted, our forces conſumed,

our

our limmes impotent, our beſt ſpent, and when we are falne for faintneſſe, and fought our ſelves almoſt dead, to preſume of his mercy, whom we have ſo much offended. It were a ſtrange and exorbitant courſe, while the Ship is ſound, the Pilot well, the Sailers ſtrong, the gale favourable, and the Sea calme, to lie idle at rode, loſing ſo ſeaſonable weather; and when the Ship leaketh, the Pilot ſicke, the Mariners faint, the ſtorme boyſterous, and the Sea turmoyled with outragious ſurges, then to lanch forth, hoyſt ſayle, and ſet out for a farre voyage: ſuch are our evening repenters, who in the ſoundneſſe of health, and perfect uſe of reaſon, cannot reſolve to cut the Cables, and weigh the Anchors, that hold them from God, but when

their

their ſenſes are aſtonied, their wits diſtracted, their underſtanding dulled, and both body and minde tormented with gripes of mortall ſickneſſe, then will they thinke on theſe waightieſt matters, and become ſuddaine Saints, that are ſcarce like reaſonable creatures. How can one animated with inward garboiles of unſetled Conſcience, diſtained with fits of dying fleſh, mained in all his habilities, and circled with ſo many ſtrange incumbrances, bee fit to diſpoſe of his cheifeſt Iewell his ſoule, and to diſpatch the whole mannage of all eternitie and treaſure of heaven, in ſo ſhort a ſpurt? They that will loyter in ſeede-time, and begin to ſow when others reape; They that will ryot in health, and caſt their accounts when they cannot ſpeake: they that

that will ſleepe in the day, and journey in the night, let them blame their owne folly, if they die in debt, and fall headlong into eternall perdition.

Let the griefe of the ſore be the meaſure of your ſorrow. Let a deepe wound have a diligent cure let their contrition be according to their crime, and their repentance like their ſins. We muſt paſſe the day in mourning, the night in watching & weeping, our whole time in doleful lamenting, fall proſtrate on the ground, humbling our ſelves in ſackecloth and aſhes. Not every ſhort ſigh will be a ſufficient ſatisfaction, not every knocke a warrant to get in: many cry, Lord, Lord, and are not accepted, The fooliſh Virgins knocked, but were not admitted: *Iudas* had ſorrow, yet dyed deſperate

desperate. Linger not off thy conversion from day to day, for sodainely will his wrath come and destroy thee. Let no man sojourne long in sinfull securitie, nor put over his repentance, till feare inforce him to it. Let us frame our beginning, as we meane to end, and endevour to live as we desire to die. Shall we offer the maine crop to the Divell, and leave God the gleaning? Shall we gorge the Divell with our faireſt fruits, and turne God to feed on the scraps of his leavings? If Hell fire were prepared for the Divell, and the Kingdome of heaven for man, let us then provide for our selves and not lose our inheritance by persisting in sinne. So long as we live, it is possible by unfained repentance to wash away all our sins, how great soever, but when we

we are dead, albeit our teeth do gnaſh, our mouthes cry out, our eyes guſh forth teares, and our hearts, from the very bottome of them, lament with innumerable complaints, it ſhall not availe us, no man ſhall heare us, no man ſhall aſſiſt us, nor ſo much as comfort us; then ſhalt thou find, that thou haſt loſt all thy labour and time, and all opportunitie of thine owne commoditie: Thou ſhalt then find thy error unrecoverable, thy puniſhments unſupportable, thy repentance unprofitable, and thy griefe, ſorrow, and calamity inconſolable.

O that we would ſuffer the ſoule, (as ſhee ſhould) to have the ſoveraignetie, and the body follow the ſway of her directions, and not let ſervile ſenſes, and lawleſſe appetites rule her as ſuperiors, & make her

her a Vaſſall in her owne Dominions, nor ſuffer her to be miſ-led by her three Sutors? the world which promiſeth all faire things, and beautifull, but will ſerue you as *Laban* did *Iacob* who promiſed him faire *Rachel* for his ſervice, but deceived him with bleere-ey'd *Leah*: The fleſh who pretendeth nothing but love unto her, but if it overcome her it will betray her to her enemy, as *Dalila* did *Sampſon* unto the *Philiſtians*: the Divell who wil promiſe her all the world as he did Chriſt, but if he win her, he will devoure and torment her; Doeſt thou not deſire to have all things good, as good Houſes, good Furniture, good Apparell, good Fare, good Cattell? Yea, and thy Hoſe and Shooes good? Onely thy poore Soule, thy principall charge (and of all things worthy

to

to be the beſt) thou art content ſhall be the worſt and lie cankering and ruſting in all kind of evils. O unſpeakable blindneſſe, that refuſe to wear an evill ſhooe, and do not care to carry an ougly and deformed ſoule: alas! let us not ſet ſo little by that which God prizeth ſo much, nor rate our ſoules at ſo baſe a penni worth, being of ſo peereleſſe dignity.

If the Soule be ſo ineſtimable, that not all the gold and treaſure, nor any thing of leſſe price than the bloud and life of Almightie God was able to buy it: If not all the dainties that heaven and earth could affoord, but onely Gods owne precious bodie was deemed a repaſt fit to feede it: If not all the creatures of this, or millions of new Worlds if they were, but onely the illimitable goodneſſe

and

and Majeſty of God, can ſatisfie the deſire, or fill the compaſſe and capacitie of it (for who is ſo inſenſible, that findeth not the inſatietie of his ſoule? who but of perverſe will, incredulous minde, or pittileſſe ſpirit, would ſet more by the World, then his ſoules health? or ſuffer ſo noble a Paragon, ſo many moneths and yeares to lie channelled in ordure, and myred in all ſinne? We will ſeeke a Phyſician for our ſicke ſervant, have a Leach for our diſeaſed Horſe, and amend our torne garment, and we ſuffer our ſoules to die for want of cure; and ſeeing it mangled with many vices, never ſeeke to reſtore it to the wonted integrity. Is our ſervant more neere, our beaſt more precious, or our coate more deare then our owne Soule? We live like Epicures, we ſinne

ſinne like Atheiſts, we ſtruggle and ſtrive againſt Gods callings, and like violent Rebels, ſcorne his Commandements; and with daily and damnable wounds, barbarouſly ſtabbe our unfortunate ſoules: This we account no contumely, we reckon it no diſcredit, but rather regiſter it for our chiefeſt prayſe. How long will you thus follow vanities and ſins, running careleſſy and wilfully unto your owne ruine? Dare you not ſuffer a Spider, or a Toad to come neere you, and can you neſtle in your ſoule ſo many vipers as vices, and permit it to be ſo long chewed, & wearied with the poiſoned jawes and tuskes of the divell? Is our ſoule ſo vaine a ſubſtance to be had in ſo little eſteeme? Did Chriſt become a wandring Pilgrim, exiling himſelfe

ſelfe from the comfort of his Godhead, and paſſing thirtie three yeares in paine and penury for our ſoules: he ſuffered the tragedy of his paſſion bloudily inflicted, & patiently accepted, he made his body as a cloud to diſſolue into ſhowers of innocent bloud, and ſuffered the deareſt veynes of his heart to be launced, to give a full price for our ſoules redemption. If Chriſt did redeeme us with ſo exceſſiue a ranſome, why ſell we our ſoules to the Devil for every vaine delight, and filly pittance of worldly pelfe; O that a creature of ſo incomparable a price, ſhould be in the demaine of ſo unnatural Keepers: and that which is in it ſelfe ſo gracious, and amiable, that the Angels and Saints delight to behold it ſhould by ſinne be made ſo loathſome, as to become a horror

horror to Heaven, and a ſuitely Pheere for the fowleſt friends? We muſt remember our ſoules is not onely a part of us, and the moſt principall, but alſo the Temple, the Paradiſe, and Sponſe of Almighty God, by him in Baptiſme garniſhed, ſtored, and endowed with moſt gracious ornaments, How will he take it to ſee his temple prophaned, and turned to a den of devils? His Paradiſe diſplanted, and made a wilderneſſe of Serpents? his Spouſe defloured, and become an adultreſſe to his enemies? durſt we offer ſuch uſage to our princes? would not the feare of the Law and popular ſhame keepe us from it? And ſhall not the reverend Majeſtie of Almightie God, and the unrebated juſtice of his angry ſword terrifie us from offering the like to his owne

owne Spouſe. Will he that keepeth account of our very haires, ſee himſelfe ſo much wronged in the principall, and paſſe it vnpuniſhed? Remember it is a thing full of horrour, to fall into the hands of God, who is able to cruſh the proud ſpirits of the obſtinate, and make his enemies his foote-ſtoole. Wreſtle not againſt the cryes of your owne Conſcience, but live ſo as he may willingly goe with you, and before the Throne of God anſwere for you.

There was a man had three friends, two whereof he loved moſt intirely, the third he made no great account of: this man being ſent for to come before his King, came and deſired his firſt friend to goe with him, but hee would not goe with him, but brought

brought him part of his way: He went to the ſecond friend, and deſired him to goe with him, but he could not, but gave him ſomthing for a remembrance: he went unto the third friend of whom he made no account or reckoning, and he went with him to the King, and anſwered for him in all matters whatſoever.

So, man in this world being ſent for by death, comes to his Wife, Children, or Friends, to goe with him, but they will not, but bring him to his grave: Then he deſires his Goods and ſubſtance to goe along with him; they cannot, yet they can give him a ſheet: But his Conſcience will goe with him, and anſwer for him before the throne of God. Have therefore a care to keepe a good Conſcience, and provide afore-hand, as this King

of

of whom I tell you did.

There was a Countrey, where the Commons choſe their King, and againe at their pleaſure baniſhed him into a farre Countrey almoſt naked. One (more wiſer then others) as ſoone as he was choſen King, he ſent daily and continually ſomething into the other Countrey, ſo when his owne people did baniſh him from them, he was (having made a good preparation before) moſt princely and royally received there.

So let us provide in this world, that we may be joyfully received into heaven: If you would avoid vaine pleaſures, caſt away worldly cares thinke on celeſtiall things, regard your ſalvation, and now in life lay up treaſure in heaven, and provide to be received into everlaſting joy: what a quiet conſcience

science should you have? What a joy should you feel in your soule? Set then your mind on God, account your selfe a Pilgrime on earth, leave the affaires of the World, for this is no abiding place. For small wages men run farre, for little mony men shamefully contend, and wearie themselves night & day, and for meane profit labour long: But for eternall life, goods immutable, reward inestimable, honour endles, & immortall glory, few will take any paines, or step out of doores. God is the way inviolable, wherein we must walk, the truth unfallible, whereunto we must trust; and the life everlasting, whereunto we must hope, therefore embrace mercy before the time of rigour, and returne by repentance, lest he barre you his Kingdome,

you have beene too long in the Tabernacle of ſinners, and ſtray to farre from the fold of Gods flock, turne the bias of your heart to the City of Refuge, and your ſalvation: recompence your ſteps trodden in folly, with a zealous progreſſe to Chriſtian profeſſion; your Spring tide is falne, the ſtreame of your life runneth at a low Ebbe, your tyred ſhip begins to leake, and grate on the gravell of your grave, it is high time to ſtrike ſaile, and put into harbour, leſt ſome ſuddaine guſt, and the wicked weather of this time daſh you on the Rocks of eternall ruine: tender the pitifull eſtate of your owne ſoule, and be hereafter fearefull of hell, and more eager of heaven than of worldly repoſe, I muſt conclude, unleſſe I be too tedious, in a matter that deſerves

to

to be endles, for the miſery of the ſoule is ſo great if it fall, the reward is ſo exceſſive if it ſtand, the enemies ſo malicious that aſſault it, the Iudge ſo juſt that muſt proceed upon it, that to raiſe it from the lapſe, and to preſerve it from recidivation, no number of helpes can be more than needfull, nor any perſwaſion more vehement then neceſſary.

Howſoever therefore the ſoft gale of your morning pleaſure, lulled you in ſlumbring fits: howſoever the violent heat of noone, might ſtirre up your affections, yet in the coole and calme of the evening, retire to a Chriſtian reſt, and cloſe up the day of your life, with a cleare Sun-ſet, that leaving all darkneſſe behinde you, and carrying in your Conſcience, the

light of grace you may eſcape the horror of an eternall night, and paſſe from a mortall day to an everlaſting morrow, which the Lord grant for Ieſus Chriſt his ſake, *Amen.*

* * *

A Perſwaſion not to *feare death.*

MAN was made to die, begotten to die, borne to die, and came into the world to die, and none ought to deſire to live. Nothing is more ſure than Death; nothing more uncertaine than when, where, or how: None have reaſon to regard the world, wherein wee have nothing good and permanent, but a vale of vanity, and vexation of minde. (*Quia nemo ſua ſorte contentus*) no man is content with his owne eſtate. It is a vitall labyrinth,

and confuſed Chaos, affording us nothing but fraud, folly, and fleſhly ſenſuality. All things in it offend us: the Fire burnes us: the Water drownes us: the Heat grieves us: the Could burns us: the day is toyleſome, the night uncomforrable, and wee can endure no dolorous thing, ſo the time we live in this world, cannot be accounted life, but a living Death. Our wretched remaining here is ſuch, that our time daily diminiſheth, and our trouble encreaſeth. All that have bin borne, are borne, or ſhall be borne, are in this life miſerable; all croſt with cares, ſome with loſſe of friends, ſome of Children, ſome of goods, ſome oppreſt with foes, ſome abuſed with Back-biters and Slanderers, their credit blemiſhed, their reputation ſcanda-

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lized, and ſubſtance conſumed; and there is none but are with ſomething diſturbed. There is no calling ſo holy, nor place ſo ſolitary, but you ſhall there find troubles to try you, and adverſity to diſquiet you. So there is no man, from the King in his Throne, to the Captive in Chaines, but doth taſte of miſery, and many diſcontents. Who therfore (to free himſelfe from worldly ſorrowes) would feare, but rather deſire Death, which makes us happy? for thereby we avoyd the intolerable troubles on the earth, and enjoy perpetuall bliſſe in heaven. Since then death is the end of miſery, who would deſire to live ever in labours and perills? Death is nothing but a ſevering of the ſoule from the body, and freeing it from the ſervile bonds of the

vaine fleſh, and removing us from evill to good. Death is but the paſſing from this vale of teares, to the place of all happy beatitude in the celeſtiall manſion, accompanied with holy Saints and heavenly aſſociats; it is no looſing but a changing of a bad place for a better: Which every one ought to deſire.

Priamus was bleſt with the Kingdom of the famous City of *Troy*, a good Wife and fifty Children, and had what joyes might be deſired, yet he ſaw his wife and children ſlaine, his City ſackt, and himſelfe was killed at *Joves* Altar: how happy had he been if hee had died before thoſe dayes: for in lieu of worldly troubles, he had reaped eternall glory! Good men ſhould imitate the Swanne, *Apollo's* bird, which in the world

ever

ever mourneth, but when it is ready to die (as knowing the goodneſſe of Death) it ſingeth. As in ſleepe our body is free fro m labour: ſo our Soule by Death is delivered from all dolours. It is therefore good to die, but many dolefull dayes doe wee endure before we find that happy houre wherein we ſhall enjoy all perpetuall pleaſures. Wiſe men ſhould not feare Death: for nothing is better than Death: no life can be long, and it is often by caſualtie abridged. What more pleaſing thing can there be than Death? It doth wholly diſburthen us of all care, all griefe, all ſolicitude, all ſorrow, and freeth us from all vexation whatſoever. The dead reſt in a ſure Haven, and we living, ſaile in a raging Sea. The good dieth not, but liveth, and

the evill living dyeth; and, as the Heathen Philoſophers ſayd; All thoſe that live purely and juſtly, and not contaminate themſelves with ſinne, are either made Gods, or goe eaſily to the Gods. The dead have reſt in heaven, and we with the living have paine and trouble in the World; It is therefore a joy to die, to be delivered from the thraldome of this ſorrowfull life, for they have all the pleaſures may be invented, that are out of this woefull world. Being here we muſt die, and being in heaven, we live eternally; there is no paine but pleaſure, no ſorrow but ſolace, no ſighing but ſinging, no feare of death, but ſure of everlaſting life, ever enjoying ſuch ineſtimable joyes, as no eye hath ſeene, nor eare heard, or heart comprehended. In this

life

life wee know not what glory meaneth, and after Death we ſhall not know what paines are. God knowes thoſe that ſerve Him, thoſe that offend Him, thoſe that love Him, thoſe that hate Him, thoſe that praiſe Him, thoſe that blaſpheme Him, thoſe that thanke Him, thoſe that are unthankfull: and is better pleaſed with obedience than Sacrifice. There is nothing ſo good as the end of this life, for Death is the true refuge, the perfect health, the ſure haven, the full victory, and finall finiſhing of all terreſtriall troubles. It is a thing inheritable, an eternall ſleepe, a diſſolution of the body, a terror of the rich, a deſire of the poore, a Pilgrimage uncertaine, a Thiefe of men, a ſhadow of life, a Sepulcher of the living, a companion of the dead, a diſſolution

of

of all the reſt of travels, the end of idle deſires and vaine delights, the ſcourge of evill, the reward of the good, the finall end of all fleſh; of all thoſe infinite numbers that are dead, none ever returned to complaine of Death, and of thoſe few that live, moſt complaine of life. There is no King, Prince, Poore, Sicke, or Whole, nor any Vocation contented, but the dead in their Graves are in peace and reſt, and though wee have ſorrow and vexation in Life, yet we ſhall have joy and Conſolation after Death.

O happy are they that die well! for it is leſſe evill to ſuffer a ſpeedy death, then endure a diſcontented Life: For by death we are freed from mundane travels, and enjoy heavenly pleaſures. There

is nothing in this life worthy of love, nor any thing in death, we need to feare. As all things before the first day were eternall, without day or yeare, so all things shall be eternall after the judgement: as we had nothing before our birth, so we shall possesse nothing after our Death. What blindnesse is it then to love any thing in this life, seeing we can carry nothing with us at our death. *Callimacus* living in all delights, and reading *Platoes* Book against death, cast himselfe into the Sea. *Cinenio* read such Lessons to dispise death, that many of his hearers (being Heathens) killed themselves. *Diogenes* desired to die, but cared not for buriall. *Lampsacus* dying, was demanded where hee would be buried, he answered, where they would: for the way to Heaven was

every

every where. *Thezaminus* died with a worthy minde; for, being commanded to Death, by the thirty Tyrants, he tooke the poyſoned Cup, and thirſtingly drunke it off; and then laughing at them for ſo pleaſuring him, ſaid, they made him happy by putting him to death; With the like minde died the worthy *Gracchus*. So died the famous *Spartane*, and greatly rejoyced he ſhould be diſſolved from the bondage of the World. When it was told *Lucius*, his ſon was ſlaine at the wars, he rejoycing, ſaid, To that purpoſe I begot him. The like anſwer made the *Roman Matron*, when ſhee heard her ſonnes were ſlaine, ſhee not ſorrowing, ſaid, I am glad I bore them to die ſo worthily for their Country.

Creſphontius ranne to his death

to

to deliver his Country: *Curtius* leapt into the gulfe to preſerve *Rome*; *Scævola* loſt his hand to ſave the Citie: *Menechus* killed himſelfe to free his native ſoile: ſo did *Harmitus*, *Codrus*, *Ariſtogiton*, *Epaminondas*, and divers others. The Temple at *Delphos*, where the Oracle of *Apollo* was, for want of reparations fell down to the ground, then *Triphon* and *Agameao*, two noble perſons, of *Greece*, wiſe, and rich, as well with the labour of their perſons, as great expence of their goods, built the Temple againe. When it was fully finiſhed, *Apollo* ſayd to them, hee well remembred their good ſervice, and willed them to demand any thing in reward thereof, and it ſhould be granted: they ſayd, miſerable man hath not power to eſchew

the

the evill, or chuſe the good, and therefore they deſired him to give them the beſt thing might be given to man: and moſt profitable for man. *Apollo* ſaid they ſhould have their demands, then they at the Gates of the Temple fell downe dead, ſo the reward of their travels was to take them out of the miſery of this life. Saint EDVVARD, King of *England*, much reverenced Saint *John*, and one day comming from *Weſtminſter*, from ſervice, a poore man came to him, and deſired him for Saint *Johns* ſake, to give him ſomthing: the King gave to him his Ring off his finger, within few dayes after, two pilgrimes comming from *Ieruſalem*, within two miles of it, met a poore man who asked them what Country men they were; they ſayd Engliſhmen.

liſhmen: he then ſaid to them when you come home, I pray you tell King EDVVARD, that Saint *John* doth thanke him for the Ring he gave for his ſake: and gave them a Ring, and deſired them to deliver it unto the King, and tell him, that Saint *John* ſent it him, and the richeſt gift that could be given to man, that is, the twelfth day after the receit thereof he ſhould be in Heaven: the Pilgrims received the Ring, and departed: by & by they were ſo heavie, they were enforced to ly downe and ſleepe, when as they awaked, they found themſelves in another Country, and demanding of a Shepheard where they were, found they were in *Kent* in *England*, then they went to the King, being Chriſtmas Ever, and delivered the King the Ring

and

and the meſſage, which the King received, fell ſicke on Saint *Iohns* day, and died on twelfth day. The *Greekes* had a cuſtome, that when they offered any Sacrifice, the Prieſts and Officers of the Temple were carried; for if their feet touched the ground, they might not offer Sacrifice. It chanced that a holy Nun, of the Goddeſſe *Iuno*, going in her Chariot to the Temple, the beaſts that drew it died, when ſhee was ten miles from the Temple, which her two Sons, *Cleobis* and *Biton*, ſeeing, and knowing that their Mother muſt not goe on foot, and that there were no other beaſts to be gotten, yoked themſelves, and drew the Chariot, with their Mother to the Temple: every one praiſed them greatly for it, and ſaid, they deſerved to be recompenced

penced with great rewards. After the Feaſt ended their Mother deſiring to requite their kindneſſe; with teares beſought the Goddeſſe *Iuno*, to give her children the beſt gifts the Gods could give to their Friends; which the Goddeſſe promiſed ſhee would doe before the next morning: They going to ſleepe at night, were the next morning both found dead: then their mother bitterly wept, and complained of the Goddeſſe; the Goddeſſe ſaid, ſhee had no cauſe to complaine, for ſhee had given her that ſhee did demand; and I have at thy inſtance given thy Children (quoth ſhe) that which wee hold moſt deare, which is Death? For the greateſt revenge we take of our enemies, is to let them live long, and the beſt thing wee can give to our friends,

friends, is to make them dye quickly. For all of us together taught King *Midas*, *Optimum eſt homini, aut non omnino naſci, aut quàm primùm mori*: it is the beſt thing for man, either never to be borne, or die very ſoone. We are here ſtrangers, and incloſed as priſoners in a Caſtle, but by death we ſhall be freely delivered from thraldome, and goe to our owne Country. Seeing then death is the beſt thing that can be given to man; let us have a care to crave it, and live godly and vertuouſly, that we may joyfully have it, to free us from this place of impriſonment, and ſeate us in our everlaſting and heavenly Habitation; whither good Lord bring us all

Amen.

FINIS.

LONDON,
Printed by *Iohn Dawſon*,
1643.